

DYK LUNCH Menu Calendar Nutrient Analysis Report - Sept 2023-Jan 2024

Generated on: 5/11/2023 4:12:25 PM by Patricia Engelsgaard

Site: STEM High School, ICS Grades 9-12

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars	Added Sugars	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	Ash (g)
NW Core: SY23-24 DYK Chopsticks daily -																				
Fried Rice - SR3326 (1 1/3 c.)	30	317.05	4.36	0.68	0.00	49.45	664.28	60.08	5.14	3.88	0.00(M)	10.51	2.46	43.41	3295.50(M)	6.49(M)	0.42	374.40	184.88(M)	2.25(M)
Vegetable Lo Mein - SR3864 (1 1/3 c.)	40	342.52	1.84	0.23	0.03	0.33	892.91	69.77	3.79	18.15	16.94	10.78	3.93	17.68	3139.35(M)	2.38(M)	0.14	316.11	40.48(M)	2.02(M)
Steamed Brown Rice - SR1098 (1 c.)	30	234.38	2.07	0.00	0.00	0.00	4.05	49.63	2.76	0.00	0.00	5.51	1.38	4.05	0.00(M)	0.00(M)	0.00	148.87	104.75(M)	0.14(M)
Baked Tofu - SR2069 (2 5/8 oz.)	10	255.81	19.29	2.21	0.00	0.00	354.81	3.81	3.06	0.00	0.00	22.40	3.54	886.04	214.95(M)	0.26(M)	0.00	311.09	0.00(M)	0.88(M)
Unbreaded Chicken Strips - NWR4238 (3 oz.)	20	150.00	8.00	2.00	0.00	76.00	346.00	6.00	0.00	0.00	0.00(M)	14.00	0.00(M)	0.00(M)	(M)	(M)	0.00(M)	0.00(M)	0.00(M)	(M)
Popcorn Chicken - SR1413 (12 piece)	70	254.75	14.40	2.77	0.00	22.15	387.66	15.51	3.32	1.11	0.00	15.51	2.21	36.55	(M)	(M)	0.00	719.95	(M)	(M)
General Tso Sauce - SR1823 (2 tbsp.)	15	110.93	0.05	0.01	0.00	0.00	125.86	28.49	0.08	27.32	11.88(M)	0.05	0.20	12.51	6.80(M)	0.34(M)	0.00(M)	22.33(M)	0.19(M)	0.07(M)
Sweet and Sour Sauce - SR2022 (2 tbsp.)	75	70.00	0.00	0.00	0.00	0.00	75.00	18.00	0.00	15.00	(M)	0.00	0.00	0.00	750.00	9.00	(M)	(M)	(M)	(M)
Teriyaki Sauce - SR2025 (2 tbsp.)	10	92.82	0.35	0.27	0.04	0.27	287.82	21.76	0.10	20.24	19.93	0.59	0.12	3.32	8.58	0.27	0.04	56.94	15.48	0.82
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Sesame Carrots - SR1787 (1/2 c.)	30	130.71	9.59	1.30	0.04	0.00	357.54	10.85	3.41	6.43	2.53	1.32	0.82	52.50	16165.08(M)	2.20(M)	0.00	193.76	86.35(M)	1.07(M)
Roasted Broccoli - SR1852 (1/2 c.)	70	65.49	4.49	0.33	0.00	0.00	72.07	5.40	2.89	1.40	0.00(M)	3.00	0.62	31.81	955.38(M)	37.89(M)	0.00(M)	5.74(M)	85.76(M)	0.85(M)
DYK SY23-24 Fast Takes D5 -																				
Deli Bento Box - SR3883 (1 Box)	10	301.35	11.52	4.01	0.00	44.21	807.44	30.51	3.00	3.01	1.00(M)	20.05	1.60(M)	30.00(M)	0.00(M)	0.00(M)	0.50(M)	120.00(M)	(M)	(M)
Garden Fiesta Salad - SR3881 (1 salad)	40	226.19	9.49	5.03	0.00	30.00	641.24	24.57	6.02	5.60	0.00(M)	12.31	1.77	272.31	4214.86(M)	12.24(M)	0.20(M)	403.87(M)	46.84(M)	0.31(M)
Turkey Ham and Cheese Sub - SR3870 (1	40	287.77	10.60	4.02	0.00	53.62	703.36	32.01	3.05	6.09	4.07(M)	19.26	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	57.00	680.56	37.34	5.20	3.68	0.00	19.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3)	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	10	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	10	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
DYK SY23-24 Fast Take D2 - ServingDate:																				
Strawberry Banana Parfait - SR1737 (1	10	465.81	7.77	1.44	0.03	4.00	239.49	90.74	4.39	57.42	30.87(M)	10.35	1.21	261.72	279.30(M)	29.66(M)	3.87	593.36	46.66(M)	0.15(M)
Hearty Garden Vegetable Salad - SR3876 (1 salad)	40	180.83	6.87	2.29	0.00	92.59	271.43	20.48	4.68	6.41	0.00(M)	11.47	1.25(M)	154.11(M)	4220.82(M)	12.51(M)	0.50(M)	165.90(M)	52.78(M)	0.31(M)
American Deli Style Sub - SR3874 (1 sandwich)	40	307.41	10.58	3.52	0.00	57.91	788.92	32.51	3.05	5.58	4.07(M)	23.71	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)

