

Danville Area JR/SR High School Sports Participation Requirements:

- ✓ Complete FamilyID Sports Registration
- ✓ Upload Completed PIAA Section 7 Sports Physical Form
- ✓ Complete Baseline Concussion ImPACT Testing (contact sports only)

1.) FamilyID Sports Registration:

FamilyID is a secure registration platform that provides you with an easy, efficient, and user-friendly way to register your child to participate on an athletic team. The FamilyID platform also allows you to electronically upload the PIAA Section 7 form required for participation. When you register through FamilyID, the system keeps track of your information in your FamilyID profile, making it easier to register your child to participate on sports teams in the future. See page 2 for step-by-step instructions for registering on FamilyID.

2.) PIAA Section 7 Sports Physical Form:

- All athletes are required to submit a completed PIAA Section 7 Physical Form to participate on an athletic team. **Only the official PIAA Section 7 Physical Form can be accepted for sports participation.** Athletes who upload physicals on a different form other than the Section 7 form will not be approved to participate. A copy of the PIAA Section 7 Physical Form can be found on page 3.

- You must print the PIAA Section 7 Physical Form and have it completed by your child's primary care physician. The physician must **fill out, sign and date** the physical form. Once the form is completed, dated and signed you must upload a copy to your child's FamilyID registration. The Athletic Training staff will review the uploaded document and approve your child's status for participation. Forms with missing dates and/or signatures cannot be accepted or approved. **All sports physicals must be dated on or after June 1st of the current school year to be accepted.**

(Example: Sports Physicals for 2023-24 school year must be dated no earlier than 6/1/23)

- The Athletic Department offers sports physicals prior to each athletic season. The school-sponsored sports physicals are held at Geisinger Woodbine Outpatient Clinic located at 16 Woodbine Lane, Danville, PA. Athletes are required to (1) register on FamilyID and (2) sign up for an appointment by emailing the athletic training staff. See the attached sports physical flyer for additional details and instructions for signing up.

*****Students who attend school-sponsored sports physicals do not have to upload a copy of their completed section 7 form. Forms are uploaded to FamilyID by the Athletic Training Staff after completion of physical exam.*****

3.) Baseline Concussion ImPACT Testing:

Per the DASD Concussion Policy, student athletes who participate in a contact sport MUST complete the baseline ImPACT test. Athletes who participate in a contact sport are required to take the baseline test during their 7th, 9th and 11th grade academic years. Students who are new to the district or new to a sport will be required to take the baseline test, regardless of what grade they are in. A complete list of contact sports and instructions for taking the baseline concussion test can be found on page 4.

FamilyID Registration Instructions:

A parent/guardian should register by clicking on this link or copying and pasting into the web browser:

<https://www.familyid.com/danville-area-school-district>

1. To find your program, click on the link provided by Danville High School above and select the Danville Area High School Fall 2023 Athletic Registration form under the word **Programs** at the bottom of the page.
2. Next, click on the green **Register Now** button and scroll, if necessary, to the **Sign Up/Log In** green buttons. If this is your first time using FamilyID, click **Sign Up**. Click **Log In**, if you already have a FamilyID account (students who created an account in the previous school years).
3. **Sign Up** for your secure FamilyID account by entering the account owner's First and Last names (parent/guardian), E-mail address (**cannot be a student's school email account**) and password. **Select the agreement to the FamilyID Terms of Service. Click Sign Up.**
4. You will receive an email with a link to activate your new account. (If you don't see the email, check your Email filters (spam, junk, etc.).)
5. Click on the link in your activation E-mail, which will log you in to FamilyID.com
6. Once on the registration form, complete the information requested. All fields with a red * are required to have an answer.
 - In the **Participant Information** Section, you will be asked to upload a scanned copy of your PIAA Section 7 Form. *This is where you will upload your PIAA Physical Page #7, signed by your doctor.*
7. Click the **Save & Continue** button when your form is complete.
8. **Review your registration summary.**
9. Click the green **Submit** button. After selecting 'Submit', the registration will be complete. You will receive a completion email from FamilyID confirming your registration.
10. An athlete will be approved for participation when registration is complete, and an up-to-date Section 7 Form has been uploaded to Family ID.

SUPPORT: If you need assistance with registration, contact FamilyID technical support at support@familyid.com or 888-800-5583 x1. Support is available 7 days per week and messages will be returned promptly.

