SEPTEMBER 2023 CENTRAL YORK HS/MS



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| | | | | EARLY DISMISSAL Deli Sandwich Chips Juice Box/Carrot Pack Fruit |
| NO SCHOOL 4 | Shrimp Poppers Creamy Mac & Cheese California Blend Vegetables Assorted Fruit 5 | French Toast Sticks *Sausage Links Hash Browns Juice Cup Assorted Fruit 6 | Pasta w/Meat Sauce Garden Salad Bread Stick Assorted Fruit 7 | Mini Corn Dogs Tater Tots Baked Beans Assorted Fruit |
| Grilled BBQ Chicken or Pork BBQ Sandwich w/Coleslaw Oven Potatoes/Carrot Pack Assorted Fruit 11 | Nacho Dippers w/Meat & Cheddar or Queso Cheese Cups Fiesta Beans Assorted Fruit 12 | *Stromboli w/Marinara Sauce Chef Blend Vegetables Assorted Fruit 13 | Chicken Nuggets Scalloped Potatoes Seasoned Green Beans Assorted Fruit 14 | Meatball Sub w/Mozzarella Cheese French Fries Peas Assorted Fruit |
| French Bread Pizza Chips Glazed Carrots Assorted Fruit 18 | Taco's Lettuce/Tomato Cup Tex Mex Vegetables Assorted Fruit 19 | Pancake Sausage Bites Tater Tots Warm Apples Juice 20 | Tangerine Chicken Fried Rice Stir Fry Vegetables Assorted Fruit 21 | NO SCHOOL |