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Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	57.00	680.56	37.34	5.20	3.68	0.00	19.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	10	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	10	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)	(M)
DYK SY23-24 Fast Takes D3 -																				
Classic Hummus Box - SR3878 (1 Box)	10	553.50	32.25	10.05	0.00	20.00	1015.99	44.20	7.05	2.00	1.00(M)	21.10	4.03(M)	70.50(M)	0.00(M)	0.00(M)	0.50(M)	484.49(M)	0.00(M)	0.00(M)
Crispy Chicken Salad - SR3882 (1 salad)	40	269.20	14.27	4.02	0.00	30.00	475.05	19.92	4.62	5.09	0.00(M)	16.69	2.23(M)	60.84(M)	2299.29(M)	25.76(M)	0.08(M)	563.20(M)	37.66(M)	0.19(M)
Italian Deli Style Sub - SR3873 (1 sandwich)	40	359.08	15.78	5.46	0.00	77.91	929.59	33.19	3.05	5.58	4.07(M)	23.81	1.99(M)	30.17(M)	0.00(M)	0.60(M)	0.71(M)	101.69(M)	(M)	(M)
Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	33.74	1762.91	48.61	7.52	4.38	0.00	21.27	2.93	224.37	90.36(M)	0.50(M)	0.26	746.52	0.00(M)	0.00(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Pears - SR3041 (1/2 c.)	10	57.47	0.00	0.00	0.00	0.00	4.79	15.33	1.92	11.49	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	10	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
DYK SY23-24 Fast Takes D4 -																				
FAST Salad, Chicken Caesar-USDA Diced	40	164.21	6.89	1.46	0.00	49.09	396.38	10.09	2.39	1.36	0.00	15.83	1.44(M)	102.60(M)	9923.65(M)	4.56(M)	0.00(M)	307.74(M)	120.57(M)	0.66(M)
Turkey and Cheese Sub - SR3869 (1 sandwich)	40	282.21	9.05	2.50	0.00	39.50	639.05	31.99	3.05	4.57	4.07(M)	20.60	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Crispy Chicken Wrap - SR3898 (1 wrap)	10	527.82	25.45	8.07	0.00	40.18	1157.37	56.72	8.04	8.55	1.00	20.34	2.98	230.50	671.41(M)	28.18(M)	0.18	771.47	49.89(M)	0.24(M)
Protein Power Up Box - NWR3767 (1 Box)	10	536.22	18.51	7.20	0.05	196.47	494.00	74.42	10.64	34.12	0.00(M)	19.69	2.34	272.10	5459.40(M)	12.21(M)	1.04(M)	677.08(M)	66.14(M)	0.75(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	10	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42

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Cucumber Coins - SR1013 (1/2 c.)	10	9.22	0.07	0.02	0.00	0.00	1.23	2.23	0.31	1.03	0.00	0.40	0.17	9.84	64.54	1.72	0.00	90.36	58.54	0.23
DYK SY23-24 Fast Takes D5 -																				
Deli Bento Box - SR3883 (1 Box)	10	301.35	11.52	4.01	0.00	44.21	807.44	30.51	3.00	3.01	1.00(M)	20.05	1.60(M)	30.00(M)	0.00(M)	0.00(M)	0.50(M)	120.00(M)	(M)	(M)
Garden Fiesta Salad - SR3881 (1 salad)	40	226.19	9.49	5.03	0.00	30.00	641.24	24.57	6.02	5.60	0.00(M)	12.31	1.77	272.31	4214.86(M)	12.24(M)	0.20(M)	403.87(M)	46.84(M)	0.31(M)
Turkey Ham and Cheese Sub - SR3870 (1)	40	287.77	10.60	4.02	0.00	53.62	703.36	32.01	3.05	6.09	4.07(M)	19.26	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	57.00	680.56	37.34	5.20	3.68	0.00	19.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3)	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	10	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	10	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
DYK SY23-24 Fast Takes D1 -																				
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	420.87	13.23	3.22	0.00	9.98	686.53	61.54	14.33	2.54	0.00(M)	13.81	3.47	120.08	101.88(M)	0.00(M)	0.00(M)	527.94(M)	104.21(M)	0.11(M)
Chef Salad - SR3875 (1 salad)	40	224.83	12.11	5.85	0.00	205.19	442.09	9.83	2.23	5.99	0.00(M)	20.22	1.75(M)	62.57(M)	2424.63(M)	14.17(M)	1.00(M)	180.89(M)	55.03(M)	0.27(M)
Turkey and Cheese Sub - SR3869 (1 sandwich)	40	282.21	9.05	2.50	0.00	39.50	639.05	31.99	3.05	4.57	4.07(M)	20.60	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Crispy Chicken Wrap - SR3898 (1 wrap)	10	527.82	25.45	8.07	0.00	40.18	1157.37	56.72	8.04	8.55	1.00	20.34	2.98	230.50	671.41(M)	28.18(M)	0.18	771.47	49.89(M)	0.24(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3)	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	10	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	0	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	10	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
DYK SY23-24 Fast Take D2 - ServingDate:																				
Strawberry Banana Parfait - SR1737 (1	10	465.81	7.77	1.44	0.03	4.00	239.49	90.74	4.39	57.42	30.87(M)	10.35	1.21	261.72	279.30(M)	29.66(M)	3.87	593.36	46.66(M)	0.15(M)
Hearty Garden Vegetable Salad - SR3876 (1 salad)	40	180.83	6.87	2.29	0.00	92.59	271.43	20.48	4.68	6.41	0.00(M)	11.47	1.25(M)	154.11(M)	4220.82(M)	12.51(M)	0.50(M)	165.90(M)	52.78(M)	0.31(M)
American Deli Style Sub - SR3874 (1 sandwich)	40	307.41	10.58	3.52	0.00	57.91	788.92	32.51	3.05	5.58	4.07(M)	23.71	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	57.00	680.56	37.34	5.20	3.68	0.00	19.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)

DYK LUNCH Menu Calendar Nutrient Analysis Report - Sept 2023-Jan 2024

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Site: STEM High School, ICS Grades 9-12

Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	10	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3)	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	10	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)	(M)
DYK SY23-24 Fast Takes D3 -																				
Classic Hummus Box - SR3878 (1 Box)	10	553.50	32.25	10.05	0.00	20.00	1015.99	44.20	7.05	2.00	1.00(M)	21.10	4.03(M)	70.50(M)	0.00(M)	0.00(M)	0.50(M)	484.49(M)	0.00(M)	0.00(M)
Crispy Chicken Salad - SR3882 (1 salad)	40	269.20	14.27	4.02	0.00	30.00	475.05	19.92	4.62	5.09	0.00(M)	16.69	2.23(M)	60.84(M)	2299.29(M)	25.76(M)	0.08(M)	563.20(M)	37.66(M)	0.19(M)
Italian Deli Style Sub - SR3873 (1 sandwich)	40	359.08	15.78	5.46	0.00	77.91	929.59	33.19	3.05	5.58	4.07(M)	23.81	1.99(M)	30.17(M)	0.00(M)	0.60(M)	0.71(M)	101.69(M)	(M)	(M)
Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	33.74	1762.91	48.61	7.52	4.38	0.00	21.27	2.93	224.37	90.36(M)	0.50(M)	0.26	746.52	0.00(M)	0.00(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3)	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Pears - SR3041 (1/2 c.)	10	57.47	0.00	0.00	0.00	0.00	4.79	15.33	1.92	11.49	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	10	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
DYK SY23-24 Fast Takes D4 -																				
FAST Salad, Chicken Caesar-USDA Diced	40	164.21	6.89	1.46	0.00	49.09	396.38	10.09	2.39	1.36	0.00	15.83	1.44(M)	102.60(M)	9923.65(M)	4.56(M)	0.00(M)	307.74(M)	120.57(M)	0.66(M)
Turkey and Cheese Sub - SR3869 (1 sandwich)	40	282.21	9.05	2.50	0.00	39.50	639.05	31.99	3.05	4.57	4.07(M)	20.60	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Crispy Chicken Wrap - SR3898 (1 wrap)	10	527.82	25.45	8.07	0.00	40.18	1157.37	56.72	8.04	8.55	1.00	20.34	2.98	230.50	671.41(M)	28.18(M)	0.18	771.47	49.89(M)	0.24(M)
Protein Power Up Box - NWR3767 (1 Box)	10	536.22	18.51	7.20	0.05	196.47	494.00	74.42	10.64	34.12	0.00(M)	19.69	2.34	272.10	5459.40(M)	12.21(M)	1.04(M)	677.08(M)	66.14(M)	0.75(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	10	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3)	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Cucumber Coins - SR1013 (1/2 c.)	10	9.22	0.07	0.02	0.00	0.00	1.23	2.23	0.31	1.03	0.00	0.40	0.17	9.84	64.54	1.72	0.00	90.36	58.54	0.23

