

TENAFLY HIGH SCHOOL & MIDDLE SCHOOL SPORTS PROGRAMS

2023 – 2024

FALL SEASON

Football
Gymnastics (Girls)
Soccer (Boys)
Soccer (Girls)
Volleyball (Girls)
Tennis (Girls)
Cross Country (Boys & Girls)
Cheerleading.
Middle School Cross Country
Middle School Volleyball

WINTER SEASON

Basketball (Boys)
Basketball (Girls)
Bowling (Boys & Girls)
Cheerleading
Ice Hockey
Indoor Track (Boys & Girls)
Ski (Boys & Girls)
Swimming (Boys)
Swimming (Girls)
Wrestling

SPRING SEASON

Baseball (Boys)
Golf (Boys)
Golf (Girls)
Lacrosse (Boys)
Lacrosse (Girls)
Softball (Girls)
Spring Track (Boys & Girls)
Tennis (Boys)
Middle School Spring Track
Middle School Baseball
Middle School Softball