SEPTEMBER 2023

CENTRAL YORK K-3

LUNCH MENU

LUNCH PRICES Students - \$2.70 Reduced - NO CHARGE Adults -\$4.20 Milk - \$0.80

Milk is included with each meal:
1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk.
Alternative Milk Choice: Soy and Lactaid.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

Mik - 50.60				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				EARLY DISMISSAL Lunch Kit Juice Box Fruit
NO SCHOOL 4	Fish Shapes Creamy Mac & Cheese California Blend Vegetables Assorted Fruit Alt: Mickey's Pizza	French Toast Sticks *Sausage Links Hash Brown Assorted Fruit/Juice Cup Alt: Chicken Nuggets 6	Pasta w/Meat Sauce Garden Salad Bread Stick Assorted Fruit Alt: Mickey's Pizza 7	Mini Corn Dogs Tater Tots Baked Beans Assorted Fruit Alt: Chicken Nuggets
Chicken Patty Smile Fries Carrot pack Assorted Fruit Alt: Lunch Kit	Nacho Dippers w/Meat, Cheddar or Queso Cheese Cup Fiesta Beans Assorted Fruit Alt: Toasted Cheese Sand. 12	*Stromboli Marinara Cup Chef Blend Vegetable Assorted Fruit Alt: Lunch Kit	Chicken Nuggets Scalloped Potatoes Seasoned Green Beans Assorted Fruit Alt: Toasted Cheese Sand	Meatball Sub w/Mozzarella Cheese Peas French Fries Assorted Fruit Alt: Lunch Kit
French Bread Pizza Chips Glazed Carrots Assorted Fruit Alt: Chicken Patty 18	Taco's Lettuce/Tomato Cup Tex Mex Vegetables Assorted Fruit Alt: Deli Sandwich	Pancake Sausage Bites Tater Tots Warm Apples Juice Alt: Chicken Patty 20	Tangerine Chicken Fried Rice Stir Fry Vegetable Assorted Fruit Alt: Deli Sandwich 21	NO SCHOOL
Cheeseburger Onion Rings Winter Blend Vegetables Assorted Fruit Alt: French Bread Pizza 25	Mini Ravioli's in Red Sauce Spring Mix Salad Garlic Bread Stick Assorted Fruit Alt: Munchable 26	Hot Dog Sweet Potatoe Fries Baked Beans Assorted Fruit Alt: French Bread Pizza 27	Chicken & Cheese Quesadilla Steamed Corn/Rice Assorted Fruit Alt: Munchable 28	Toasted Cheese Sandwich Tomato Soup WG Goldfish Crackers Assorted Fruit Alt: French Bread Pizza