



STMA EARLY CHILDHOOD FAMILY EDUCATION

It is our mission to provide each family with a positive introduction to STMA schools.

STMA Early Childhood inspires to create engaging environments for young children and families. Each room is designed for all developmental learning levels and styles. Your children will play, explore and grow with us.

We have a class for every family! The next few pages are filled with a variety of fun opportunities for all ages and schedules.

WHAT IS ECFE?

Early Childhood Family Education (ECFE) recognizes that parents are their child's first and most important teachers.

ECFE offers parents hands-on learning experiences that will nourish a lifetime of teachable moments.

All ECFE classes are taught by licensed early childhood teachers and parent educators to provide the quality education parents are looking for.

ECFE teachers use the Parent Education Core Curriculum Framework and Early Childhood Indicators of Progress: Minnesota's Early Learning Standards provided through the Minnesota Department of Education.



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TO REGISTER FOR A CLASS



SCAN ME

TYPES OF ECFE CLASSES

Separating

Parents and children begin and end class together, but spend time apart in the middle. A convenient and safe way for your child to gain independence.

The components of most ECFE parent-child classes include:

Parent-Child Interaction Time: Time together enjoying all the classroom has to offer. This is time to focus on your child and model behavior for interacting with others in the classroom. The licensed classroom teacher has planned developmentally appropriate activities for you and your child.

Circle Time: During this time you and your child will sing simple songs, learn finger plays, hear stories, learn circle games and be involved in movement activities. Encourage your child to sit with the group during circle time. Generally, children under 2 ½ years may have difficulty sitting for an entire circle time.

Guided Play: Planned and intentional learning activities. Teachers and parents support play choices and assist in building friendships. In addition to our creative classrooms, each ECFE class utilizes our gym and gross motor activities.

Parent-Child Separation Time: Parents will attend parent group to discuss a variety of parenting issues in a separate area from children. During this time, children stay in the classroom with the licensed teacher. Additional activities, games, and play are scheduled to promote independence and learning.

Non-Separating

Parent and children remain in an ECFE classroom together. If your child (or you) are not quite ready to separate, these classes are the perfect choice. Non-separating classes may also be a specialized subject.

Sibling Care

Sibling care is provided for free for most ECFE classes. Children in sibcare must follow all the health/wellness guidelines. Parents of children in sibcare must remain on the school property. Please pick up your child immediately after class. A child may be sad if he/she doesn't see his/her parent when other parents arrive.

ECFE has 3 sessions throughout the year. Fall, Winter, and Spring. Registration will take place with each new session. No family is ever turned away for an inability to pay.

The Early Childhood Office is located in the

Community Education Center at 60 Central Ave W St. Michael

Behind the Historic Catholic Church

**763-497-6512
janeh@mystma.org**



ECFE PEEK AT THE WEEK FALL 2023

We welcome all families with children ages birth through five years to ECFE. Not only do moms attend, but dads, grandmas and grandpas, aunts and uncles, neighbors, friends, and nannies. All are welcome. Occasionally we hold special events in which older siblings are also invited. You do not need to be a resident of the STMA school district to register for classes.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15	Monday Mixers	Doing Preschool Together	Wednesday Mixers	Doing Preschool Together Day 2	Practice Preschool
	Wiggles and Giggles	Terrific Toddlers	Creative Kids	Music Makers	Explorers
	DROP IN AND PLAY	Baby and Me		DROP IN AND PLAY	
10:00				Library	
10:15	New to ECFE	ECFE Plus	Mindful Parenting	Wonderful Ones	Best Buddies
	Explorers	Grandparents	Family Bookclub		
	Jump into K	Dress for a Mess			
5:45		Run and Read		Parents and Play	
<i>Schedule may change due to registration numbers. If classes have less than 5 participants, they may be canceled.</i>					
	MIXED-AGE	INFANTS	TODDLERS	PRESCHOOLERS	

Yearly Household Income	9 week classes	11 week classes	Evenings 5 weeks	Evenings 7 weeks	DPT 9 weeks	DPT 11 weeks
\$0-50,000	\$81	\$99	\$45	\$63	\$189	\$231
\$50,000-75,000	\$90	\$110	\$50	\$70	\$207	\$253
\$75,000-100,000	\$98	\$119	\$53	\$76	\$234	\$286
\$100-125,000	\$104	\$128	\$58	\$81	\$252	\$308
\$125,000+	\$113	\$138	\$63	\$88	\$279	\$341

