



LUNCH MENU – AUGUST - SEPTEMBER

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
August 28	August 29	August 30	August 31	September 01
	Pasta Bolognese or Marinara Seasonal Vegetable	Quesadilla Chicken or Cheese Mexican Rice Seasonal Vegetable	Oven Baked Breaded Tenders Chicken or Tofu Roasted Potatoes Seasonal Vegetable	Teriyaki Chicken or Tofu Jasmine Rice Seasonal Vegetable
September 04	05	06	07	08
Labor Day Holiday	Mac & Cheese <i>optional</i> Crispy Bacon Seasonal Vegetable	Burrito Beef or Bean & Cheese Seasonal Vegetable	Grilled Sandwich Cheese or Ham & Cheese Seasonal Vegetable	Fried Rice Chicken or Vegetarian Broccoli
11	12	13	14	15
Baked Pasta Italian Sausage or Vegetarian Seasonal Vegetable	Hot Dog Beef or Veggie Roasted Potatoes Seasonal Vegetable	BBQ Chicken or Tofu Corn Bread Seasonal Vegetable	Coconut Curry Chicken or Lentil Jasmine Rice Seasonal Vegetable	Tacos Beef or Bean & Cheese Pico de Gallo, Rice Seasonal Vegetable
18	19	20	21	22
Pasta Bacon Sauce or Marinara Seasonal Vegetable	Baked Potato Bar Chili, Cheddar, Sour Cream, Green Onion Seasonal Vegetable	Burger Beef or Black Bean Patty Roasted Potatoes Caesar Salad	Chile Verde Pork or Chickpeas Rice, Refried Beans Seasonal Vegetable	Pizza Cheese or Pepperoni Seasonal Vegetable
25	26	27	28	29
Pasta Chicken Pesto or Marinara Seasonal Vegetable	Pork or Vegetarian Chow Mein Seasonal Vegetable	Herb Roasted Turkey or Tofu Potatoes Seasonal Vegetable	Quesadilla Chicken or Bean & Cheese Mexican Rice Seasonal Vegetable	Oven Baked Breaded Tenders Chicken or Tofu Pasta Seasonal Vegetable

Available daily:

Organic Yogurt, Organic Seasonal Fresh Fruit; Chicken Soup and Vegetarian Soup;
Salad Bar with Seasonal Organic Lettuce, Veggies, Seeds, Legumes, Tofu and House-made Chicken Salad, or Tuna Salad
Daily Sandwich with Zoe's Turkey or Ham, and Whole Wheat Bread

*Our ingredients are sourced from organic, local, and sustainable producers whenever possible.
 Proteins are mainly sourced from Grass-fed Beef, Zoe's Meats, Mary's Chicken, and Dairy from Clover & Strauss*

A vegetarian option is always available; Gluten-Free, Dairy-Free and Vegan options are available upon request