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DYK SY23-24 Fast Takes D5 -																				
Deli Bento Box - SR3883 (1 Box)	10	301.35	11.52	4.01	0.00	44.21	807.44	30.51	3.00	3.01	1.00(M)	20.05	1.60(M)	30.00(M)	0.00(M)	0.00(M)	0.50(M)	120.00(M)	(M)	(M)
Garden Fiesta Salad - SR3881 (1 salad)	40	226.19	9.49	5.03	0.00	30.00	641.24	24.57	6.02	5.60	0.00(M)	12.31	1.77	272.31	4214.86(M)	12.24(M)	0.20(M)	403.87(M)	46.84(M)	0.31(M)
Turkey Ham and Cheese Sub - SR3870 (1)	40	287.77	10.60	4.02	0.00	53.62	703.36	32.01	3.05	6.09	4.07(M)	19.26	1.63(M)	10.17(M)	0.00(M)	0.00(M)	0.71(M)	101.69(M)	(M)	(M)
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	57.00	680.56	37.34	5.20	3.68	0.00	19.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	0.00	190.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.60	100.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	10	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	10	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	10	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
Core/WA: SY23-24 DYK Fast Takes D1 -																				
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	420.87	13.23	3.22	0.00	9.98	686.53	61.54	14.33	2.54	0.00(M)	13.81	3.47	120.08	101.88(M)	0.00(M)	0.00(M)	527.94(M)	104.21(M)	0.11(M)
Chef Salad - NWR4396 (1 salad)	40	267.13	16.48	7.14	0.00	221.25	466.36	8.15	2.23	5.67	0.00(M)	21.87	2.03	255.57	2424.63(M)	14.17(M)	1.20(M)	366.89(M)	55.03(M)	0.27(M)
Crispy Chicken Wrap - NWR4376 (1 wrap)	10	527.13	25.39	8.04	0.00	37.49	1151.18	56.21	8.04	8.55	1.00	20.31	2.98	225.75	671.41(M)	28.18(M)	0.18	771.85	49.89(M)	0.24(M)
Turkey & Cheese Sub Sandwich - NWR3161 (1)	40	338.85	14.55	5.82	0.00	59.06	928.10	31.04	3.27	4.42	4.07	24.08	2.31	175.41	90.36(M)	0.50(M)	0.81	357.32	(M)	(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D2 -																				
Strawberry Banana Parfait - SR1737 (1)	10	465.81	7.77	1.44	0.03	4.00	239.49	90.74	4.39	57.42	30.87(M)	10.35	1.21	261.72	279.30(M)	29.66(M)	3.87	593.36	46.66(M)	0.15(M)
Hearty Garden Vegetable Salad - SR3876 (1 salad)	40	180.83	6.87	2.29	0.00	92.59	271.43	20.48	4.68	6.41	0.00(M)	11.47	1.25(M)	154.11(M)	4220.82(M)	12.51(M)	0.50(M)	165.90(M)	52.78(M)	0.31(M)
American Sub Sandwich - NWR3156 (1 sandwich)	40	361.35	15.93	6.32	0.00	77.81	1075.60	31.04	3.27	4.42	4.07	26.83	2.56	175.41	90.36(M)	0.50(M)	0.81	477.32	(M)	(M)
Chicken Caesar Wrap - NWR1276 (1 ea.)	10	499.69	27.67	8.02	0.00	91.00	1060.56	43.34	5.20	3.68	0.00(M)	21.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D3 -																				
Classic Hummus Box - SR3878 (1 Box)	10	553.50	32.25	10.05	0.00	20.00	1015.99	44.20	7.05	2.00	1.00(M)	21.10	4.03(M)	70.50(M)	0.00(M)	0.00(M)	0.50(M)	484.49(M)	0.00(M)	0.00(M)
Crispy Chicken Salad - NWR4380 (1 salad)	40	279.20	15.77	4.52	0.00	32.50	460.05	19.42	4.62	5.09	0.00(M)	16.19	2.23	157.34	2299.29(M)	25.76(M)	0.18(M)	573.70(M)	37.66(M)	0.19(M)
Italian Sub Sandwich - NWR4382 (1 sandwich)	40	379.44	17.13	5.63	0.00	96.56	1137.79	31.68	3.05	4.07	4.07(M)	27.44	2.67	111.17	0.00(M)	0.60(M)	0.76(M)	402.52(M)	(M)	(M)
Buffalo Chicken Wrap - NWR4386 (1 wrap)	10	483.06	22.53	7.82	0.00	31.05	1756.72	48.11	7.52	4.38	0.00	21.23	2.93	219.62	90.36(M)	0.50(M)	0.26	746.89	0.00(M)	0.00(M)