No family is ever turned away for inability to pay.
Please contact Jane for financial assistance at janeh@mystma.org

EARLY CHILDHOOD



ECFE TOWN OPEN HOUSE

Our classrooms have been transformed into ECFE TOWN! Bring your kids to meet the people of our community. Staff will have the town up and running with new places to visit in each classroom. Maybe you'll head to the grocery store, eat at a restaurant, visit the park or doctors office. Got a letter to mail? We have you covered. We want you to become an ECFE Town resident this year! While visiting, find out more about our weekly class offerings, special events and what's in store for our year to come. No pre-registration required!

FREE EVENT

Th Sept 7, 6-7 pm
F Sept 8, 8:30-10 am
CE: ECFE Rooms and Gym

Drop in and Play

All Ages

Non Separating

If families are not prepared for the commitment of a class or would like something extra during the week - Drop in and play is back! The classroom will be appropriate for all ages. Toys, activities, story and circle time along with the fellowship of other families in the area. Parents and children can make social connections in a casual, fun setting.

No pre-registration is necessary.
\$2 per family/\$5 Max

M & Th Starting Sept 11

No class 10/16, 10/19, 11/20, 11/23,
12/18, 12/21

8:15-9:45 am

CE: ECFE Rooms

**REGISTRATION
BEGINS
AUGUST 23**

stma.ce.eleyo.com

Welcome Area Families!

We are entering our 50th year of ECFE in the state of Minnesota!

Your help is needed in spreading the word about this unique program. If you have a friend, neighbor, or family member with children under five years - we want to meet them! Our program is designed to partner with new moms, dads and caregivers throughout the amazing and sometimes challenging early years. We have classes and events for everyone. Our excellent staff is here to provide resources, ideas and fun for infants to preschoolers. Not only will you gain confidence and knowledge in your parenting, but will connect with others and could make life-long friends.

Please give out my name and number!

Jane Helgestad, ECFE Coordinator

763-497-6512 or janeh@mystma.org



INFANT AND TODDLERS

Wiggles and Giggles

Walking to 3 years

Non-Separating

Enjoy time with your little one as they explore the classroom environment. Silly songs and stories along with adventurous movement activities will keep your child and yourself smiling all day!

F311 M Sept 11-Nov 13
No class 10/16, 11/20
8:15-9:30am
CE: ECFE Rooms

W311 M Nov 27-Feb 19
No class 12/18, 12/25, 1/15
8:15-9:30 am
CE: ECFE Rooms

Terrific Toddlers

1-2 Year Olds

Non-Separating

Learn and play with your toddler as they experience new activities specifically designed for them! A safe classroom experience is provided with the flexibility of your ever changing and growing toddler in mind. Share the joys and struggles with other parents in this casual setting.

F312 T Sept 12-Nov 14
No class 10/17, 11/7, 11/21
8:15-9:30 am
CE: ECFE Rooms

W312 T Nov 28-Feb 20
No class 12/19, 12/26
8:15-9:30 am
CE: ECFE Rooms

Explorers

Walking to 3 years

Non-Separating

Connect through creative, literacy-based activities while you and your child socialize with other families. Explore and discover a space filled with materials for all developmental ages. An informal parent discussion will be held as well as circle/story time and creative movement fun. Sibcare offered for free!

Mondays

F320 M Sept 11-Nov 13
No class 10/16, 11/20
10:15-11:30 am
CE: ECFE Rooms

W320 M Nov 27-Feb 19
No class 12/18, 1/15
10:15-11:30 am
CE: ECFE Rooms

Fridays

F321 F Sept 15-Nov 15
10:15-11:30 am
CE: ECFE Rooms

W321 F Dec 8-Feb 23
No class 12/1, 12/22, 12/29
10:15-11:30 am
CE: ECFE Rooms



Follow us on
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and
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@littlestknights

Wonderful Ones

12-23 months

Non-Separating

Your baby is growing! Join other parents in discussing the unique challenges of preparing a house for a toddler. We'll sing and move with the little ones in a classroom that fits the needs of these new explorers.

