



The Demon Cafe' - Dover Intermediate School

Lunch Menu - August & September 2023

Student Lunch - \$3.00 * Student Milk - \$0.65 * Adult Lunch \$5.00 * Adult Milk - \$0.85

WHAT'S FOR LUNCH...Make it a combo! Why not take all 5 Components?

Full student lunch includes choice of meat or meat alternate, whole grain bread and/or grains, vegetable, fruit or juice choice and choice of 1% unflavored skim or fat free flavored milk. Students must take a 1/2 cup of fruit or vegetable with each lunch. NOTE: The cafe' uses a variety of pork, ham & some products that may contain artificial sweetener. Products may be produced in a manufactured that also processes milk, egg, wheat, soy, peanuts and tree nuts. Lunch Menu Subject to Change without Notice.

NOTE: Beginning on August 23, 2023, reduced-price meals for the 2023-2024 school year will be free for qualifying students with reduced-price eligibility. The State of Ohio budget will cover the cost of \$0.40 per reduced lunch served. Families must submit a free/reduced meal application to verify eligibility.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			August 23	August 24	August 25
MAIN ENTRÉE			Mini Cinnamon French Toast Syrup Cup	Hungry Howie's Pizza (Cheese or Pepperoni)	Calzone Pepperoni & Cheese Marinara Sauce for Dipping
SECOND CHOICE Vegetarian			Bean & Cheese Burrito		Soft Pretzel w/Cheese Sauce Danimal Yogurt Cup & Pretzel Bag
THIRD CHOICE			Yogurt Parfait w/Donut Holes	Yogurt Parfait/WG Muffin	Yogurt Parfait/Banana Bread/String Cheese
FOURTH CHOICE			Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers
VEGGIE CHOICES			Small Side Salad w/Dressing Baked Hash Brown Rounds Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Steamed Corn Assorted Fruit or Juice Choice of Milk	Fresh Veggie Cup w/Ranch Fresh Cauliflower w/Ranch Assorted Fruit & Choice of Milk <i>All Lunches: Local Dough Go's Cookie</i>
	August 28	August 29	August 30	August 31	September 1
MAIN ENTRÉE	Chicken Tenders Whole Grain Crackers	Hamburger or Cheeseburger on Whole Grain Bun	All Beef Hot Dog on Whole Grain Bun	Hungry Howie's Pizza (Cheese or Pepperoni)	Breaded Chicken Sandwich on Whole Grain Bun
SECOND CHOICE Vegetarian	Bosco Cheesy Breadsticks Marinara Sauce for Dipping	Bean & Cheese Burrito	Belgium Waffle Danimal Yogurt Cup		Soft Pretzels w/Cheese Sauce Danimal Yogurt Cup & Pretzel Bag
THIRD CHOICE	Yogurt Parfait/Banana Bread	Yogurt Parfait/WG Muffin	Yogurt Parfait w/Donut Holes	Yogurt Parfait/WG Muffin	Yogurt Parfait/Banana Bread/String Cheese
FOURTH CHOICE	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers
VEGGIE CHOICES	Small Side Salad w/Dressing Steamed Corn Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Fiesta Beans Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Fresh Baby Carrots Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Baked Waffle Fries Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Fresh Broccoli w/Ranch Assorted Fruit Choice of Milk
	September 4	September 5	September 6	September 7	September 8
MAIN ENTRÉE		Cinnamon French Toast Sticks Syrup Cup	Turkey & Cheese Croissant Choice of Baked Chips	Jet's Pizza (Cheese or Pepperoni)	All Beef Corn Dog
SECOND CHOICE Vegetarian	NO SCHOOL Labor Day	Personal Pan Pizza	Bosco Cheesy Breadsticks Marinara Sauce for Dipping		Creamy Homemade Macaroni & Cheese w/WG Muffin
THIRD CHOICE		Yogurt Parfait/WG Muffin	Yogurt Parfait w/Donut Holes	Yogurt Parfait/WG Muffin	Yogurt Parfait/Banana Bread/String Cheese
FOURTH CHOICE		Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers
VEGGIE CHOICES		Fresh Veggie Cup w/Ranch Broccoli or Cauliflower w/Ranch Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Fresh Baby Carrots Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Baked Emoji Potato Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Baked Beans Assorted Fruit & Choice of Milk <i>All Lunches: Local Dough Go's Cookie</i>
	September 11	September 12	September 13	September 14	September 15
MAIN ENTRÉE	Popcorn Chicken Whole Grain Crackers	Hamburger or Cheeseburger Whole Grain Bun	Mini Cinnamon French Toast Syrup Cup	Hungry Howie's Pizza (Cheese or Pepperoni)	Calzone Pepperoni & Cheese Marinara Sauce for Dipping
SECOND CHOICE Vegetarian	Personal Cheese Pizza	Bosco Cheesy Breadsticks Marinara Sauce for Dipping	Bean & Cheese Burrito		Soft Pretzel w/Cheese Sauce Danimal Yogurt Cup & Pretzel Bag
THIRD CHOICE	Yogurt Parfait/Banana Bread	Yogurt Parfait/WG Muffin	Yogurt Parfait w/Donut Holes	Yogurt Parfait/WG Muffin	Yogurt Parfait/Banana Bread/String Cheese
FOURTH CHOICE	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers
VEGGIE CHOICES	Small Side Salad w/Dressing Fresh Baby Carrots Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Baked Beans Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Baked Hash Brown Rounds Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Steamed Corn Assorted Fruit or Juice Choice of Milk	Fresh Veggie Cup w/Ranch Fresh Cauliflower w/Ranch Assorted Fruit & Choice of Milk <i>All Lunches: Local Dough Go's Cookie</i>
	September 18	September 19	September 20	September 21	September 22
MAIN ENTRÉE	Chicken Tenders Whole Grain Crackers	Hamburger or Cheeseburger on Whole Grain Bun	All Beef Hot Dog on Whole Grain Bun	Hungry Howie's Pizza (Cheese or Pepperoni)	Breaded Chicken Sandwich on Whole Grain Bun
SECOND CHOICE Vegetarian	Bosco Cheesy Breadsticks	Bean & Cheese Burrito	Belgium Waffle		Soft Pretzels w/Cheese Sauce

