

OFFICE HOURS: 8AM-12:30PM

OCTOBER 2023

MEALS SERVED WITH 1% MILK

ROSEVILLE MEALS ON WHEELS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SWISS STEAK BAKED POTATO WITH SOUR CREAM STEAMED CARROTS CHILLED FRUIT	3 CHICKEN CORDON BLEU RICE PILAF STEAMED BROCCOLI BANANA DESSERT	4 PORK LOIN MUSHROOM/ONION GRAVY WHIPPED POTATOES CAPRI BLEND VEGETABLES CHILLED PINEAPPLE	5 BEEF LASAGNA GARLIC TOAST ITALIAN BLEND VEGETABLES CHILLED PEARS DESSERT	6 BEEF STROGANOFF EGG NOODLES CALIFORNIA BLEND VEGETABLES CHILLED PEACHES
9 SWEET & SOUR MEATBALLS BROWN RICE ASIAN VEGETABLES CHILLED PINEAPPLE FORTUNE COOKIE	10 PIZZA BURGER WITH MOZZARELLA CHEESE SEASONED POTATOES STEAMED CARROTS CHILLED MIXED FRUIT	11 CHICKEN ALA KING BUTTERY BISCUIT MASHED POTATOES STEAMED VEGETABLE CHILLED PEACHES DESSERT	12 TATOR TOT HOTDISH STEAMED CARROTS BAKED WHEAT ROLL CHILLED FRUIT	13 BEEF CHILI STEAMED CORN CHILLED PEARS WARM CORNBREAD DESSERT
16 LEMON PEPPER TILAPIA RICE PILAF CALIFORNIA BLEND VEG WHEAT ROLL FRUIT COCKTAIL	17 NATIONAL PASTA DAY BAKED PENNE STEAMED BROCCOLI FRENCH BREAD CHILLED PEARS DESSERT	18 LU'S HOMEMADE MEATLOAF MASHED POTATOES STEAMED GREEN BEANS CHILLED PEACHES	19 ALL BEEF POLISH SAUSAGE WITH SAUERKRAUT WHOLE GRAIN BUN BAKED BEANS FRESH PEAR	20 BEEF & CHICKEN BOOYA HOT VEGETABLE MANDARIN ORANGES WARM CORNBREAD DESSERT
23 CHICKEN CHOW MEIN BROWN RICE CRUNCHY NOODLES ASIAN STIR FRY VEGETABLES BANANA FORTUNE COOKIE	24 BREAKFAST FOR LUNCH ENGLISH MUFFIN WITH EGG TURKEY SAUSAGE & CHEESE BREAKFAST POTATOES CINNAMON APPLESAUCE	25 SLOPPY JOE WHOLE GRAIN BUN BAKED CHIPS STEAMED PEAS & CARROTS WARM APPLE SLICES	26 ROAST BEEF MASHED POTATOES STEAMED GREEN BEANS FRUIT COCKTAIL ROLL DESSERT	27 CHICKEN ALFREDO STEAMED GREEN BEANS MANDARIN ORANGES FRENCH BREAD DESSERT
30 BEEF & BROCCOLI BROWN RICE STEAMED CAPRI VEGETABLES CHILLED FRUIT DESSERT	31 MUSHROOM BURGER ON A WHOLE GRAIN BUN SEASONED POTATOES MIXED VEGETABLES FRESH PEAR			

Call 651 604-3524 three days in advance to add a meal or by 8:30am to cancel a meal

Menu subject to change based on product availability