F313 Th Sept 14-Nov 16
No class 10/19, 11/23
10:15-11:30 am
CE: ECFE Rooms

W313 Th Nov 30-Feb 22
No class 12/21, 12/28
10:15-11:30 am
CE: ECFE Rooms



EARLY CHILDHOOD



Music Makers

12-30 months

Non-Separating

Silly, interactive musical fun through singing, dancing, instruments and more! New songs along with old favorites will be taught in creative ways. Along with music, children will make their own instruments and listen to stories and explore the classroom. Music supports your child's brain growth, by making connections that lead to increased language and physical development.

This parent-child class is designed to lower stress, build relationships and release the giggles!

F305 Th Sept 14-Nov 16
No class 10/19, 11/23
8:15-9:15 am
CE: ECFE Rooms

W305 Th Nov 30-Feb 22
No class 12/21, 12/28
8:15-9:15 am
CE: ECFE Rooms

Baby and Me

Newborn-12 months

Non Separating

Congrats on your new little knight! Connect with other parents of newborns in the community, ask questions, and share parenting experiences. The class is an excellent way to get a "successful start" at parenting! We know babies are unpredictable! Families are free to come and go as their child's schedule allows!

Class is FREE to ECFE participants. Sibling care available!

All participants will receive a free welcome baby goodie bag! We are excited to meet your little one and join your family in this exciting journey.

F355 T Sept 12-Nov 14
No class 10/17, 11/7, 11/21
8:15-9:45 am
CE: ECFE Rooms

W355 T Nov 28-Feb 20
No class 12/19, 12/26
8:15-9:45 am
CE: ECFE Rooms

**REGISTRATION
BEGINS
AUGUST 23**

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TO REGISTER FOR A CLASS



MIXED-AGE

Mixers

Walking to 5 years

Separating with Parent Group

This class is designed for all ages! The classroom will be appropriate and adjusted for differing developmental levels. Literacy-rich lessons during circle time, movement in the gym and fun activities throughout. Parents will meet in a separate room for a casual discussion and sharing of trending parenting topics. In the best interest of all participants, please utilize sibling care for infants.

Mondays

F335 M Sept 11-Nov 13
No class 10/16, 11/20
8:15-9:45 am
CE: ECFE Rooms

W335 M Nov 27-Feb 19
No class 12/18, 1/15
8:15-9:45 am
CE: ECFE Rooms

Wednesday

F336 W Sept 13-Nov 15
No class 10/18, 11/22
8:15-9:45 am
CE: ECFE Rooms

W336 W Nov 29-Feb 21
No class 12/20, 12/27
8:15-9:45 am
CE: ECFE Rooms



New to ECFE

Walking to 5 years

Separating with Parent Group

If you are new to the community or just to ECFE - it's time to meet some new friends and get connected. The group will focus on community resources and of course parenting joys and struggles. Children will also meet new friends in a classroom designed for all ages! Songs, stories and movement activities fun for all! In the best interest of all participants, please utilize sibling care for infants.

F342 M Sept 11-Nov 13
No class 10/16, 11/20
10:15-11:45 am
CE: ECFE Rooms

W342 M Nov 27-Feb 19
No class 12/18, 1/15
10:15-11:45 am
CE: ECFE Rooms

ECFE Plus

All Ages

Separating with Parent Group

Just as the Mixers class, the ECFE 2.0 has something for all-ages. A class for the veteran ECFE parent who has been there - done that. Families with 2-3 years of experience will enjoy discussions on trending topics using articles, video, and online information. Unlike any other parent group! In the best interest of all participants, please utilize sibling care for infants.

F345 T Sept 12-Nov 14
No class 10/17, 11/7, 11/21
10:15-11:45 am
CE: ECFE Rooms

W345 T Nov 28-Feb 20
No class 12/19, 12/26
10:15-11:45 am
CE: ECFE Rooms

Grandparents Class

Walking to 5 years

Non Separating

This class provides a great opportunity for grandparents to interact with their young learners and meet other grandparents in their community. Teachers will be on site for songs and stories along with exploration of the classroom and crafts and a variety of activities.