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Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D4 -																				
Crispy Chicken Wrap - NWR4376 (1 wrap)	10	527.13	25.39	8.04	0.00	37.49	1151.18	56.21	8.04	8.55	1.00	20.31	2.98	225.75	671.41(M)	28.18(M)	0.18	771.85	49.89(M)	0.24(M)
Protein Power Up Box - NWR3767 (1 Box)	10	536.22	18.51	7.20	0.05	196.47	494.00	74.42	10.64	34.12	0.00(M)	19.69	2.34	272.10	5459.40(M)	12.21(M)	1.04(M)	677.08(M)	66.14(M)	0.75(M)
Chicken Caesar Salad - NWR1428 (1 salad)	40	237.72	11.80	3.46	0.00	83.09	596.03	16.76	2.39	1.36	0.00(M)	18.15	1.10(M)	103.88(M)	9923.65(M)	4.56(M)	0.00(M)	311.59(M)	107.79(M)	0.66(M)
Turkey & Cheese Sub Sandwich - NWR3161 (1)	40	338.85	14.55	5.82	0.00	59.06	928.10	31.04	3.27	4.42	4.07	24.08	2.31	175.41	90.36(M)	0.50(M)	0.81	357.32	(M)	(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D5 -																				
Turkey, Ham, & Cheese Deli Flatbread Bento Box -	10	357.98	14.92	5.03	0.00	76.36	1079.99	28.51	3.00	2.00	1.00	28.27	2.40	111.00	0.00(M)	0.00(M)	0.55	529.82	0.00(M)	0.00(M)
Fiesta Garden Salad - NWR4392 (1 salad)	40	226.19	9.49	5.03	0.00	25.00	631.24	23.57	6.02	5.60	0.00(M)	12.31	1.77	265.31	4214.86(M)	12.24(M)	0.20(M)	404.87(M)	46.84(M)	0.31(M)
Ham & Cheese Sub Sandwich - NWR3163 (1)	40	331.35	14.93	6.19	0.00	70.31	1010.60	31.04	3.27	4.42	4.07	21.83	2.53	175.41	90.36(M)	0.50(M)	0.81	432.32	(M)	(M)
Chicken Caesar Wrap - NWR1276 (1 ea.)	10	499.69	27.67	8.02	0.00	91.00	1060.56	43.34	5.20	3.68	0.00(M)	21.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D1 -																				
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	420.87	13.23	3.22	0.00	9.98	686.53	61.54	14.33	2.54	0.00(M)	13.81	3.47	120.08	101.88(M)	0.00(M)	0.00(M)	527.94(M)	104.21(M)	0.11(M)
Chef Salad - NWR4396 (1 salad)	40	267.13	16.48	7.14	0.00	221.25	466.36	8.15	2.23	5.67	0.00(M)	21.87	2.03	255.57	2424.63(M)	14.17(M)	1.20(M)	366.89(M)	55.03(M)	0.27(M)
Crispy Chicken Wrap - NWR4376 (1 wrap)	10	527.13	25.39	8.04	0.00	37.49	1151.18	56.21	8.04	8.55	1.00	20.31	2.98	225.75	671.41(M)	28.18(M)	0.18	771.85	49.89(M)	0.24(M)
Turkey & Cheese Sub Sandwich - NWR3161 (1)	40	338.85	14.55	5.82	0.00	59.06	928.10	31.04	3.27	4.42	4.07	24.08	2.31	175.41	90.36(M)	0.50(M)	0.81	357.32	(M)	(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D2 -																				
Strawberry Banana Parfait - SR1737 (1)	10	465.81	7.77	1.44	0.03	4.00	239.49	90.74	4.39	57.42	30.87(M)	10.35	1.21	261.72	279.30(M)	29.66(M)	3.87	593.36	46.66(M)	0.15(M)
Hearty Garden Vegetable Salad - SR3876 (1 salad)	40	180.83	6.87	2.29	0.00	92.59	271.43	20.48	4.68	6.41	0.00(M)	11.47	1.25(M)	154.11(M)	4220.82(M)	12.51(M)	0.50(M)	165.90(M)	52.78(M)	0.31(M)
American Sub Sandwich - NWR3156 (1 sandwich)	40	361.35	15.93	6.32	0.00	77.81	1075.60	31.04	3.27	4.42	4.07	26.83	2.56	175.41	90.36(M)	0.50(M)	0.81	477.32	(M)	(M)
Chicken Caesar Wrap - NWR1276 (1 ea.)	10	499.69	27.67	8.02	0.00	91.00	1060.56	43.34	5.20	3.68	0.00(M)	21.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D3 -																				

