



Heritage/ Liberty Elementary 2023/24



MEAL PRICING:

Breakfast - Free for all
Students

Lunch Full Price - \$2.85

Reduced Priced Meals - Free

LUNCH Menu

August-December 2023

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cheese Crunchers Chicken Patty Green Beans Fresh Carrots Apple Slices Milk	Cheesy Nachos Mini Quesadilla Black Beans & Corn Tossed Salad Orange Wedges Milk	Orange Chicken Fried Rice Stir Fry Veggies Pepper Slices Mandarin Oranges Milk	Grilled Cheese Sloppy Joe Goldfish Tomato Soup Celery Sticks Fruit Slushy Milk	Pizza Steamed Peas Tossed Salad Grapes Milk Special Treat!
2	Boneless Wings French Fries Celery Sticks Pineapple Milk	Walking Taco Quesadilla Refried Beans Tossed Salad Diced Peaches Milk	Chicken Noodles Mashed Potatoes Fresh Carrots Banana Milk	Popcorn Chicken Meatball Sub Corn Cob Mandarin Oranges Milk	Pizza Green Beans Tossed Salad Watermelon Milk Special Treat!
3	Cheeseburger Spicy Chicken Smile Fries Toppings Fruit Slushy Milk	Beef Soft Taco Drumstick w/ Bosco Stick Mixed Vegetables Grapes Milk	Meatloaf BBQ Rib Mashed Potatoes Roll Dream-Sickle Fruit Milk	Chicken Nuggets Pizza Quicks Buttered Corn Cucumbers Strawberries Milk	Pizza Steamed Peas Tossed Salad Sliced Apples Milk Special Treat!
4	Chicken Tenders Pizza Calzone Green Beans Fresh Carrots Diced Peaches Milk	Loaded Totchos Mini Corn Dogs Tater Tots Pepper Slices Sunshine Salad Milk	Spaghetti Chicken Alfredo Parmesan Broccoli Grapes Milk	French Toast Sticks Sausage Links Hash brown Orange Wedges Milk	Pizza Buttered Corn Tossed Salad Pineapple Milk Special Treat!

Other Available Options on a Rotating Basis

*PB&J
Uncrustable
*Pizza on the go
Kit
*Ham & Cheese

Breakfast Menu:

Monday- Pancake
Day

Tuesday- Warm
and Tasty Waffles

Wednesday- Viking
Bakery

Thursday- Warm
and Tasty French
Toast

Friday- Donuts!

We know how to
make your day!

*Each Breakfast
comes with fruit,
juice, and milk

- To add funds to a student's meal account please visit <http://myschoolbucks.com> to set up an account and make payments. We also accept cash or checks in all our cafeterias.
- Free & reduced-price meal applications are available in the school office or on our website <https://www.k12.org>
- Any negative balances from past years that still exist are expected to be paid in full by the end of this school year.

This institution is an equal opportunity provider. Menu subject to change without notice.

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan

August 2023						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30