F340 T Sept 12-Nov 14
No class 10/17, 11/7, 11/21
10:15-11:30 am
CE: ECFE Rooms

W340 T Nov 28-Feb 20
No class 12/19, 12/26
10:15-11:30 am
CE: ECFE Rooms

**FEE SCHEDULE IS
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financial assistance at
janeh@mystma.org**





PARENTING

Mindful Parenting

All Ages

Separating

Parenting today can be stressful and full of questions. This class provides a safe space to learn more about being present in your daily life. Calming strategies and techniques that can be used daily to keep your focus on the good stuff!

Our only class that provides the entire time for parenting discussions. Children will be dropped in a separate classroom at the beginning of class and you will join them at the end for a circle time closing.

F341 W Sept 13-Nov 15
No class 10/18, 11/22
10:15-11:45 am
CE: ECCE Rooms

W341 W Nov 29-Feb 21
10:15-11:45 am
CE: ECCE Rooms

Family Book Club

All Ages

Non-Separating

Book club for littles! We will be sharing stories using a variety of methods. Explore characters and themes through songs, art, manipulatives, drama and more! Revisit old classics and find new favorites in this interactive class. Be cautious though - homework is involved - reading of course! There will be a chance to check our books from our library bags.

In the best interest of all participants, please utilize sibling care for infants.

F343 W Sept 13-Nov 15
No class 10/18, 11/22
10:15-11:30 am
CE: ECCE Rooms

W343 W Nov 29-Feb 21
No class 12/20, 12/27
10:15-11:30 am
CE: ECCE Rooms

Best Buddies

Birth to 5 years

Separating with Parent Group

Finally! A class specifically for families with children on IFSP/IEPs in the STMA school district. If your child receives home visiting or attends preschool on an IEP this is your class! Family and friends try to understand the unique situations of parenting a child with special needs, but they just don't understand. Families will spend time together exploring the room and participating in group activities, then parents will have the opportunity to separate. Conversations and resources, support and laughter are the key components to parenting time. This class is FREE to all participants. Sibling care is provided for free.

F300 F Sept 15-Nov 17
No class 10/20, 11/24
10:30-11:45 am
CE: ECCE Rooms

W300 F Dec 8-Feb 23
No class 12/1, 12/22, 12/29
10:30-11:45 am
CE: ECCE Rooms

Home Visits

One-to one parenting home visits are available in your home, our office, via email, google, or phone.

Ask questions, discuss challenges, or discover new ideas! Struggling with behaviors? Wondering what typical development looks like?

If a group setting isn't the right fit, give us a call to schedule a visit. We would love to meet your family!

Jane Helgestad
janeh@mystma.org
763-497-6512



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PRESCHOOL

Jumpstart to K

4-5 Years

Child Drop-off

A mini-preschool for children with limited classroom experience. Students will learn routines, basic concepts and play with other children! Parents will drop off but meet monthly for kindergarten readiness information. A schedule will be provided the first day of class. *Children must have independent toilet skills.*

F330 M Sept 11-Nov 13
No class 10/16, 11/20
10:15-11:45 am
CE: ECCE Rooms

W330 M Nov 27-Feb 19
No class 12/18, 1/15
10:15-11:45 am
CE: ECCE Rooms

Dress for a Mess

2 to 5 years

Non Separating

Sensory filled activities that are filled with a variety of foamy, sticky, and squishy feelings. Using multiple different tools, children will create mini-masterpieces with paint, playdough and crazy new concoctions. Take the recipes home - if you dare!

F344 T Sept 12-Nov 14
No class 10/17, 11/7, 11/21
10:15-11:30 am
CE: ECCE Rooms

W344 T Nov 28-Feb 20
No class 12/19, 12/26
10:15-11:30 am
CE: ECCE Rooms



Practice Preschool

33 months and up

Child Drop-off

Based on the curriculum and experiences of Bright Beginnings preschool, this is a one-day opportunity for your child to experience independence, follow school routines, and make friends in a space that is designed specifically for them! Children will practice social skills through turn-taking, interactive play, movement and developmental centers. Parents will meet occasionally with teachers for a one to one conference to discuss their child's growth.

Children must have independent toilet skills.

