



Health Screening Checklist

DIRECTIONS: To maintain the health of all participating students during the week at Cuyamaca Outdoor School, each student must be screened for illness the morning of departure from school. Any student who is feeling unwell *should not attend*. Students who have tested positive for COVID within the last five days may not attend; they may attend starting on Day 6 if they are feeling well, their symptoms have improved/are improving and they are fever-free without the use of fever-reducing medication for at least 24 hours.

If a student has any of the symptoms below, they should not be allowed to attend:

- Fever* and/or chills
- Cough, shortness of breath and/or difficulty breathing
- Tiredness (fatigue)
- Muscle and/or body aches*
- Headache
- New loss of taste or smell
- Sore throat
- Stuffy and/or runny nose
- Nausea, vomiting*, diarrhea* and/or stomach cramps*

*Students should be free of vomiting/diarrhea/stomach cramps/headache/body aches/fever for at least 72 hours before traveling to outdoor school.

BRING THIS COMPLETED FORM TO THE CUYAMACA OUTDOOR SCHOOL HEALTH CENTER UPON ARRIVAL AT CAMP.

School Name: _____

Date of Health Screening: _____

Name/s & Signature/s of School Staff Member/s completing Health Screening:

Name & Signature: _____

Name & Signature: _____

Name & Signature: _____

	Student Name (Last, First)	Check here ONLY if student is free of all symptoms listed above
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2		☐
3		☐
4		☐
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8		☐
9		☐

	Student First Name	Check here <u>ONLY</u> if student is free of all symptoms listed above
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