## AUGUST 2023 CENTRAL YORK HS/MS BREAKFAST MENU

BREAKFAST PRICES Students - No Charge Adults -\$2.30 Milk - \$0.80

## Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

## Daily Cold Breakfast Offerings will include:

- Cereal,
- Cereal Bar
- Pop Tart w/ Yogurt or Cheese Stick

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2	3	4
7	8	9	10	1
14	15	16	17	18
		Assorted Breakfast Items Assorted Fruit Juice Milk	Assorted Breakfast Items Assorted Fruit Juice Milk	Assorted Breakfast Items Assorted Fruit Juice Milk
21	22	23	24	25
Assorted Breakfast Items Assorted Fruit Juice Milk				
28	29	30	31	