F350
Registration is for the entire year
OPEN HOUSE Friday Sept 8
Fridays, Classes start Sept 15
No class 10/20, 11/24, 12/1, 12/22
8:15am-10:15 am
CE: Room 202
\$60 Monthly Payments Required

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assistance at janeh@mystma.org

TO REGISTER FOR A CLASS



**REGISTRATION
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EARLY CHILDHOOD

Doing Preschool Together

33 months and up

Separation with Parent Group

2nd Day Child Drop off

An excellent choice to introduce your youngster to preschool!

This class is perfect for children who are working towards the independence skills needed for preschool.

All lessons planned will include readiness skills based on MN standards, the Early Childhood Indicators of Progress, literacy, and STEM programming.

One of our most popular classes!

Children must have independent toilet skills.

Day One (Monday/Tuesday) - Parent/Child Day.

Children and their parents participate in activities together.

Parent group will focus on school readiness.

Day Two (Wednesday/Thursday) - Child Alone Day.

Child will gain independence, social skills, and start a foundation for school readiness skills.

F325 T/Th Sept 12-Nov 16
No class 10/17, 11/7, 11/21,
No class 10/19, 11/23
8:15-9:45 am Tuesdays
8:15-10:15 am Thursdays
CE: ECFE Rooms

W325 T/Th Nov 28-Feb 22
No class 12/19, 12/26
No class 12/21, 12/28
8:15-9:45 am Tuesdays
8:15-10:15 am Thursdays
CE: ECFE Rooms



Creative Kids

33 months and up

Child Drop-off

Children will experience a classroom filled with developmentally appropriate activities to spark your child's imagination. Leave the mess at school as your child creates his or her next masterpiece utilizing a variety of tools and materials. Parents will connect with at-home ideas and weekly updates on how the creative process promotes brain development and sets foundations for future learning. Children must have independent toilet skills.

F310 W Sept 13-Nov 15
No class 10/18, 11/22
10:15-11:45 am
CE: ECFE Rooms

W310 W Nov 29-Feb 21
No class 12/20, 12/27
10:15-11:45 am
CE: ECFE Rooms



Area preschools fill fast!

Our ECFE classes are a great alternative to the traditional model. Not only will your children learn readiness skills, but each class has a parent component, so parents get ready for school too!

NIGHT OWLS

Run and Read

Ages Birth-Five

Non Separating

Learn and grow together in a relaxing child-centered environment that provides hands-on learning. Connect through creative, literacy-based activities while you and your child socialize with other families. Explore and discover a space filled with materials for all developmental ages. Run in the gym, on the playground or on our special SMART courses! An informal parent discussion will be held as well as circle/story time and creative movement fun.

F400 T Sept 19-Oct 24
No class 10/17
5:45-7 pm
CE: ECFE Rooms

W400 T Jan 9-Feb 20
5:45-7 pm
CE: ECFE Rooms

TO REGISTER FOR A CLASS



SCAN ME



Dad and Me

2 to 5 Years

Non Separating

A night for dads and their little buddies! Evenings are filled with activities, games and a fun-filled gym time! Grandpas, uncles, and special dad-like friends are welcome too! Sorry, Sib care is not available for this class.

SE162 W Oct 11, Nov 15,
6-7 pm
\$10
CE: ECFE Rooms & Gym

SE 163 W Jan 17, Feb 14
6-7 pm
\$10
CE: ECFE Rooms & Gym

Parents and Play

Ages Birth-Five

Separating

Our traditional ECFE model in this separating class will bring smiles to children and parents! A fun and creative environment for parents and children to explore together. A balance between structured and non-structured play will introduce families to school in a positive, spirited manner. Science, art, literacy and movement activities will be developed for all abilities and ages. Parents will be provided with a relaxed setting for questions and conversation among other parents facilitated by a parent educator.

F405 Th Sept 21-Oct 26
5:45-7 pm
No class 10/19
CE: ECFE Rooms

W405 T Jan 11-Feb 22
5:45-7 pm
CE: ECFE Rooms

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SPECIAL EVENTS



ECFE TOWN OPEN HOUSE

Our classrooms have been transformed into ECFE TOWN! Bring your kids to meet the people of our community. Staff will have the town up and running with new places to visit in each classroom. Maybe you'll head to the grocery store, eat at a restaurant, visit the park or doctors office. Got a letter to mail? We have you covered. We want you to become an ECFE Town resident this year! While visiting, find out more about our weekly class offerings, special events and what's in store for our year to come.

