SEPTEMBER 2023

CENTRAL YORK 4-6



LUNCH PRICES Students - \$2.70 Reduced - NO CHARGE Adults -\$4.20 Milk - \$0.80Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.• Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices • Alternate Line Available Everyday. Menu will change daily. • NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA • Fresh Vegetables offered daily. • *Contains Pork/Ham				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				EARLY DISMISSAL Lunch Kit Juice Box Fruit
NO SCHOOL	Fish Shapes	French Toast Sticks	Pasta w/Meat Sauce	Mini Corn Dogs
	Creamy Mac & Cheese	*Sausage Links	Garden Salad	Tater Tots
	California Blend Vegetables	Hash Brown	Bread Stick	Baked Beans
	Assorted Fruit	Juice Cup	Assorted Fruit	Assorted Fruit
	5	Assorted Fruit 6	7	8
Grilled BBQ Chicken or	Nacho Dippers	*Stromboli	Chicken Nuggets	Meatball Sub
Pork BBQ Sandwich	w/Meat & Cheddar or Queso	w/Marinara Sauce	Scalloped Potatoes	w/Mozzarella Cheese
w/Coleslaw	Cheese Cups	Chef Blend Vegetables	Seasoned Green Beans	French Fries
Oven Potatoes/Carrot Pack	Fiesta Beans	Assorted Fruit	Assorted Fruit	Peas
Assorted Fruit 11	Assorted Fruit 12	13	14	Assorted Fruit 15
French Bread Pizza	Taco's	Pancake Sausage Bites	Tangerine Chicken	NO SCHOOL
Chips	Lettuce/Tomato Cup	Tater Tots	Fried Rice	
Glazed Carrots	Tex Mex Vegetables	Warm Apples	Stir Fry Vegetables	
Assorted Fruit	Assorted Fruit	Juice	Assorted Fruit	
18	19	20	21	
Cheeseburger	Mini Ravioli 's in Red Sauce	Hot Dog or Fiesta Dog	Chicken & Cheese	Toasted Cheese
Onion Rings	Spring Mix Salad	Sweet Potato Fries	Quesadilla	Sandwich
Winter Blend Vegetables	Garlic Bread Stick	Baked Beans	Rice	Tomato Soup
Assorted Fruit	Assorted Fruit	Assorted Fruit	Steamed Corn	WG Gold Fish Crackers
25	26	27	Assorted Fruit 28	Assorted Fruit 29