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Classic Hummus Box - SR3878 (1 Box)	10	553.50	32.25	10.05	0.00	20.00	1015.99	44.20	7.05	2.00	1.00(M)	21.10	4.03(M)	70.50(M)	0.00(M)	0.00(M)	0.50(M)	484.49(M)	0.00(M)	0.00(M)
Crispy Chicken Salad - NWR4380 (1 salad)	40	279.20	15.77	4.52	0.00	32.50	460.05	19.42	4.62	5.09	0.00(M)	16.19	2.23	157.34	2299.29(M)	25.76(M)	0.18(M)	573.70(M)	37.66(M)	0.19(M)
Italian Sub Sandwich - NWR4382 (1 sandwich)	40	379.44	17.13	5.63	0.00	96.56	1137.79	31.68	3.05	4.07	4.07(M)	27.44	2.67	111.17	0.00(M)	0.60(M)	0.76(M)	402.52(M)	(M)	(M)
Buffalo Chicken Wrap - NWR4386 (1 wrap)	10	483.06	22.53	7.82	0.00	31.05	1756.72	48.11	7.52	4.38	0.00	21.23	2.93	219.62	90.36(M)	0.50(M)	0.26	746.89	0.00(M)	0.00(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D4 -																				
Crispy Chicken Wrap - NWR4376 (1 wrap)	10	527.13	25.39	8.04	0.00	37.49	1151.18	56.21	8.04	8.55	1.00	20.31	2.98	225.75	671.41(M)	28.18(M)	0.18	771.85	49.89(M)	0.24(M)
Protein Power Up Box - NWR3767 (1 Box)	10	536.22	18.51	7.20	0.05	196.47	494.00	74.42	10.64	34.12	0.00(M)	19.69	2.34	272.10	5459.40(M)	12.21(M)	1.04(M)	677.08(M)	66.14(M)	0.75(M)
Chicken Caesar Salad - NWR1428 (1 salad)	40	237.72	11.80	3.46	0.00	83.09	596.03	16.76	2.39	1.36	0.00(M)	18.15	1.10(M)	103.88(M)	9923.65(M)	4.56(M)	0.00(M)	311.59(M)	107.79(M)	0.66(M)
Turkey & Cheese Sub Sandwich - NWR3161 (1)	40	338.85	14.55	5.82	0.00	59.06	928.10	31.04	3.27	4.42	4.07	24.08	2.31	175.41	90.36(M)	0.50(M)	0.81	357.32	(M)	(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Fast Takes D5 -																				
Turkey, Ham, & Cheese Deli Flatbread Bento Box -	10	357.98	14.92	5.03	0.00	76.36	1079.99	28.51	3.00	2.00	1.00	28.27	2.40	111.00	0.00(M)	0.00(M)	0.55	529.82	0.00(M)	0.00(M)
Fiesta Garden Salad - NWR4392 (1 salad)	40	226.19	9.49	5.03	0.00	25.00	631.24	23.57	6.02	5.60	0.00(M)	12.31	1.77	265.31	4214.86(M)	12.24(M)	0.20(M)	404.87(M)	46.84(M)	0.31(M)
Ham & Cheese Sub Sandwich - NWR3163 (1)	40	331.35	14.93	6.19	0.00	70.31	1010.60	31.04	3.27	4.42	4.07	21.83	2.53	175.41	90.36(M)	0.50(M)	0.81	432.32	(M)	(M)
Chicken Caesar Wrap - NWR1276 (1 ea.)	10	499.69	27.67	8.02	0.00	91.00	1060.56	43.34	5.20	3.68	0.00(M)	21.70	1.55(M)	148.80(M)	4961.83(M)	2.28(M)	0.00(M)	222.71(M)	53.90(M)	0.33(M)
Bread Roll - NWR1032 (2 roll.)	40	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
DYK SY23-24 Fiesta - ServingDate:																				
Tortilla Chips - SR1065 (1 1/2 oz.)	100	206.18	8.84	1.47	0.00	0.00	169.36	29.45	2.94	0.00	0.00	2.94	0.74	44.18	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Vegetarian Refried Beans - SR1070 (1 #16 scoop)	10	80.64	0.29	0.00	0.00	0.00	82.31	13.82	5.18	0.00	0.00	5.18	1.21	30.47	0.00(M)	0.00(M)	0.00	253.99	52.11(M)	0.06(M)
Pork Carnitas - NWR3345 (2 oz.)	10	214.05	12.37	4.19	0.00	72.00	633.03	2.41	0.57	0.90	0.00(M)	22.33	0.42(M)	10.11(M)	0.19(M)	0.70(M)	0.00(M)	51.14(M)	8.53(M)	0.70(M)
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	26.58	423.20	2.04	0.00	1.02	0.00	7.16	0.00	208.53	0.00(M)	0.00(M)	0.00	284.46	0.00(M)	(M)
Jalapeno Cheese Sauce - SR1067 (1/4 c.)	60	115.51	9.20	5.01	0.00	26.58	423.20	2.04	0.00	1.02	0.00	7.16	0.00	208.53	0.00(M)	0.00(M)	0.00	284.48	0.00(M)	(M)
Chicken Strip Filling - NWR1749 (1 1/2 oz.)	20	77.34	4.04	1.01	0.00	38.00	214.94	3.48	0.12	0.04	0.00(M)	7.08	0.10(M)	2.36(M)	0.00(M)	0.00(M)	0.00(M)	9.34(M)	0.05(M)	0.14(M)
Ground Beef Taco Filling - SR3506 (1/4 c.)	15	138.80	10.32	3.88	0.61	36.15	275.68	1.93	0.56	0.43	0.00(M)	9.08	1.32	17.45	29.66(M)	1.11(M)	0.05(M)	168.16(M)	26.91(M)	1.16(M)
Turkey Taco Filling - SR3496 (1 3/4 oz.)	25	83.32	5.08	1.02	0.00	21.34	134.13	3.05	0.00	2.03	(M)	8.13	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	75	70.64	0.35	0.02	0.00	0.00	84.80	13.73	3.57	1.18	0.03	3.95	1.17	38.07	48.34(M)	8.17(M)	0.00	276.23	34.76(M)	0.12(M)

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Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Salsa Roja - SR1081 (2 tbsp.)	50	9.05	0.04	0.01	0.00	0.00	96.29	1.85	0.39	0.46(M)	0.10(M)	0.28	0.19	9.56	163.15(M)	2.67(M)	0.00(M)	16.71(M)	4.03(M)	0.12(M)
WA: DYK SY23-24 Honor Roll D5 Fish																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Fish Patty on a Bun - NWR4244 (1 patty)	10	310.00	8.50	1.00	0.00	35.00	470.00	43.00	4.00	3.00	2.00	17.00	3.08	80.00	0.00(M)	0.00(M)	0.00	274.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D2 Hot Dog -																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Hot Dog - NWR1054 (1 serving)	10	271.50	10.61	2.53	0.00	60.75	473.25	29.01	3.00	3.00	2.00(M)	14.10	3.46	164.25	0.00(M)	0.00(M)	0.00(M)	101.99(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11

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Site: STEM High School, ICS Grades 9-12

WA: DYK SY23-24 Honor Roll D3 BBQ																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
BBQ Pulled Pork Sandwich - NWR4364 (1 sandwich)	10	348.00	11.50	4.00	0.00	72.00	980.00	32.60	3.00	6.80	6.00	28.00	2.00(M)	80.00(M)	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D4 Mush																				
Mushroom Swiss Burger - NWR4366 (1 burger)	10	391.81	21.35	7.36	0.50	57.52	492.71	29.24	3.53	3.06	2.00(M)	23.65	3.35	206.80	0.00(M)	1.12(M)	0.00(M)	104.00(M)	0.00(M)	(M)
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D5 Fish																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)

DYK LUNCH Menu Calendar Nutrient Analysis Report - Sept 2023-Jan 2024

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Site: STEM High School, ICS Grades 9-12

Fish Patty on a Bun - NWR4244 (1 patty)	10	310.00	8.50	1.00	0.00	35.00	470.00	43.00	4.00	3.00	2.00	17.00	3.08	80.00	0.00(M)	0.00(M)	0.00	274.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D1 Grill																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Grilled Cheese Sandwich - NWR1723 (1 sandwich)	10	342.25	17.20	10.13	0.00	50.63	1151.50	32.02	2.00	2.00	2.00	16.13	2.61	356.00	0.00(M)	0.00(M)	0.20	156.12	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D2 Hot Dog																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Hot Dog - NWR1054 (1 serving)	10	271.50	10.61	2.53	0.00	60.75	473.25	29.01	3.00	3.00	2.00(M)	14.10	3.46	164.25	0.00(M)	0.00(M)	0.00(M)	101.99(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)

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Site: STEM High School, ICS Grades 9-12

Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D3 BBQ																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
BBQ Pulled Pork Sandwich - NWR4364 (1 sandwich)	10	348.00	11.50	4.00	0.00	72.00	980.00	32.60	3.00	6.80	6.00	28.00	2.00(M)	80.00(M)	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D4 Mush																				
Mushroom Swiss Burger - NWR4366 (1 burger)	10	391.81	21.35	7.36	0.50	57.52	492.71	29.24	3.53	3.06	2.00(M)	23.65	3.35	206.80	0.00(M)	1.12(M)	0.00(M)	104.00(M)	0.00(M)	(M)
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)

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Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D5 Fish																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Fish Patty on a Bun - NWR4244 (1 patty)	10	310.00	8.50	1.00	0.00	35.00	470.00	43.00	4.00	3.00	2.00	17.00	3.08	80.00	0.00(M)	0.00(M)	0.00	274.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D1 Grill																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Grilled Cheese Sandwich - NWR1723 (1 sandwich)	10	342.25	17.20	10.13	0.00	50.63	1151.50	32.02	2.00	2.00	2.00	16.13	2.61	356.00	0.00(M)	0.00(M)	0.20	156.12	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)

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Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24																				
Honor Roll D2 Hot Dog -																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Hot Dog - NWR1054 (1 serving)	10	271.50	10.61	2.53	0.00	60.75	473.25	29.01	3.00	3.00	2.00(M)	14.10	3.46	164.25	0.00(M)	0.00(M)	0.00(M)	101.99(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24																				
Honor Roll D3 BBQ																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
BBQ Pulled Pork Sandwich - NWR4364 (1 sandwich)	10	348.00	11.50	4.00	0.00	72.00	980.00	32.60	3.00	6.80	6.00	28.00	2.00(M)	80.00(M)	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24																				
Honor Roll D4 Mush																				

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Mushroom Swiss Burger - NWR4366 (1 burger)	10	391.81	21.35	7.36	0.50	57.52	492.71	29.24	3.53	3.06	2.00(M)	23.65	3.35	206.80	0.00(M)	1.12(M)	0.00(M)	104.00(M)	0.00(M)	(M)
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D5 Fish																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Fish Patty on a Bun - NWR4244 (1 patty)	10	310.00	8.50	1.00	0.00	35.00	470.00	43.00	4.00	3.00	2.00	17.00	3.08	80.00	0.00(M)	0.00(M)	0.00	274.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D1 Grill																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)

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Grilled Cheese Sandwich - NWR1723 (1 sandwich)	10	342.25	17.20	10.13	0.00	50.63	1151.50	32.02	2.00	2.00	2.00	16.13	2.61	356.00	0.00(M)	0.00(M)	0.20	156.12	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D2 Hot Dog -																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Hot Dog - NWR1054 (1 serving)	10	271.50	10.61	2.53	0.00	60.75	473.25	29.01	3.00	3.00	2.00(M)	14.10	3.46	164.25	0.00(M)	0.00(M)	0.00(M)	101.99(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D3 BBQ																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
BBQ Pulled Pork Sandwich - NWR4364 (1 sandwich)	10	348.00	11.50	4.00	0.00	72.00	980.00	32.60	3.00	6.80	6.00	28.00	2.00(M)	80.00(M)	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)

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Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D4 Mush																				
Mushroom Swiss Burger - NWR4366 (1 burger)	10	391.81	21.35	7.36	0.50	57.52	492.71	29.24	3.53	3.06	2.00(M)	23.65	3.35	206.80	0.00(M)	1.12(M)	0.00(M)	104.00(M)	0.00(M)	(M)
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
WA: DYK SY23-24 Honor Roll D5 Fish																				
Cheeseburger - NWR1213 (1 burger)	25	312.78	14.53	5.77	0.50	51.33	576.44	27.25	3.00	2.00	2.00(M)	19.27	3.16	120.50	0.00(M)	0.00(M)	0.03(M)	109.06(M)	(M)	(M)
Chicken Burger - NWR1300 (1 burger)	25	380.00	15.50	2.50	0.00	25.00	640.00	43.00	6.00	3.00	2.00	20.00	3.90	110.00	0.00(M)	0.00(M)	0.10	704.00	(M)	(M)
Fish Patty on a Bun - NWR4244 (1 patty)	10	310.00	8.50	1.00	0.00	35.00	470.00	43.00	4.00	3.00	2.00	17.00	3.08	80.00	0.00(M)	0.00(M)	0.00	274.00	(M)	(M)
Hamburger - NWR1292 (1 burger)	5	290.00	12.50	4.50	0.50	45.00	460.00	27.00	3.00	2.00	2.00(M)	18.00	3.08	80.00	0.00(M)	0.00(M)	0.00(M)	104.00(M)	(M)	(M)
Spicy Chicken Burger - NWR1249 (1 burger)	30	370.00	14.50	2.50	0.00	20.00	550.00	42.00	5.00	3.00	3.00	19.00	4.00	110.00	0.00(M)	0.00(M)	0.10	804.00	(M)	(M)
Veggie Burger - NWR1631 (1 burger)	5	292.25	8.61	0.51	0.00	0.00	677.05	39.18	6.04	6.06	2.00(M)	16.15	3.83	140.90	0.00(M)	0.00(M)	0.00(M)	104.00(M)	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	5	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)