No pre-registration required!

FREE EVENT

Th Sept 7, 6-7 pm

F Sept 8, 8:30-10 am

CE: ECFE Rooms and Gym

Book Bash

All Ages

Non Separating

The Book Fair is in town and we are celebrating! Reading is the one of the most important activities you can do to prepared your child for learning. We will highlight some of our favorite characters through art, music and movement. Adults and kids both are welcome to dress as your favorite literary character!

SE160 M Oct 30

6-7 pm

\$5 per child

CE: ECFE Rooms & Gym



Candyland

All Ages

Non Separating

As your family jumps into the beloved game, who will win? Everyone! Make your way around the colorful board, stopping to participate in fun and unusual activities. There will be science experiments, storytimes, puppets, and more. Children will win prizes, laugh and maybe even learn a thing or two!

Pre-registration is required.

SE161 Th Dec 7

6-7 pm

\$5 per child

CE: ECFE Rooms & Gym

**REGISTRATION
BEGINS
AUGUST 23**

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COMMUNITY CONNECTIONS



Best Buddies

Birth to 5 years

Separating with Parent Group

A class specifically for families with children on IFSP/IEPs in the STMA school district. If your child receives home visiting or attends preschool on an IEP this is your class! Family and friends try to understand the unique situations of parenting a child with special needs, but they just don't understand. Families will spend time together exploring the room and participating in group activities, then parents will have the opportunity to separate. Conversations and resources, support and laughter are the key components to parenting time. This class is FREE to all participants. Sibling care is provided for free.

F300 F Sept 15-Nov 17
No class 10/20, 11/24
10:30-11:45 am
CE: ECFE Rooms

W300 F Dec 8-Feb 23
No class 12/1, 12/22, 12/29
10:30-11:45 am
CE: ECFE Rooms

TO REGISTER FOR A CLASS



ECFE at the Library

We have joined forces with the St. Michael Library to offer classes twice per month! In an effort to promote literacy for all ages, join our staff for an ECFE class full of imagination and creativity. There will be crafts, games, songs, and of course plenty of children's books and stories.

Families are encouraged to check-out related materials and explore the library. Please be respectful of the space, no food/drink and parents are responsible for the children. FREE to all participants, if crowds exceed capacity, we may have to limit participation.

Th 10:00, starting Sept 14
No library 10/19, 11/23, 12/21, 12/28

Drop in and Play

All Ages

Non Separating

If families are not prepared for the commitment of a class or would like something extra during the week - Drop in and play is back! The classroom will be appropriate for all ages. Toys, activities, story and circle time along with the fellowship of other families in the area. Parents and children can make social connections in a casual, fun setting.

No pre-registration is necessary.
\$2 per family/\$5 Max

M & Th Starting Sept 11
No class 10/16, 10/19, 11/20, 11/23,
12/18, 12/21
8:15-9:45 am
CE: ECFE Rooms

EARLY CHILDHOOD

ECFE Dome Days

6 years and under

Non Separating

The **STMA MULTIPURPOSE FACILITY** (Dome) will be available for the littles! Children 6 and under are invited to join us for some fun open play in the dome this winter! Each day will include game equipment and space to run around and play. This is an open play opportunity but ECFE staff will be on-hand to join in the fun. Age-appropriate activities and games without the big kids around!

No pre-registration necessary.

Every other Thursday and Friday

Thursdays

Dec 7

Jan 4, 18

Feb 1, 15, 29

March 14

Fridays

Dec 15

Jan 12, 16

Feb 9, 23

Mar 8, 22 (last day)

8:15-10:15 am

\$2 per child/\$5 Max Family

HS: Multipurpose facility

ECFE Dome Nights

Ages 8 and under only.

ECFE staff will have the infatables available along with age-appropriate toys!

6-7 pm

\$5 per family

Pre-registration preferred

F Dec 15

W Jan 24

M Feb 19

More information online as dates approach

**REGISTRATION BEGINS
AUGUST 23**

stma.ce.eleyo.com



PRE-K ENRICHMENT CLASSES

All classes will include an opening activity, storytime, a lesson or activity, and a take home craft.

