



WHICH COUNSELING SERVICE IS BEST?

Crisis Response Services	Group Counseling	Individual Counseling	Referral to Outside Counseling
<p>Students need to process an incident or traumatic experience. This may be due to suicidal ideation, family or pet death, announcement of divorce or separation, domestic violence, or other traumatic experience</p>	<p>Students who exhibit social, emotional, behavioral or academic concerns. Group sessions typically are 6 weeks and focus on learning skills and strategies to help improve behavior and academics.</p> <p>Groups may focus on impulse control, self esteem and self confidence, coping strategies, anxiety, grief, anger, friendship, and family issues.</p>	<p>Tier 3 interventions best for students who have been through group counseling but saw little to no success. Students will work on developing and mastering goals related to academics, behavior, and social emotional concerns.</p> <p>Ideally, these services are provided for less than 10 weeks.</p>	<p>Students who have been provided with various in school counseling services but need services provided for longer than 10 weeks or that deal with issues and concerns that students are having at home but may not be problematic in the classroom setting may be referred to outside counseling.</p>