**SECTION 7: PIAA COMPREHENSIVE INITIAL PRE-PARTICIPATION PHYSICAL EVALUATION
AND CERTIFICATION OF AUTHORIZED MEDICAL EXAMINER**

Must be completed and signed by the Authorized Medical Examiner (AME) performing the herein named student's comprehensive initial pre-participation physical evaluation (CIPPE) and turned in to the Principal, or the Principal's designee, of the student's school.

Student's Name _____ Age _____ Grade _____

Enrolled in Danville Area Jr/Sr High School Sport(s) _____

Height _____ Weight _____ % Body Fat (optional) _____ Brachial Artery BP _____ / _____ (_____ / _____ , _____ / _____) RP _____

If either the brachial artery blood pressure (BP) or resting pulse (RP) is above the following levels, further evaluation by the student's primary care physician is recommended.

Age 10-12: BP: >126/82, RP: >104; Age 13-15: BP: >136/86, RP >100; Age 16-25: BP: >142/92, RP >96.

Vision: R 20/ _____ L 20/ _____ Corrected: YES NO (circle one) Pupils: Equal _____ Unequal _____

MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance		
Eyes/Ears/Nose/Throat		
Hearing		
Lymph Nodes		
Cardiovascular		<input type="checkbox"/> Heart murmur <input type="checkbox"/> Femoral pulses to exclude aortic coarctation <input type="checkbox"/> Physical stigmata of Marfan syndrome
Cardiopulmonary		
Lungs		
Abdomen		
Genitourinary (males only)		
Neurological		
Skin		
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS
Neck		
Back		
Shoulder/Arm		
Elbow/Forearm		
Wrist/Hand/Fingers		
Hip/Thigh		
Knee		
Leg/Ankle		
Foot/Toes		

I hereby certify that I have reviewed the HEALTH HISTORY, performed a comprehensive initial pre-participation physical evaluation of the herein named student, and, on the basis of such evaluation and the student's HEALTH HISTORY, certify that, except as specified below, the student is physically fit to participate in Practices, Inter-School Practices, Scrimmages, and/or Contests in the sport(s) consented to by the student's parent/guardian in Section 2 of the PIAA Comprehensive Initial Pre-Participation Physical Evaluation form:

CLEARED CLEARED with recommendation(s) for further evaluation or treatment for: _____

NOT CLEARED for the following types of sports (please check those that apply):

COLLISION CONTACT NON-CONTACT STRENUOUS MODERATELY STRENUOUS NON-STRENUOUS

Due to _____

Recommendation(s)/Referral(s) _____

AME's Name (print/type) _____ License # _____

Address _____ Phone (_____) _____

AME's Signature _____ MD, DO, PAC, CRNP, or SNP (circle one) Certification Date of CIPPE ____/____/____

Baseline ImPACT Concussion Testing Instructions

Per the DASD Concussion Policy, student athletes who participate in a contact sport MUST complete the baseline ImPACT test. Athletes who participate in a contact sport are required to take the baseline test during their 7th, 9th and 11th grade academic years. Students who are new to the district or new to a sport will be required to take the baseline test; regardless of what grade they are in. Failure to complete baseline test prior to start of mandatory practices will result in athlete not being approved to participate until test is completed.

It is important that the baseline test be taken on a Chromebook, computer or laptop in a controlled setting where the individual can focus on the exam without distractions.

Cell phones cannot be used to take the baseline test!

1. Go to www.impacttestonline.com/testing
2. Enter the following customer code and click validate: YZXZEØY78H (← the number zero, not the letter O)
3. Click Launch Baseline Test
4. Complete demographic information
 - a. You may skip additional demographics when you are given the option
5. Complete symptom score a. Symptom scores should all be zero UNLESS you typically have one of the symptoms on a consistent basis
6. Complete baseline test
7. Upon completion of the test please email the confirmation to yourself on a personal email account as proof of completion

Fall Contact Sports	Winter Contact Sports	Spring Contact Sports
Football (MS & HS) Soccer (HS Boys & HS Girls) Field Hockey (HS) Cheer (HS/MS) Girl's Tennis (HS) Girls Basketball (MS) Girl's Volleyball (HS)	Wrestling (MS & HS) Girls Basketball (HS) Boys Basketball (MS & HS) Cheer (HS/MS) Swim (HS)	Boys Lacrosse (HS & MS) Girls Lacrosse (HS & MS) Baseball (HS) Softball (HS) Soccer (MS Boys & MS Girls) Field Hockey (MS) Boys Tennis (HS)

Please direct questions to the HS athletic training staff:

Madeline Mendez, LAT, ATC- Mmendez2@geisinger.edu

Athletic Training Room Office Phone Number: 570-953-7720 Ext 1267