Dot, Dot, Dot

Ages 2-5

Inspired by the book "The Dot" by Peter Reynolds this class have fun creating crafts using a variety of items to make dots! We will also be reading the book "The Dot". Parents are expected to assist their child as needed during class.

Mrs. Anderson

328F1 S Sept 16
10:30-11:15 am
\$15 per student
STMA HS

Fine Motor Fun

Ages 2-5

Get those fingers moving and develop fine motor skills while having fun exploring a variety of stations. Make a craft using pieces of torn paper. Parents are expected to assist their child during this class.

Mrs. Anderson

328F2 S Oct 14
10:30-11:15 am
\$15 per student
STMA HS

Go Pumpkins!

Ages 2-5

Listen to some fun books about pumpkins and create a cute pumpkin craft with buttons! We will also make a special keepsake. Parents are expected to assist their child during this class.

Mrs. Anderson

328F3 S Oct 28
10:30-11:15 am
\$15 per student
STMA HS



Autumn Art

Ages 2-5

Inspired by the oldest form of printmaking. Learn how to create a fall tree using a potato stamp. Parents are expected to assist their child during this class.

Mrs. Anderson

328F4 S Nov 11
10:30-11:15 am
\$15 per student
STMA HS

Thankful Hands

Ages 2-5

Thanksgiving is the perfect time of year to learn about gratitude. Make an adorable turkey using your handprint. Parents are expected to assist their child during this class.

Mrs. Anderson

328F5 S Nov 18
10:30-11:15 am
\$15 per student
STMA HS

"Snow-Many" Crafts

Ages 2-5

Listen to stories and create a special winter inspired craft. Take home a list of many more creative ideas to stay busy inside on those cold days. Parents are expected to assist their child during this class.

Mrs. Anderson

328F6 S Dec 16
10:30-11:15 am
\$15 per student
STMA HS



FAMILY RESOURCES

Early Childhood Screening

Early Childhood Screening is a FREE service for all children. At screening, parents learn more about their child's development and can ask questions regarding concerns. Screening in early childhood supports children's readiness for kindergarten by helping identify health and developmental concerns that may cause barriers to your child's learning. Screening connects you and your child to programs and resources to support health growth and development.

State law requires all 3 to 5-year-old children in Minnesota to complete early childhood screening prior to entering kindergarten. Although your child may be screened at any time, it is best to do so between 3 and 4 years of age so any identified health or developmental concerns can be addressed sooner.

Screening includes:

vision and hearing, height and weight, immunization review, large and small muscle development, cognitive thinking, language and communication skills, social and emotional development.

If a parent is a conscientious objector to the screening program for their child, the child does not need to participate in the state screening but required forms are to be completed.

Early Childhood Screening is often called Kindergarten Screening.

Screening can now be scheduled online! Go to <https://stma.ce.eleyo.com> Select Early Childhood Screening for upcoming dates and times. Screenings are held at STMA Community Education Center in St. Michael. Contact Lindy Legatt at ecscreening@mystma.org or call 763-497-6528

Early Childhood Advisory Council

If interested in being a part of the STMA Early Childhood Advisory Council, please register online or contact Jane Helgestad at janeh@mystma.org. Meetings are held both during the day and evenings, childcare provided.

The council participates in special events, review of programming, fundraising, and legislative initiatives. This is a terrific way to meet other area families and get involved in the STMA district.



**Worried about your child's development?
Call 1-866-693-GROW (4769)**

Some young children need extra help to learn and grow

Help Me Grow provides resources for families to look at developmental milestones, to learn if there are concerns, and to take the lead in seeking additional support or in referring their child for a comprehensive, confidential screening or evaluation at no cost.

Minnesota children from birth to five-years-old, if found eligible, can receive services in their home, childcare setting or school. These services are free regardless of income or immigrant status.

Help Me Grow is an inter-agency initiative of the MN Department of Education, Department of Health and Department of Human Services, partnering with all local service agencies and you school district.

IS THERE A LITTLE KNIGHT IN YOUR HOME?

IF YOU HAVE CHILDREN NOT YET IN KINDERGARTEN, PLEASE ADD THEM TO OUR STMA CENSUS!

SCAN ME