

Strong Minds RUN CLUB



ROADRUNNER PARK

STRONG MINDS RUN CLUB

EARLY FALL (4 Week Session)
September 9th - 30th

Ages 4- 8

Saturdays
8-9am

\$75/ Child

This club is great for new runners and those that love to play running games! Each lesson includes running games & drills that teach running skills and empowerment/growth mindset principles!

SMRC - ENDURANCE

EARLY FALL (4 Week Session)
September 9th - 30th

Ages 8-13

Saturdays
8-9am

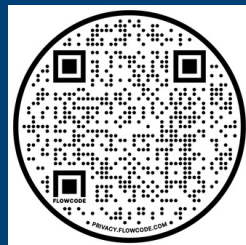
\$75/ Child

Practice empowerment principles with running games & drills while also building on personal goals for endurance/speed. Great for those who love running or extra conditioning /mindset work during the off season of their chosen sports.

We are a youth empowerment program that uses running drills and games to teach character strength, empowerment principles & running skills!



Scan this code or
go to the website
to register!



Income-based scholarships
are available!

Apply at: Opportunity4kids.org
(Allow 2-3 weeks for processing)



www.strongmindsrunclub.com
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[@StrongMindsRunClub](https://www.instagram.com/StrongMindsRunClub)

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