SEPTEMBER 2023

CENTRAL YORK K-6

BREAKFAST MENU

BREAKFAST PRICES Students - No Charge Adults -\$2.30 Milk - \$0.80

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid. Daily Cold Breakfast Offerings will include:

- Cereal,
- Cereal Bar
- Pop Tart w/ Yogurt or Cheese Stick

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				EARLY DISMISSAL Muffin Assorted Fruit Juice Milk 1
NO SCHOOL	Breakfast Bun Assorted Fruit Juice Milk	Breakfast Pizza Assorted Fruit Juice Milk	Fresh Baked Glazed Donut Assorted Fruit Juice Milk	Pancakes Assorted Fruit Juice Milk
4	5	6		8
Mini - Cinnis Assorted Fruit Juice Milk	Mini French Toast Assorted Fruit Juice Milk	*Egg Extravaganza Tator Tots Assorted Fruit Juice Milk	Mini Bagel Assorted Fruit Juice Milk	Mini Pancakes Assorted Fruit Juice Milk
11	12	13	14	15
Mini Waffles Assorted Fruit Juice Milk	Breakfast Sandwich w/Egg, Cheese & Turkey Bacon Juice, Assorted Fruit	Apple Breakfast Bites Assorted Fruit Juice Milk	Muffin Assorted Fruit Juice Milk	NO SCHOOL
18	Milk 19	20	21	22
Breakfast Bun Assorted Fruit Juice Milk	Scrambled Eggs Biscuit Assorted Fruit Juice	French Toast Assorted Fruit Juice Milk	Donuts Assorted Fruit Juice Milk	Breakfast Pizza Assorted Fruit Juice Milk
25	Milk 26	27	28	29