

MENU SUBJECT TO CHANGE

Student Meal \$3.10

Milk \$0.40

SEPTEMBER 2023

Minooka Intermediate/JH

Student Meal

Choose Entrée A or B or C
All Lunches Include
Fruit & Veggie Bar, Choice of Milk,
And any items listed in Black.

Monday

Tuesday

Wednesday

Thursday

Friday



**NO SCHOOL
LABOR DAY**

4

A—French Bread Cheese Pizza
B—Pretzel w/Cheese Cup
C—Grilled Cheese on Whole Grain Bread

5

JUST SAY CHEESE

A—Garden Salad w/Dinner Roll
B—Turkey Sausage Pizza
*C—BBQ Rib Sandwich on Whole Grain Roll
*Contains Pork
Baked Beans

12

A—Chicken Nuggets
B—Hamburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun
Baked Beans

6

A—All Beef Hot Dog on Whole Grain Bun
B—Chicken Caesar Wrap
*C—Ham & Cheese Sandwich On Whole Grain Bread
*Contains Pork
Tater Tots

7

A—Turkey Sausage, Egg & Cheese Breakfast Bagel
B—Cinnamon Toast Crunch Breakfast Bar w/Cream Cheese
C—Chicken Sandwich on Whole Grain Bun
Banana Muffin

1

A—Warm Turkey Pepperoni Pizza Wrap
B—Cheeseburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun
Potato Wedges

11

A—Bosco Sticks w/Marinara Cup
B—Buffalo Ranch Chicken Wrap
Veggie Crisp Crackers

14

A—Rotini Pasta w/Broccoli And Alfredo Sauce Dinner Roll
B—Chicken Sandwich on Whole Grain Bun
Slushy

15

A—Chicken Tenders
B—Cheeseburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun
Baked Beans

18

*A—Warm Ham & Cheese Sub On Whole Grain Roll
*Contains Pork
B—Mini Chicken Corn Dogs
C—Strawberry Bagel Pull-Apart
Baked Cheetos

19

A—Macaroni & Cheese Served w/Dinner Roll
B—Cheeseburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun

20

A—Stuffed Crust Turkey Pepperoni Pizza
B—Soft Pretzel w/Cheese Cup
C—Grilled Cheese Sandwich on Whole Grain Bread

21

A—Popcorn Chicken w/BBQ
B—Hamburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun
Cookies & Cream Ice Cream Cone

22

A—Meatball Sub on Whole Grain Roll
B—Cheeseburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun
Slushy

25

A—Confetti Pancakes
B—Mini Pancake & Turkey Sausage Bites

26

A—Chicken & Waffles w/Syrup
B—Turkey & Cheese Sub On Whole Grain Roll
C—Chicken Sandwich on Whole Grain Bun

27

A—Beef Nachos served w/Cheese, Salsa & Sour Cream
B—Cheese Quesadilla w/Salsa
C—Mexican Pizza
Fiesta Beans

28

A—Caesar Salad w/ Dinner Roll
B—Cheeseburger on Whole Grain Bun
C—Chicken Sandwich on Whole Grain Bun

29

SPECIAL DAYS FOR THE MONTH

Sept. 5—Just Say Cheese Day
Sept. 22—Ice Cream Cone Day
Sept. 26—Pancake Day

Questions contact the Food Service Director
Cindy Day 630-747-1427

Nutritional Information is provided as a courtesy, Quest nor Minooka School District 201 can guarantee its accuracy.
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