

Executive Functioning Group Spring 2022



This in-person 45-minute weekly psychoeducational group running for 8 weeks can assist Tenafly High School students with skill development in:

Planning

Working Memory

Organization

Attention

Time Management

Flexibility

Task Initiation

Perseverance and Self-control.

It will be held in the “Blue Room” located in the Guidance Suite during lunch on Tuesdays and led by Care Plus Master’s level intern Fred Hager. Permission is required from parents.

Interested? Contact Heather Brown-Huston, LPC, Care Plus Clinical Program Manager at Tenafly High School, 201-816-6626 heatherb@careplusnj.org, Intern Fred Hager frederickh@careplusnj.org or complete the [registration and permission form](#).