

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees Aug Sept 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.  
 Allergen information is for entrée dishes only and does not include any condiments or side dishes.  
 Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of Aug 21, 2023		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
WG Strawberry Pop-Tart	Kellogg's	38g								X	X					
String Cheese		0g	X													GF
Cheese Galaxy Pizza	Schwans	28g	X							X	X					
BBQ Rib Sandwich	Integrated	33g								X	X	X				
Tuesday																
Whole Grain Blueberry Muffin	Dave's	39g	X	X						X	X					
Lil' Nacho Bites	Father's Table	33g	X							X						
Deli Turkey & American Hoagie	Michael B's	30g	X								X		X			
Wednesday																
Cinnamon Mini Waffles	Eggo/Kelloggs	35g	X	X						X	X					
Vegan Bean & Rice Burrito	Michael B's	44g									X				V	
Crispy Chicken Sandwich	Tyson/Shannon	42g					X			X	X		X			
Thursday																
Chocolate Filled Crescent	Pillsbury	37g	X								X					
Cheese Croissant Sandwich	Bakecrafters	29g	X							X	X					
Chicken Enchilada Empanada	Albie's	32g	X							X	X		X			
Friday																
Bagel & Light Cream Cheese	Western Bagel	34g	X								X					
Pizza Pack Lunchables	Ardellas	34g	X							X	X					
Manager's Choice							To be determined									
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees Aug Sept 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.  
 Allergen information is for entrée dishes only and does not include any condiments or side dishes.  
 Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of Aug 28, 2023		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
Mini Cinnis	GM	40g	x								x					
Cheese Calzone	Buena Vista	45g	x	?						x	x					
Macho Chili Cheese Burrito	MCI Los Cabos	35g	x							x	x	x				
Tuesday																
Chorizo Sunrise Stick	Integrated	17g	x							x	x	x				
Cheese Enchiladas w Beans	Integrated	38g	x							x						GF
Meatball Hoagie	Michael B's	32g	x	x						x	x	x	x			
Wednesday																
Banana Chocolate Chunk Benefit Bar	J&J	48g	x	x						x	x					
Stuffed Crust Jalapeno Cheesy Bites	Piazza/Wild Mike's		x								x					
Chicken Nuggets & Fries	Goldkist	37g								x	x		x			
Thursday																
Danimals Strawberry Banana Yogurt	Dannon	14g	x													GF
Rockin' Ola Cinnamon	Rockin'Ola	21g													V	GF
Grilled Cheese Sandwich	Bakecrafters	28g	x							x	x					
Pizza Nada	Bell Tasty	32g	x							x	x		x			
Friday																
Egg & Cheese Breakfast Wrap	MCI Los Cabos	18g	x	x						x	x					
Whole Grain Cheese Lasagna	Tasty Brand	38g	x							x	x					
Corn Dog	Foster Farms	30g		x						x	x		x			
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees Aug Sept 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.  
 Allergen information is for entrée dishes only and does not include any condiments or side dishes.  
 Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of Sept 4, 2023		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
No School - Holiday																
Tuesday																
Crumb Cake Square	Dave's	47g	X	X						X	X					
Pizzaboli	Tasty Brand	34g	X								X					
Chicken & Cheese Burrito	Michael B's	37g	X							X	X		X			
Wednesday																
Maple French Toast Minis	Pillsbury	37g	X	X						X	X					
No-Nut Butter, Cheese, Crunchmania		50g	X							X	X					
Pepperoni Pizza Slice	Wild Mike's	34g	X								X			X		
Thursday																
Whole Grain Banana Mini Muffin	Daves	20g	X	X						X	X					
String Cheese		0g	X													GF
Grilled Bean & Cheese Burrito	True Natural	45g	X								X					
Classic Burger on Kaiser Roll		31g	?				?			X	X					
Friday																
Pankcake & Turkey Sausage on a Stick	Don Lee Farms	22g	X	X						X	X		X			
Ciabatta Cheese Melt	ES Foods	28g	X							X	X					
Teriyaki Chicken & Brown Rice	Schwans	37g					X			X	X		X			
Items in GREEN print are meatless		? = Manufactured on equipment or contains trace amounts of this allergen														

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees Aug Sept 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.**  
**Allergen information is for entrée dishes only and does not include any condiments or side dishes.**  
**Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of Sept 11, 2023		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
<b>Monday</b>	<b>Manufacturer</b>															
Apple Breakfast Bites	Bakecrafters	38g	X	X						X	X					
French Bread Cheese Pizza	Schwans	29g	X							X	X					
Philly Steak & Cheese Pinwheel	ES Foods	32g	X							X	X	X				
<b>Tuesday</b>																
Fiesta Breakfast Calzone	Albie's	22g	X	X						X	X					
Veggie Kickin' Nuggets & Tots	Rebellyous	17+13g								X	X				V	
Buffalo Style Chicken Stuffed Sandwich	Big Daddy's	31g	X	X						X	X		X			
<b>Wednesday</b>																
Whole Grain Glazed Donut	Bakecrafters	47g	X	X						X	X					
Cheese Longboard Pizza	Ardella's	30g	X							X	X					
Berry Spinach Chicken Salad w Apple Vinaigrette w Roll		32g		?	?	?	?	?	?	X	X		X			
<b>Thursday</b>																
Egg & Salsa Breakfast Burrito	MCI Los Cabos	29g	X	X							X					
Soybutter & Strawberry Jelly Sandwich	Albie's	49g	X							X	X					
Turkey Pepperoni Calzone	Buena Vista	39g	X	?						X	X		X			
<b>Friday</b>																
Confetti Pancakes	Eggo/Kelloggs	36g	X	X						X	X					
Southwest Queso Pull-Aparts	Pillsbury	33g	X								X					
Double Dogs	Michael B's	29g								X	X		X			
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees Aug Sept 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.  
 Allergen information is for entrée dishes only and does not include any condiments or side dishes.  
 Please consult a medical professional for assistance in planning for or treating a medical condition.**

<b>Week of Sept 18, 2023</b>		<i>Carb Count</i>	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
<b>Monday</b>	<b>Manufacturer</b>															
Danimals Strawberry Yogurt	Dannon	14g	x													GF
Rockin' Ola Cinnamon	Rockin'Ola	21g													V	GF
Bean & Cheese Dip & Tortilla Chips	MCI Los Cabos	46g	x							x						
Pepperoni Pizza Sliders	Ardella's	31g	x							x	x	x		x		
<b>Tuesday</b>																
Double Chocolate Chip Muffin Top	Buena Vista	41g	x	x						x	x					
Penne Alfredo	JTM	29g	x	x							x					
Fun Fish & Fries	Highliner	46g	x					x		x	x					
<b>Wednesday</b>																
Egg & Cheese English Muffin	Bakecrafters	23g	x	x						x	x					
Teriyaki Vegan Burger	Advance Pierre	10+ 29g	?	?			x			x	x				V	
Beef Fiesta	Schwan's	31g	x	x						x	x	x				
Turkey Taco Nada	Bell Tasty	31g	x							x	x		x			
<b>Thursday</b>																
Cinnamon Roll	Shannon's	45G	x	x		?				x	x					
Cheese & Green Chile Quesadilla	Los Cabos	28g	x							x	x					
Chili Cheese Dog	Integrated	33g	x							x	x	x	x			
<b>Friday</b>																
Mini Bagels with Strawberry Cream Cheese	Pillsbury	42g	x								x					
Cheese Pizza Slice	Wild Mike's	34g	x								x					
BBQ Chicken & Aloha Roll		17g	?	?	?	?	x	?	?	x	x		x			
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													

Evergreen School District  
Child Nutrition Services  
K-8 Entrees Aug Sept 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.  
Allergen information is for entrée dishes only and does not include any condiments or side dishes.  
Please consult a medical professional for assistance in planning for or treating a medical condition.**

<b>Week of Sept 25, 2023</b>		<i>Carb Count</i>	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
<i>Monday</i>	<b>Manufacturer</b>															
Breakfast Burrito w Bacon	MCI Los Cabos	22g	x	x						x	x			x		
Brunch for Lunch (no syrup)		15+4+1	x	x						x	x					
Cheeseburger Sliders	Don Lee Farms	31g	x							x	x	x				
<i>Tuesday</i>																
Whole Grain Mini Powdered Donuts	Super Bakery	41g	x	x						x	x					
Mini Cheese Pizza Bagels	Tasty Brand	24g	x							x	x					
Beef Taco Stick	Integrated	32g	x							x	x	x				
<i>Wednesday</i>																
Pan Dulce Concha Chocolate	Artimex	33g	x	x							x					
Macaroni & Cheese	JTM	30g	x	x							x					
Mini Corn Dogs & Tater Tots	Tyson	42g								x	x		x			
<i>Thursday</i>																
Turkey Ham on a Hawaiian Bun	Integrated	27g	x							x	x		x			
Spicy Bean & Cheese Chimi Nada	Bell Tasty	43g	x							x	x					
Italian Combo Sandwich	Tasty Brand	32g	x							x	x		x			
<i>Friday</i>																
Team Cheerios Strawberry Cereal Bar	General Mills	30g									x				V	
String Cheese		0g	x													GF
Grilled Cheese Sandwich	Integrated	31g	x							x	x					
Spaghetti & Meat Sauce		51g		?						?	x	x				
Items in <span style="color: green;">GREEN</span> print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													