



**Volunteers
of America®**
WESTERN WASHINGTON

LGBTQIA+ SUPPORT

988 is now offering 24/7 specialized support for LGBTQIA+ individuals who are 25 years of age or younger

HOW TO REACH THE LGBTQIA+ 988 LIFELINE:

CHAT

- Go to 988lifeline.org
- Click on "Chat" in the top righthand corner
- On the pre-chat survey, select the box that offers LGBTQIA+ support to individuals 25 years old or younger

TEXT

- Text "HELP" to 988
- When prompted, respond with "Y" to opt for LGBTQIA+ services

CALL

- Dial 988
- When prompted, select option 3

SCAN HERE TO BE
NAVIGATED TO THE 988
LIFELINE WEBSITE

