

Free meals continue for all students!



Evergreen is a Provision 2 District as of school year 2022-23. CNS will NOT collect or request income information from families in 2023-24. However the District may request new and transfer students complete an Education Benefit Form to help the District receive important funding.

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at:

www.myschoolbucks.com
Request a balance transfer or refund at www.eesd.org



What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**



A COMPLETE LUNCH MUST INCLUDE A 1/2 CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk \$0.75
Water \$0.75
Fruit Juice \$0.75
Whole Grain Crackers \$0.75
No credit is extended for a la carte purchases.



Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day. **NEW!** Look for this to find 100% plant based options.



NO COST
Universal Free

AUGUST & SEPTEMBER LUNCH MENU 2023

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week of: Aug 21	Galaxy Cheese Pizza (M) BBQ Rib Sandwich (B)	Lil' Nacho Bites (M) Turkey & Cheese Sandwich (T)	Vegan Bean & Rice Burrito (M) 🌿 Crispy Chicken Sandwich (C)	Cheese Croissant (M) Chicken Empanada (C)	Manager's Choice
Week of: Aug 28	Cheese Calzone (M) Macho Chili Cheese Burrito (B)	Cheese Enchilada with Pinto Beans (M) Meatball Hoagie (B)	Jalapeno Cheesy Breadstick Bites (M) 🌶️ Chicken Nuggets & Fries (C)	Grilled Cheese (M) Pizza Nada (T)	Cheese Lasagna (M) Corn Dog (C)
Week of: Sep 4		Sicilian Pizzaboli (M) Chicken & Rice Burrito (C)	No-Nut Butter, Cheese & Crunchmania (M) Pepperoni Pizza Slice (T)	Grilled Bean & Cheese Burrito (M) Classic Burger (B)	Ciabatta Cheese Melt (M) Teriyaki Chicken & Rice (C)
Week of: Sep 11	Garlic French Bread Pizza (M) Philly Beef & Cheese Pinwheel (B)	Veggie Chik' Nuggets & Fries (M) 🌿 Stuffed Buffalo Chicken Pocket (C)	Longboard Cheese Flatbread (M) Strawberry Spinach Chicken Salad (C) NEW	Soybutter & Jelly Sandwich (M) Pepperoni Calzone (T)	Southwest Cheesy Pull-Aparts (M) Double Dogs (C)
Week of: Sep 18	Bean & Cheese Dip with Tortilla Chips (M) Pepperoni Pizza Sliders (P, B)	Penne Alfredo (M) Fun Fish & Fries (F)	Teriyaki Vegan Burger (M) 🌿 Turkey Taco Pocket (T)	Cheese Quesadilla (M) Chili Cheese Dog (C, B)	Cheese Pizza Slice (M) BBQ Chicken & Aloha Roll (C)
Week of: Sep 25	🥰 Brunch for Lunch: Eggoji Waffle, Egg & Veggie Sausage (M) Cheeseburger Mini Twins (B)	Mini Cheese Bagel Pizzas (M) Beef Taco Stick (B)	Mac & Cheese (M) Mini Corn Dogs & Fries (C)	Chimi Nada (M) Italian Combo Hoagie (T)	Grilled Cheese (M) Pasta & Meat Sauce (B)



CHILD NUTRITION SERVICES
EVERGREEN SCHOOL DISTRICT

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



Important dates to remember:

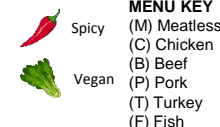


Aug 21: First day of school
Sep 4: Labor Day Holiday
Sept: Summer P-EBT benefits have been delivered. P-EBT 4.0 will be delivered by Sept. 30th.
Find out more about P-EBT at capandemic-ebt.org

Available choices to go with menu items:

Non-Fat Chocolate Milk
1% Low-Fat White Milk
100% Fruit Juice
Variety fresh & canned fruits
Variety fresh & hot veggies
Baby Carrots
Whole Grain Snacks

Menu is subject to change without notice.
This institution is an equal opportunity provider and employer.
For CalFresh information, call 1-877-847-3663.
Visit www.CaChampionsForChange.net for healthy tips.



MENU KEY
(M) Meatless
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish