



# The Demon Cafe' - Lee Burneson Middle School

## Lunch Menu - August & September 2023

Student Lunch - \$3.50 \* Student Milk - \$0.65 \* Adult Lunch \$5.00 \* Adult Milk - \$0.85

### WHAT'S FOR LUNCH...Make it a combo! Why not take all 5 Components?

Full student lunch includes choice of meat or meat alternate, whole grain bread and/or grains, vegetable, fruit or juice choice and choice of 1% unflavored skim or fat free flavored milk. Students must take a 1/2 cup of fruit or vegetable with each lunch. NOTE: The cafe' uses a variety of pork, ham & some products that may contain artificial sweetener. Products may be produced in a facility that also processes milk, egg, wheat, soy, peanuts and tree nuts. Lunch Menu Subject to Change without Notice.

**NOTE: Beginning on August 23, 2023, reduced-price meals for the 2023-2024 school year will be free for qualifying students with reduced-price eligibility. The State of Ohio budget will cover the cost of \$0.40 per reduced lunch served. Families must submit a free/reduced meal application to verify eligibility.**

|                            | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|----------------------------|--|---|--|--|---|
|                            |  |   | August 23  | August 24  | August 25   |
| VINTAGE                    |  |   | All Beef Hot Dog w/WG Bun<br>Plain or w/Chili & Cheddar  | Pasta Bar - Rotini w/Choice of Sauce:<br>Velvety Alfredo, Chicken Alfredo,<br>Marinara & Meatballs w/Garlic Breadstick   | Big Daddy Pizza Day<br>Cheese, Pepperoni or Buffalo Chix  |
| GARDEN FRESH SELECTIONS    |  |   | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chicken BLT Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>BBQ Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Assorted Chef Salads<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies |
| DELI SANDWICHES SELECTIONS |  |   | Bosco Cheesy Breadstick w/Marinara<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub  |
| VEGGIE CHOICES             |  |   | Baked Twister Fries<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Steamed California Veggie<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Steamed Broccoli Florets<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   |
|                            | August 28  | August 29   | August 30  | August 31  | September 1   |
| VINTAGE                    | Chicken Tender Wrap<br>Cheddar Cheese, Tomato, Lettuce &<br>Choice of Buffalo, Ranch, BBQ Sauce  | 2-Soft Tacos<br>Fajita Chicken or Seasoned Beef<br>Cheddar, Lettuce & Sour Cream  | Chicken Mashed Potato Bowl<br>Mashed Potatoes, Corn, Chix Gravy,<br>Cheddar Cheese w/WG Roll   | Creamy Homemade Mac & Cheese<br>Plain & Simple or Topped w/Popcorn<br>Chix & Half Banana Bread   | Big Daddy Pizza Day<br>Cheese, Pepperoni or Buffalo Chicken   |
| GARDEN FRESH SELECTIONS    | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Antipasto Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Oriental Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chicken BLT Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>BBQ Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Assorted Chef Salads<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies |
| DELI SANDWICHES SELECTIONS | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap  | Bosco Cheesy Breadstick w/Marinara<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub  |
| VEGGIE CHOICES             | Baked Tater Tots<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Fiesta Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Mashed Potatoes w/Gravy<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Steamed Broccoli Florets<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Steamed Corn<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   |
|                            | September 4  | September 5   | September 6  | September 7  | September 8   |
| VINTAGE                    |  | Demon Nachos<br>Fajita Chicken or Seasoned Beef<br>Queso Sauce or Cheddar Sauce   | Mini Corn Dogs   | Choice: Chix Parmesan, Meatballs w/Sauce<br>Marinara Sauce over Rotini Noodles<br>Garlic Breadstick  | Big Daddy Pizza Day<br>Cheese, Pepperoni or Buffalo Chicken   |
| GARDEN FRESH SELECTIONS    | <b>NO SCHOOL<br/>Labor Day</b>   | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Oriental Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chicken BLT Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>BBQ Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Assorted Chef Salads<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies |
| DELI SANDWICHES SELECTIONS |  | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap  | Bosco Cheesy Breadstick w/Marinara<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub  |
| VEGGIE CHOICES             |  | Fiesta Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Baked Tater Tots<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Steamed Broccoli Florets<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Steamed Green Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  |
|                            |  | September 11  | September 12   | September 13   | September 14  |
| VINTAGE                    | Chicken Philly Sub   | Chipotle Burrito: Cilantro Lime Rice<br>w/Chix, Beef or Bean topped w/Choice of<br>Cheese, Lettuce, Sour Cream or Tomatoes  | Popcorn Chicken<br>Whole Grain Muffin  | Pasta Bar - Rotini w/Choice of Sauce:<br>Velvety Alfredo, Chicken Alfredo,<br>Marinara & Meatballs w/Garlic Breadstick   | Big Daddy Pizza Day<br>Cheese, Pepperoni or Buffalo Chicken   |
| GARDEN FRESH SELECTIONS    | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Antipasto Salad<br>Creamy Yogurt Parfait w/Strawberries                                       | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Oriental Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries                                       | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chicken BLT Salad<br>Creamy Yogurt Parfait w/Strawberries                                       | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>BBQ Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries                                       | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Assorted Chef Salads<br>Creamy Yogurt Parfait w/Strawberries                                       |

|                                   |  |   |  |  |   |
|-----------------------------------|--|---|--|--|---|
|                                   | Savory Hummus Cup w/Pita & Veggies   | Savory Hummus Cup w/Pita & Veggies  | Savory Hummus Cup w/Pita & Veggies   | Savory Hummus Cup w/Pita & Veggies   | Savory Hummus Cup w/Pita & Veggies  |
| <b>DELI SANDWICHES SELECTIONS</b> | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap  | Bosco Cheesy Breadstick w/Marinara<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub  |
| <b>VEGGIE CHOICES</b>             | Baked Tater Tots<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Fiesta Black Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Baked Twisted Fries<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Steamed Broccoli Florets<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Steamed Green Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  |
| <b>September 18</b>               |  | <b>September 19</b>   |  | <b>September 20</b>  |   |
| <b>VINTAGE</b>                    | Grilled Chicken Club Sub<br>Grilled Chix, Shred Mozz, Bacon, Tomato, Lettuce & Sauce   | Totchos<br>Crispy Tater Tots loaded w/Cheese Sauce<br>Bacon, Bits, Sour Cream & Soft Pretzel  | Chicken Stir Fry over<br>Whole Grain Rice  | Grilled Cheese Sandwich or<br>Pulled Pork Sandwich<br>Tomato Soup  | Big Daddy Pizza Day<br>Cheese, Pepperoni, Buffalo Chicken   |
| <b>GARDEN FRESH SELECTIONS</b>    | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chef Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies      | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Oriental Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chicken BLT Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>BBQ Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Assorted Chef Salads<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies |
| <b>DELI SANDWICHES SELECTIONS</b> | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap  | Bosco Cheesy Breadstick w/Marinara<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub  |
| <b>VEGGIE CHOICES</b>             | Baked Twisted Fries<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Fiesta Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Steamed California Veggie<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Steamed Corn<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Baked Tater Tots<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   |
| <b>September 25</b>               |  | <b>September 26</b>   |  | <b>September 27</b>  |   |
| <b>VINTAGE</b>                    | Fiestada Pizza w/Lettuce, Salsa Sauce & Sour Cream or Chix & Cheese Quesadilla   | Jumbo Soft Pretzel<br>Cheddar Cheese Sauce  | Chicken Mashed Potato Bowl<br>Mashed Potatoes, Corn, Chix Gravy, Cheddar Cheese w/WG Roll  | Breakfast Croissant Sandwich<br>Turkey Sausage, Egg & Cheese or Egg & Cheese   | Big Daddy Pizza Day<br>Cheese, Pepperoni, Buffalo Chicken   |
| <b>GARDEN FRESH SELECTIONS</b>    | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Antipasto Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Oriental Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Chicken BLT Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese & Egg<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>BBQ Chicken Salad<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies | Garden Veggie Salad w/Cheese<br>Breaded Chicken Salad<br>Grilled Chix Salad w/Fresh Veggies<br>Assorted Chef Salads<br>Creamy Yogurt Parfait w/Strawberries<br>Savory Hummus Cup w/Pita & Veggies |
| <b>DELI SANDWICHES SELECTIONS</b> | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap  | Bosco Cheesy Breadstick w/Marinara<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Turkey & Cheese Croissant or Turkey BLT Wrap   | Hamburger or Cheeseburger w/WG Bun<br>Chicken Filet Sandwich<br>Cold Turkey Deli Sub  |
| <b>VEGGIE CHOICES</b>             | Fiesta Beans<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Baked Twister Fries<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Mashed Potatoes w/Gravy<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   | Baked Tater Tots<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots  | Steamed Broccoli Florets<br>Small Garden Salad w/Dressing<br>Fresh Baby Carrots   |
| <b>September 28</b>               |  | <b>September 29</b>   |  |  |   |

This institution is an equal opportunity provider