

Lunch Menu

**MONDAY
CHICKEN**

Starter

Main Regular

Main Vegetarian

Dessert

JAN 02 - JAN 05

Steamed Baby Carrots
Chicken Snitzel with
Homemade Ketchup and
Potato Wedges

Lentil Vegetable Nuggets
with Dip and Potato
Wedges

Cranberry Flapjack Bar

JAN 09 - JAN 12

Green Beans with Butter

Chicken Mandi

Vegetable Biryani

Honey Flapjack Bar

JAN 16 - JAN 18

Sweet Corn

Chicken Burger with
Paprika Oven Fries

Black Bean Burger with
Paprika Oven Fries

Date Flapjack Bar

JAN 23 - JAN 25

Edamame

Chicken Couscous

Moroccan Vegetarian
Couscous

Raisin Flapjack Bar

JAN 30 - JAN 31

Steamed Vegetables

Chicken Breast with Gravy
with Herb Rice

Vegetable Paella

Apricot Flapjack Bar

**TUESDAY
BEEF**

Starter

Main Regular

Main Vegetarian

Dessert

Lettuce with Parmesan
Dressing / Homemade
Soup

BBQ Beef with Gravy with
Wild Rice

BBQ Tofu with Wild Rice

Fruit Yogurt

Broccoli & Cucumber Salad /
Homemade Soup

Lasagne Bolognese

Pumpkin Lasagne

Fruit Yogurt

Beetroot Hummus with
Arabic Bread / Homemade
Soup

Beef Stew with Steamed
Rice

Grilled Tofu in Tomato
Sauce with Steamed Rice

Fruit Yogurt

Mixed Veggie Crudite /
Homemade Soup

Meat Balls in Tomato
Sauce with Mashed Potato

Balls in Tomato Sauce with
Mashed Potato

Fruit Yogurt

Shredded Carrot /
Homemade Soup

Beef Goulash with
Mashed Potato

Vegetable Goulash with
Mashed Potato

Fruit Yogurt

**WEDNESDAY
VEGGIE**

Starter

Main Vegetarian

Dessert

Steamed Cauliflower

Penne with Tomato Sauce
/ Pasta Bar

Fruit Salad

Carrots and Peas

Veggie Stir Fry Egg
Noodles
/ Pasta Bar

Fruit Salad

Green Peas with Salted
Butter

Farfalle with Pesto
/ Pasta Bar

Fruit Salad

Beetroot with Olive Oil

Spaghetti with Vegetable
Ragu
/ Pasta Bar

Fruit Salad



**THURSDAY
THEME DAY**

Starter

Main Regular

Main Vegetarian

Dessert

Swiss Cheese with Baby
Potatoes

Swiss Chicken Casserole
with Tagliatelle

Stuffed Zucchini

Strawberry Swiss Roll

Spanish Tortilla

Slow Cooked Lamb with
Roasted potato

Vegetarian Paella

Crema Catalana

Steamed Veggie
Dumplings

Stir Fry Chicken with
Jasmine Rice

Stir Fry Vegetables with
Jasmine Rice

Mango Tapioca Pudding

Sauerkraut Salad

German Beef Sausage
with Pretzel Stick and
Roasted Potato

Vegetable Bratwurst with
Pretzel Stick and Roasted
Potato

Mini German Donut

