

# FAMILY RESOURCE CENTER NEWSLETTER

Brenda Cowan & Veterans Park Elementary Schools

## WHAT IS A FAMILY RESOURCE CENTER (FRC)?

THE FRC HELPS PROVIDE ASSISTANCE AIMED AT REMOVING ANY NON-ACADEMIC BARRIERS THAT YOUR STUDENT AND/OR FAMILY MAY FACE DURING THE COURSE OF YOUR JOURNEY THROUGH SCHOOL.

THE PURPOSE OF THE FRC IS TO CREATE A COMMUNITY PARTNERSHIP THAT IS DEDICATED TO HELPING STUDENTS SUCCEED IN SCHOOL BY PROVIDING FAMILIES WITH INFORMATION AND ACCESS TO COMMUNITY SERVICES. THE FRC IS ON-SITE AT THESE SCHOOLS IN ORDER TO PROVIDE ALL CHILDREN AND THEIR FAMILIES ENROLLED AT BOTH VETERANS PARK & BRENDA COWAN WITH SERVICES.

Mrs. Love,  
FRC Coordinator



## Weekend Food Bags

An illustration of a purple and yellow food bag filled with various items including a loaf of bread, a carrot, a green leafy vegetable, a red pepper, and a banana.

THE FRC OFFERS A WEEKLY FOOD BAG PROGRAM FOR STUDENTS IN NEED. IF YOU WOULD LIKE TO REGISTER YOUR STUDENT, CONTACT MRS. LOVE (SEE CONTACT INFORMATION ABOVE). SPACE & SUPPLIES ARE LIMITED. FOOD BAGS ARE SENT HOME WITH STUDENTS ON FRIDAYS.

## Contact Information & Schedule

Brenda Cowan: Tuesday / Thursday / AM Friday  
859.381.2990 ext. 29403

Veterans Park: Monday / Wednesday / PM Friday  
859.381.3161 ext. 27265

Center Hours: 7:15 am - 2:45 pm

The FRC remains open during the summer break.

EMAIL: [NICOLE.LOVE@FAYETTE.KYSCHOOLS.US](mailto:NICOLE.LOVE@FAYETTE.KYSCHOOLS.US)

## FRC ADVISORY COUNCIL

The FRC Advisory Council meets every other month, and all are welcome to attend!

The next meeting is:

September 13th  
3:00 pm

(virtual meeting- contact Mrs. Love for the meeting link!)

Future meeting dates are:

November 15, 2023  
January 17, 2024  
March 13, 2024  
May 15, 2024

# RESOURCES OF THE MONTH

## LIL LAMBS CONSIGNMENT SALE

**lil lambs closet**

*Celebrating 30 years!*

Fall Children's Consignment Sale

**August 24-26, 2023**

Centenary Church | 2800 Tates Creek Rd., Lexington

**Public Shopping Hours:**

**THURSDAY: 5:30 pm-10:00 pm**

**FRIDAY: Noon - 5:00 pm;  
7:00pm-10:00 pm (1/2 price)**

**SATURDAY: 9:00 am - 1:00 pm (1/2 price sale)**

Infant to teen sized clothing and shoes, toys, games, nursery décor, educational items, feeding items, and more!



**VOLUNTEERS  
SHOP EARLY!**  
Sign up by scanning  
the code.



Visit us at [lillambscloset.com](http://lillambscloset.com).

SCHOOL STAFF,  
FOSTER  
FAMILIES,  
FAMILIES WITH  
ADOPTED  
CHILDREN (OR  
WHO ARE  
CARETAKERS  
OF CHILDREN),  
FIRST  
RESPONDERS  
AND HEALTH  
CARE  
PROFESSIONAL  
S, CAN SHOP  
THE SALE AT  
HALF PRICE  
EARLY ON  
FRIDAY,  
AUGUST 25TH  
AT 5:30 PM.

## Let's Learn KY

<https://letslearnky.org/>

Do you have a child ages 0-4? Check out the website above for some wonderful resources on child development and early childhood learning & activities!



## Medical Resource - Health First Bluegrass

**HEALTH FIRST™**  
BLUEGRASS

**HealthFirst Bluegrass** has several clinics located within elementary, middle and high schools in Fayette County.

**HealthFirst Bluegrass School Clinics** are full-service pediatric medical clinics that can perform:

- School physical exams & sports physicals
- Sick visits
- Immunizations
- Behavioral health services
- Oral health services
- School nursing services
- Telehealth/virtual visits

"School-based health centers represent the intersection of health and education."



Find us at [healthfirstlex.com](http://healthfirstlex.com)

HealthFirst Bluegrass School Clinics are open to all Fayette County Public School students and currently operate in the schools listed below.

**ARLINGTON**  
122 Arcene Avenue  
859-381-3750

**BOOKER T. WASHINGTON**  
707 Howard Street  
859-381-4993

**BRECKINRIDGE**  
2102 St. Mathilda Drive  
859-381-4843

**CARDINAL VALLEY**  
218 Mandalay Road  
859-831-4843

**HARRISON**  
161 Bruce Street  
859-381-4022

**MARY TODD**  
551 Parkside Drive  
859-381-3012

**TATES CREEK**  
1113 Centre Parkway  
859-381-3774

**WILLIAM WELLS BROWN**  
555 East Fifth Street  
859-381-3172

**LEXINGTON TRADITIONAL  
MAGNET**  
350 N. Limestone Street  
859-381-3203

**TATES CREEK HIGH SCHOOL**  
1111 Centre Parkway  
859-721-3000

Our **HealthFirst Bluegrass School Clinics** are staffed with Nurse Practitioners, Registered Nurses, and Therapists. Additionally, we have Behavioral Health Doctors, Nurse Practitioners, and Dentists available weekly in each school clinic.

When visiting a **HealthFirst Bluegrass School Clinic** for your child's appointment, please bring:

- Copy of your child's immunization record
- If insurance, a copy of the child's insurance card (We accept Medicaid and most private insurances.)

**Are you looking for a medical home?**

After your child is seen in a **HealthFirst Bluegrass School Clinic**, they can use our main clinic sites for medical, behavioral health, dental, and pharmacy services.

**HEALTH FIRST™**  
BLUEGRASS



"We love our school clinic. It is so convenient, and we get great care!"



Find us at [healthfirstlex.com](http://healthfirstlex.com)

**MAIN MEDICAL SITES**

**SOUTHLAND CLINIC**  
496 Southland Drive  
859-288-2425

**BRYAN STATION CLINIC**  
1640 #1 Bryan Station Rd  
859-288-2425

**AFTER HOURS NUMBER**  
859-288-2425