### ELEMENTARY SCHOOL MENU

#### 2023-2024 MEAL PRICES
- **PAID ELEMENTARY MEALS**
  - Breakfast: $1.00
  - Lunch: $2.00
- **ADULT MEALS & 2nd STUDENT MEALS**
  - Breakfast: $2.75
  - Lunch: $3.75

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit, and juice are offered daily at breakfast time.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.

https://www.slcschools.org/departments/child-nutrition/menus-common-concerns

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL

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#### August 2023

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<th>MONDAY</th>
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### Breakfast Menu

- **Monday**
  - Pancakes
  - Cheese Stuffed Sticks or Muffin Basket
  - Turkey Ham Sandwich
  - Lettuce, Pickle, Tomato
  - Marinara Sauce, Peas, Broccoli, Cookie, Milk

- **Thursday**
  - French Toast Sticks
  - Pizza
  - Chicken Potatoes or Nacho Cheese & Chips
  - Lettuce, Tomato, Pickle
  - Fresh Apple, Mixed Fruit, Roll, Milk

### Did you know?

August is popularly known as Harvest Month.