

2023-2024
INTERMEDIATE CROSS COUNTRY

Fri. October 20th	1 st OFFICIAL PRACTICE
Mon. October 30th	Boys: VLIS, CLIS, SCIS, CIS, LCIS, MJH, KJH Boys: BYIS, FJH, DJH, CCIS, WBIS, SIS, BIS Girls: WBIS, FJH, DJH, BYIS, CCIS, SIS, BIS Girls: CLIS, VLIS, SCIS, CIS, LCIS, MJH, KJH
Mon. November 6th	Boys: CCIS, VLIS, FJH, DJH, CLIS, KJH, WBIS Boys: LCIS, BYIS, BIS, CIS, SCIS, SIS, MJH Girls: SCIS, LCIS, BYIS, BIS, CIS, SIS, MJH Girls: FJH, CCIS, VLIS, DJH, CLIS, KJH, WBIS
Tues. November 14th	Boys: CIS, CLIS, SCIS, SIS, VLIS, WBIS, BIS
Mon. November 13th	Boys: KJH, MJH, DJH, FJH, BYIS, LCIS, CCIS Girls: MJH, KJH, DJH, FJH, BYIS, LCIS, CCIS Girls: SIS, CIS, CLIS, SCIS, VLIS, WBIS, BIS
Tues. November 28th	@ CHALLENGER COLUMBIA STADIUM
District Preview	Boys: ALL
Wed. November 29th	@ CHALLENGER COLUMBIA STADIUM
District Preview	Girls: ALL
Mon. December 4th	@ CHALLENGER COLUMBIA STADIUM
Boys District Meet	Boys: ALL
Tues. December 5th	@ CHALLENGER COLUMBIA STADIUM
Girls District Meet	Girls: ALL
	BIS, BYIS, CCIS, CLIS, CIS, LCIS, SCIS, SIS, VLIS, WBIS, McA, KJH, DJH, FJH

Host school is listed first and in BOLD

Meets Begin at 4:45 PM unless all schools are on site. Races can begin then.

Order of Races 7th then 8th