	Marinara Sauce for Dipping		Danimal Yogurt Cup		Danimal Yogurt Cup & Pretzel Bag
THIRD CHOICE	Yogurt Parfait/Banana Bread	Yogurt Parfait/WG Muffin	Yogurt Parfait w/Donut Holes	Yogurt Parfait/WG Muffin	Yogurt Parfait/Banana Bread/String Cheese
FOURTH CHOICE	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers
VEGGIE CHOICES	Small Side Salad w/Dressing Steamed Corn Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Fiesta Beans Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Fresh Baby Carrots Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Baked Waffle Fries Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Fresh Broccoli w/Ranch Assorted Fruit Choice of Milk
	September 25	September 26	September 27	September 28	September 29
MAIN ENTRÉE	Popcorn Chicken Whole Grain Crackers	Cinnamon French Toast Sticks Syrup Cup	Turkey & Cheese Croissant Choice of Baked Chips	Jet's Pizza (Cheese or Pepperoni)	All Beef Corn Dog
SECOND CHOICE Vegetarian	Breaded Minni Ravioli Marinara Sauce for Dipping	Personal Pan Pizza	Bosco Cheesy Breadsticks Marinara Sauce for Dipping		Creamy Homemade Macaroni & Cheese w/WG Muffin
THIRD CHOICE	Yogurt Parfait/Banana Bread	Yogurt Parfait/WG Muffin	Yogurt Parfait w/Donut Holes	Yogurt Parfait/WG Muffin	Yogurt Parfait/Banana Bread/String Cheese
FOURTH CHOICE	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers	Hummus Wrap w/Cheese & Veggie	Salad w/Popcorn Chix & Crackers
VEGGIE CHOICES	Small Side Salad w/Dressing Steamed Corn Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Broccoli or Cauliflower w/Ranch Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Fresh Baby Carrots Assorted Fruit Choice of Milk	Fresh Veggie Cup w/Ranch Baked Emoji Potato Assorted Fruit or Juice Choice of Milk	Small Side Salad w/Dressing Baked Beans Assorted Fruit & Choice of Milk <i>All Lunches: Local Dough Go's Cookie</i>

This institution is an equal opportunity provider