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Diced Red Onion - SR1447 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.00	0.86	2.00	0.36	0.91	0.00	0.24	0.04	4.94	0.43	1.59	0.00	31.33	19.12	0.07
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	174.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)	(M)
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	0.00	255.73	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	0.00	1.12	0.87	0.27	0.59	0.00	0.20	0.06	2.24	186.47	3.07	0.00	53.05	21.16	0.11
NW Core - SY23-24 DYK Noodles daily -																				
Whole Wheat Penne Pasta - SR1198 (1 c.)	70	201.74	3.03	0.12	0.00	0.00	416.62	38.50	4.70	1.88	0.00	6.57	1.88	6.82	0.00(M)	0.00(M)	0.00	246.44	40.61(M)	1.28(M)
Whole Wheat Spaghetti Noodles - SR1135 (1 c.)	30	192.89	3.09	0.42	0.00	0.00	422.74	39.60	5.44	1.81	0.00(M)	6.67	2.53	27.15	0.00(M)	0.00(M)	0.00(M)	2.31(M)	69.80(M)	1.29(M)
Unbreaded Chicken Strips - NWR4238 (3 oz.)	35	150.00	8.00	2.00	0.00	76.00	346.00	6.00	0.00	0.00	0.00(M)	14.00	0.00(M)	0.00(M)	(M)	(M)	0.00(M)	0.00(M)	0.00(M)	(M)
Chicken Meatballs - SR3065 (5 Meatballs)	60	176.64	10.93	3.37	0.00	58.88	201.88	5.89	0.84	0.00	0.00	14.30	0.84	26.92	0.00(M)	0.00(M)	0.00	353.28	(M)	(M)
Roasted Tuscan Vegetables - SR1442 (2 Alfredo Cheese Sauce - SR2217 (1/4 c.)	60	100.55	6.56	3.61	0.00	19.67	415.29	4.37	0.00	3.28	0.00	6.56	0.00	208.74	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Spaghetti Sauce - SR2220 (1/4 c.)	40	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	30	65.49	4.49	0.33	0.00	0.00	72.07	5.40	2.89	1.40	0.00(M)	3.00	0.62	31.81	955.38(M)	37.89(M)	0.00(M)	5.74(M)	85.76(M)	0.85(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	30	176.98	16.04	3.29	0.00	13.75	325.67	6.78	1.26	0.71	0.00	3.18	0.61	59.40	4938.81(M)	3.37(M)	0.00	167.83	55.72(M)	0.38(M)
Garlic Knot Breadstick - SR1255 (1 roll.)	50	110.63	4.05	0.22	0.00	0.00	95.85	15.02	2.17	2.03	2.00	3.23	0.96	13.22	0.00(M)	0.00(M)	0.30	66.89	0.09(M)	0.06(M)
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	25	3.33	0.25	0.17	0.00	0.83	15.00	0.17	0.00	0.00	0.00	0.17	0.00	7.17	(M)	(M)	0.00	1.67	(M)	(M)
Red Pepper Flakes - SR1554 (1/4 tsp.)	5	1.43	0.08	0.01	0.00	0.00	0.14	0.25	0.12	0.05	0.00	0.05	0.04	0.67	0.00(M)	0.00(M)	0.00	9.06	0.04	0.03
Core/WA: SY23-24 DYK Revolve W5D5 -																				
Alaskan Pollock - NWR2448 (4 Ounce serv)	100	211.86	8.07	1.01	0.00	45.40	312.74	19.17	2.02	1.01	1.01	16.14	2.02	15.13	(M)	(M)	0.00	319.81	(M)	(M)
Dinner Roll - NWR1313 (1 roll.)	50	70.00	0.50	0.00	0.00	0.00	90.00	13.00	1.00	1.00	1.00	3.00	1.00	14.00	0.00(M)	0.00(M)	1.00	48.88	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	10	85.04	7.11	0.52	0.00	0.00	14.84	4.95	2.53	1.56	0.00(M)	2.43	0.49	28.07	2343.02(M)	30.87(M)	0.00(M)	30.24(M)	76.93(M)	0.63(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	100	100.75	3.92	0.56	0.00	0.00	27.99	14.55	1.12	0.00	0.00	1.12	0.22	11.20	0.00(M)	0.00(M)	0.00	190.31	7.14(M)	(M)
Core/WA: SY23-24 DYK Revolve W1D2 -																				
Glazed Chicken Drumstick - SR2447 (1 piece)	100	248.99	15.56	3.89	0.00	140.06	497.98	3.11	0.00	0.00	0.00	24.90	1.56	14.01	0.00(M)	0.00(M)	0.00	357.92	(M)	(M)
Crispy Chicken Nuggets - SR1367 (0 nugget)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	0.00(M)	0.00(M)
Bread Roll - NWR1032 (2 roll.)	50	140.00	1.00	0.00	0.00	0.00	180.00	26.00	2.00	2.00	2.00	6.00	2.00	28.00	0.00(M)	0.00(M)	2.00	97.76	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	15	53.56	0.44	0.08	0.00	0.00	91.04	11.37	3.18	3.18	0.00(M)	2.28	0.77	26.07	4935.54(M)	4.56(M)	0.00	167.83	79.30	0.73
Core/WA: SY23-24 DYK Revolve W1D3 -																				

