SEPTEMBER 2023 CENTRAL YORK HS/MS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				EARLY DISMISSAL Deli Sandwich Chips Juice Box/Carrot Pack Fruit
NO SCHOOL 4	Shrimp Poppers Creamy Mac & Cheese California Blend Vegetables Assorted Fruit 5	French Toast Sticks *Sausage Links Hash Browns Juice Cup Assorted Fruit 6	Pasta w/Meat Sauce Garden Salad Bread Stick Assorted Fruit 7	Mini Corn Dogs Tater Tots Baked Beans Assorted Fruit
Grilled BBQ Chicken or Pork BBQ Sandwich w/Coleslaw Oven Potatoes/Carrot Pack Assorted Fruit 11	Nacho Dippers w/Meat & Cheddar or Queso Cheese Cups Fiesta Beans Assorted Fruit 12	*Stromboli w/Marinara Sauce Chef Blend Vegetables Assorted Fruit 13	Chicken Nuggets Scalloped Potatoes Seasoned Green Beans Assorted Fruit 14	Meatball Sub w/Mozzarella Cheese French Fries Peas Assorted Fruit
French Bread Pizza Chips Glazed Carrots Assorted Fruit 18	Taco's Lettuce/Tomato Cup Tex Mex Vegetables Assorted Fruit 19	Pancake Sausage Bites Tater Tots Warm Apples Juice 20	Tangerine Chicken Fried Rice Stir Fry Vegetables Assorted Fruit 21	NO SCHOOL