



Responsible Decision-Making

I act in ways that are respectful and safe. I consider how my choices and decisions will affect myself and others.

- What steps do I take to know that I am making a skillful choice?
- How will this decision affect myself and others?
- How do I accept the outcomes of my choices?

Social and emotional learning (SEL) is a process through which children and adults develop the fundamental skills for life effectiveness. We need SEL skills for ourselves, our relationships, and our work. In OUSD, we believe that strengthening these skills enhances our ability to effectively and ethically connect across race, class, culture, language, gender identity, sexual orientation, learning needs, and age.



**OAKLAND UNIFIED
SCHOOL DISTRICT**
Community Schools, Thriving Students