

Fremont District 79

September, 2023 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALTERNATE ENTREES Beef Hamburger Beef Hot Dog Turkey, Salami, Ham or Cheese Sub Sandwich Sunbutter & Jelly Sandwich	Menu subject to change To add funds to a student account go to: link to online lunch payment system			¹ Cheese Pizza Garden Salad Ranch or Italian Seasonal Fresh Fruit
⁴ Labor Day No School	⁵ Mini Chicken Corn Dogs Green Beans Mandarin Oranges	⁶ Meatballs with Gravy & Garlic Buttered Noodles Seasonal Fresh Fruit	⁷ Mini Pancake Bites with Syrup Hash Browns Pork Sausage Patties Seasonal Fresh Fruit	⁸ Pepperoni French Bread Baked Tater Tots Seasonal Fresh Fruit
¹¹ Grilled Cheese Sandwich Tomato Soup Cup Diced Pears	¹² Breaded Chicken Strips Green Beans Seasonal Fresh Fruit	¹³ Mini Chicken Corn Dogs Fresh Broccoli with Ranch Fresh Fruit	¹⁴ French Toast Sticks Syrup Cup Pork Sausage Hashbrowns Applesauce	¹⁵ Cheese Pizza Slice Garden Salad Ranch or Italian Seasonal Fresh Fruit
¹⁸ Chicken Nuggets Seasoned Green Beans Mandarin Oranges	¹⁹ Spaghetti and Meatballs Garlic Breadsticks Seasoned Broccoli Fresh Fruit	²⁰ French Toast Sticks Maple Syrup Cup Pork Sausage Links Hash Browns Orange Wedges	²¹ Italian Dunkers with Marinara Corn Seasonal Fresh Fruit	²² Cheese Pizza Baked Tater Tots Seasonal Fresh Fruit
²⁵ No School No Lunch Service	²⁶ Belgian Waffles Maple Syrup Cup Pork Sausage Links Smiley Fries Hot Cinnamon Apple Slices	²⁷ Cheese Quesadillas Salsa Mexi Corn Seasonal Fresh Fruit	²⁸ Macaroni and Cheese Seasoned Green Peas Seasonal Fresh Fruit	²⁹ Cheese Pizza Garden Salad Ranch or Italian Seasonal Fresh Fruit

Fremont Middle

September, 2023 - A La Carte Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Menu subject to change To add funds to a student account go to: link to online lunch payment system	Soup will be available on a daily basis starting in October, 2023		¹ Popcorn Chicken Bowl
⁴ Labor Day No School	⁵ 4 Cheese Pizza Puff	⁶ Lemon Greek Chicken Breast with Rice	⁷ Buffalo Chicken Sliders	⁸ Ham & Cheese Panini
¹¹ Bacon Cheeseburger	¹² Chicken Quesadillas with Salsa	¹³ Hawaiian Pizza Slices	¹⁴ Pesto Pasta Salad	¹⁵ Pulled Pork Sandwich
¹⁸ 4 Cheese Pizza Puffs	¹⁹ Chicken & Broccoli Alfredo Pasta	²⁰ Caprese Flatbread Pizza	²¹ Fiesta Cheeseburger with Jalapenos	²² Popcorn Chicken Bowl
²⁵ No School No Lunch Service	²⁶ Cheese Tortellini with Marinara	²⁷ Deluxe Chicken Fajitas	²⁸ Caprese Flatbread Pizza	²⁹ Western Burger