



## **Concussion and Head Injury Policy**

High school concussion protocols are comprehensive guidelines put in place to safeguard the well-being of student athletes participating in sports activities. These protocols prioritize the immediate and longterm health of the students. Typically, these guidelines involve the removal of the athlete from play if a concussion is suspected, followed by a thorough evaluation by a medical professional trained in concussion management. Return-to-play decisions are strictly governed by these protocols, ensuring that students are symptom free and have undergone a gradual, supervised progression back to physical activity.