

Fredericksburg Elementary School

BREAKFAST MEAL PRICES:

Student Full Price: \$ 1.65
 Student Reduced Price: \$ 0.30
 All Adults \$3.50



LUNCH MEAL PRICES:

Student Full Price: \$ 2.75
 Student Reduced Price: \$ 0.40
 All Adults \$ 4.50

Breakfast and Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 - Week Of: 1/8, 1/29, 2/19, 3/18, 4/8, 4/29				
KOLACHE	MINI FRENCH TOAST	SCRAMBLED EGGS W/HAM	YOGURT PARFAIT OATMEAL MUFFIN SQUARE	BEAN & CHEESE BREAKFAST TACO
CHICKEN NUGGETS OR CHICKEN DRUMSTICK MASHED POTATOES W/GRAVY PEAS AND CARROTS	HAMBURGER/CHEESEBURGER OR CRISPY CHICKEN BURGER TATOR TOTS FRESH VEGETABLE MEDLEY	CHEESE FILLED BREADSTICKS OR MAC & CHEESY HAM BAKE OR CHEF SALAD W/HAM MINI CARROTS	NACHO GRANDE OR CHEESE NACHOS OR BEEF TAMALES REFRIED BEANS & SPANISH RICE	PEPPERONI/CHEESE PIZZA OR CHEESE CALZONE OR UNCRUSTABLE CRUNCHY CORN
WEEK 2 - Week Of: 1/15, 2/5, 2/26, 3/25, 4/15, 5/6				
MINI PANCAKES	SAUSAGE/EGG/CHEESE BISCUIT	EGG, SAUSAGE, POTATO & CHEESE BREAKFAST TACO	CINNAMON TOAST CRUNCH SOFT CEREAL BAR	OATMEAL/CINNAMON TOAST
BREADED BEEF STRIPS MACARONI & CHEESE SEASONED GREEN BEANS FRESH GARDEN SALAD	HAMBURGER/CHEESEBURGER OR CRISPY CHICKEN BURGER POTATO SMILES FRESH VEGETABLE MEDLEY	PEPPERONI/CHEESE PIZZA OR BREADED CHEESE STICKS OR UNCRUSTABLE MINI CARROTS	TURKEY ROAST/GRAVY WHOLE WHEAT ROLL OR CORN DOG MASHED POTATOES	HOT DOG BBQ PULLED PORK SANDWICH BAKED BEANS CUCUMBERS & TOMATOES
WEEK 3 - Week Of: 1/22, 2/12, 3/4, 4/1, 4/22, 5/13				
PANCAKE/SAUSAGE ON A STICK	CINNAMON ROLL	STRAWBERRY CREAM CHEESE BAGEL	EGGO CINNAMON MINI WAFFLES	SCRAMBLED EGGS W/CHEESE & HAM
CRISPY POPCORN CHICKEN OR ZESTY ORANGE CHICKEN CONFETTI RICE STEAMED BROCCOLI	HAM/TURKEY/CHEESE SUB OR PB & JELLY SANDWICH OR GRILLED CHEESE SANDWICH FRESH VEGETABLE MEDLEY	 PIZZA HUT PIZZA OR CHICKEN ALFREDO W/GARLIC BREADSTICK	CHEESE QUESADILLA OR CHICKEN FAJITA SOFT TACO HOMEMADE PINTO BEANS SPANISH RICE	CRISPY CHICKEN TENDERS OR CHICKEN SPAGHETTI GLAZED CARROTS CUCUMBER SALAD

BREAKFAST

CEREAL W/TOAST OR MUFFIN IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION. MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY. STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.

**MAY 20 - MAY 23
 MANAGER'S CHOICE**

**MENU SUBJECT TO CHANGE
 WITHOUT NOTICE DUE TO AVAILABILITY**

LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (ALL GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%). AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY. STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS. STUDENTS MAY TAKE 2 FRUIT OR 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

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