SEPTEMBER 2023 ROSEVILLE MEALS ON WHEELS MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-----------------------------|---------------------------|----------------------------|--|
| Roseville Area Schools Quality Teaching & Learning for AllEquity in All We Do | | meals wheels | | BEEF LASAGNA GARLIC TOAST ITALIAN BLEND VEGETABLES CHILLED PEARS |
| 4 | 5 | 6 | 7 | 8 |
| CLOSED | CRISPY CHICKEN SANDWICH | SCALLOPED POTATOES | PEPPER STEAK | TATOR TOT HOTDISH |
| LABOR DAY HOLIDAY | ON A WHOLE GRAIN BUN | WITH DICED HAM | STEAMED BROWN RICE | STEAMED CARROTS |
| MEALS ON WHEELS | WARM 3-BEAN SALAD | STEAMED GREEN BEANS | STEAMED CAPRI VEGETABLES | CHILLED FRUIT |
| WILL NOT BE | SPICED ORANGE PEACHES | BAKED WHEAT ROLL | CINNAMON APPLESAUCE | DESSERT |
| DELIVERED | DESSERT | BANANA | FORTUNE COOKIE | |
| 11 | 12 | 13 | 14 | 15 |
| WILD RICE HOT DISH | CHICKEN POT PIE | LU'S HOMEMADE MEATLOAF | ROAST BEEF PHILLY SANDWICH | SPAGHETTI WITH MEAT SAUCE |
| STEAMED CARROTS | WARM BUTTERY BISCUIT | BAKED POTATO W/SOUR CREAM | WITH PEPPERS & ONIONS | STEAMED BROCCOLI |
| BAKED WHEAT ROLL | CALIFORNIA BLEND VEGETABLES | STEAMED GREEN BEANS | TOPPED WITH MOZZARELLA | FRENCH BREAD |
| CHILLED MIXED FRUIT | MANDARIN ORANGES | CHILLED PEACHES | STEAMED CARROTS | CHILLED PEARS |
| | | DESSERT | CHILLED PINEAPPLE | DESSERT |
| NATIONAL CHEESEBURGER DAY 18 | 19 | 20 | 21 | 22 |
| CHEESEBURGER | TURKEY TETRAZZINI | SWEDISH MEATBALLS | LEMON PEPPER TILAPIA | SALISBURY STEAK |
| ON A WHOLE GRAIN BUN | WARM CORNBREAD | EGG NOODLES | RICE PILAF | MUSHROOM/ONION GRAVY |
| ROASTED BABY REDS | STEAMED HOT VEGETABLES | STEAMED PEAS & CARROTS | CALIFORNIA BLEND VEG | MASHED POTATOES |
| BAKED BEANS | CHILLED PINEAPPLE | CHILLED MIXED FRUIT | WHEAT ROLL | MIXED VEGETABLES |
| CHILLED PEACHES | DESSERT | DESSERT | FRUIT COCKTAIL | CHILLED FRUIT |
| 25 | BEEF SLOPPY JOE 26 | | 28 | 29 |
| ITALIAN CHICKEN | | MANDARIN ORANGE CHICKEN | | BEEF STEW |
| RICE PILAF | SEASONED POTATO CUBES | BROWN RICE | STEAMED GREEN BEANS | WARM CORNBREAD |
| ROASTED VEGETABLES | STEAMED HOT VEGETABLE | ASIAN STIR-FRY VEGETABLES | FRENCH BREAD | STEAMED BROCCOLI |
| CHILLED FRUIT | BANANA | CHILLED APRICOTS | CINNAMON APPLESAUCE | CHILLED PEARS |
| | DESSERT | FORTUNE COOKIE | DESSERT | |