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Popcorn Chicken Bowl - NWR4198 (1 portion)	100	632.55	23.30	4.17	0.00	21.79	742.71	90.58	10.44	23.46	0.00(M)	24.74	2.51(M)	56.77(M)	3.76(M)	9.20(M)	0.00(M)	859.67(M)	199.49(M)	0.20(M)
Dinner Roll - NWR1313 (1 roll.)	50	70.00	0.50	0.00	0.00	0.00	90.00	13.00	1.00	1.00	1.00	3.00	1.00	14.00	0.00(M)	0.00(M)	1.00	48.88	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR2026 (1/2 c.)	50	150.00	0.00	0.00	0.00	0.00	550.00	30.00	5.00	12.00	11.00	7.00	1.90	50.00	0.00(M)	0.00(M)	0.00	380.00	(M)	(M)
Core/WA: SY23-24 DYK Revolve W1D4 -																				
Pasta with Forward Sauce - SR3133 (1 serving)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Beef Bolognese - SR1197 (2/3 c.)	100	174.36	8.01	3.30	0.00	37.94	611.36	12.45	3.42	6.68	2.50	13.70	219.80	61.36	0.00(M)	0.00(M)	0.00	643.87	0.00(M)	(M)
Whole Wheat Spaghetti Noodles - NWR4299 (1)	100	186.38	3.52	0.12	0.00	0.00	428.36	33.70	5.62	0.00	0.00(M)	5.62	0.00(M)	6.92(M)	0.00(M)	0.00(M)	0.00(M)	2.31(M)	69.80(M)	1.29(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	25	85.04	7.11	0.52	0.00	0.00	14.84	4.95	2.53	1.56	0.00(M)	2.43	0.49	28.07	2343.02(M)	30.87(M)	0.00(M)	30.24(M)	76.93(M)	0.63(M)
Core/WA: SY23-24 DYK Revolve W1D5 -																				
Chicken & Waffles - NWR3126 (1 serving)	100	330.00	17.00	3.25	0.00	27.50	620.00	29.50	3.50	2.00	0.00(M)	16.00	3.75	160.00	500.00(M)	(M)	0.10(M)	600.00(M)	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	20	162.34	7.10	1.01	0.00	0.00	192.78	25.37	1.01	7.10	0.00	1.01	0.51	30.44	0.00(M)	0.00(M)	0.00	284.10	(M)	(M)
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	82	105.00	0.00	0.00	0.00	0.00	47.50	26.00	0.00	14.50	(M)	0.00	0.01	0.50	2.75	0.01	0.00	10.50	(M)	(M)
Core/WA: SY23-24 DYK Revolve W2D1 -																				
Cheese Lasagna Rollup - SR1497 (1 roll.)	100	277.32	4.01	2.06	0.00	5.00	510.06	42.88	4.85	13.15	3.05	17.16	2.36	215.22	0.00(M)	0.00(M)	0.00	705.02	(M)	(M)
Dinner Roll - NWR1313 (1 roll.)	50	70.00	0.50	0.00	0.00	0.00	90.00	13.00	1.00	1.00	1.00	3.00	1.00	14.00	0.00(M)	0.00(M)	1.00	48.88	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Core/WA: SY23-24 DYK Revolve W2D2 -																				
Country Breakfast Sausage Patty - SR1157	100	120.00	9.00	3.00	0.00	70.00	160.00	0.00	0.00	0.00	0.00	12.00	0.80	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Buttermilk Pancakes - SR2010 (2 pancake)	100	160.00	2.00	0.33	0.00	10.00	406.67	30.67	4.00	5.33	4.00	4.00	1.33	33.33	0.00(M)	0.00(M)	0.00	153.33	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	60	123.28	1.85	0.75	0.00	0.00	30.64	27.95	2.30	24.25	10.00(M)	0.41	0.34	24.71	83.33(M)	0.00(M)	0.00(M)	168.10(M)	0.00(M)	0.26(M)
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	80	105.00	0.00	0.00	0.00	0.00	47.50	26.00	0.00	14.50	(M)	0.00	0.01	0.50	2.75	0.01	0.00	10.50	(M)	(M)
Core/WA: SY23-24 DYK Revolve W2D3 -																				
BBQ Chicken Sandwich - NWR3752 (1 ea.)	100	302.28	9.35	2.84	0.00	58.17	764.46	37.20	3.76	5.88	4.69(M)	19.00	2.03(M)	178.68(M)	0.31(M)	1.14(M)	0.00(M)	126.44(M)	18.90(M)	0.06(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	20	70.64	0.35	0.02	0.00	0.00	84.80	13.73	3.57	1.18	0.03	3.95	1.17	38.07	48.34(M)	8.17(M)	0.00	276.23	34.76(M)	0.12(M)
Core/WA: SY23-24 DYK Revolve W2D4 -																				
Baked Penne Pasta - SR3241 (1 c.)	100	392.48	14.50	6.99	0.00	35.67	1066.40	47.62	7.05	9.79	1.43	20.11	2.27	446.13	0.00(M)	0.00(M)	0.00	592.70	0.00(M)	1.06(M)

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Dinner Roll - NWR1313 (1 roll.)	50	70.00	0.50	0.00	0.00	0.00	90.00	13.00	1.00	1.00	1.00	3.00	1.00	14.00	0.00(M)	0.00(M)	1.00	48.88	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Green Beans - SR1021 (1/2 c.)	25	22.18	0.13	0.04	0.00	0.00	43.10	5.11	2.34	1.45	0.00(M)	1.18	0.53	32.84	323.23(M)	3.16(M)	0.00	124.93	74.73	0.48
Core/WA: SY23-24 DYK Revolve W2D5 -																				
Fish Po Boy - NWR4329 (1 sandwich)	100	366.25	13.12	3.28	0.00	46.51	648.87	44.30	4.56	4.82	4.82	20.67	3.28	102.33	0.00(M)	0.00(M)	0.76	350.39	0.00(M)	0.00(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Slaw - SR1612 (1/2 c.)	50	48.54	0.19	0.04	0.00	0.00	16.92	11.94	1.71	9.52	7.13	0.91	0.34	29.36	101.97(M)	23.87(M)	0.00(M)	134.74(M)	43.30(M)	0.41(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	25	53.56	0.44	0.08	0.00	0.00	91.04	11.37	3.18	3.18	0.00(M)	2.28	0.77	26.07	4935.54(M)	4.56(M)	0.00	167.83	79.30	0.73
Core/WA: SY23-24 DYK Revolve W3D1 -																				
Mozzarella Stuffed Breadsticks - SR1625 (2)	100	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	23	53.56	0.44	0.08	0.00	0.00	91.04	11.37	3.18	3.18	0.00(M)	2.28	0.77	26.07	4935.54(M)	4.56(M)	0.00	167.83	79.30	0.73
Spaghetti Sauce - SR2220 (1/2 c.)	100	64.72	0.49	0.06	0.00	0.00	259.64	13.34	2.74	7.84	2.93	2.08	1.02	33.86	0.00(M)	0.00(M)	0.00	475.93	(M)	(M)
Core/WA: SY23-24 DYK Revolve D3D2 -																				
Cheesy Ravioli - NWR4432 (8 oz.)	100	306.68	5.21	2.65	0.00	10.55	484.42	44.40	5.33	9.58	2.08	20.14	2.43	244.83	0.00(M)	0.00(M)	0.00	528.61	(M)	(M)
Dinner Roll - NWR1313 (1 roll.)	50	70.00	0.50	0.00	0.00	0.00	90.00	13.00	1.00	1.00	1.00	3.00	1.00	14.00	0.00(M)	0.00(M)	1.00	48.88	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR2026 (1/2 c.)	20	150.00	0.00	0.00	0.00	0.00	550.00	30.00	5.00	12.00	11.00	7.00	1.90	50.00	0.00(M)	0.00(M)	0.00	380.00	(M)	(M)
Core/WA: SY23-24 DYK Revolve W3D3 -																				
Crispy Orange Chicken over Brown Rice - Steamed Brown Rice - SR1098 (1/2 c.)	100	410.76	15.03	2.50	0.00	24.99	545.34	54.60	4.38	14.03	0.00(M)	16.75	2.67	33.62	5.75(M)	0.28(M)	0.10(M)	674.27(M)	52.38(M)	0.07(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	25	85.04	7.11	0.52	0.00	0.00	14.84	4.95	2.53	1.56	0.00(M)	2.43	0.49	28.07	2343.02(M)	30.87(M)	0.00(M)	30.24(M)	76.93(M)	0.63(M)
Core/WA: SY23-24 DYK Revolve W3D4 -																				
Macaroni & Cheese - NWR1988 (1 c.)	100	384.12	24.43	12.71	0.00	65.98	977.70	24.82	2.74	3.64	0.00(M)	21.08	1.28	538.91	19.93(M)	0.00(M)	0.19(M)	634.96(M)	28.91(M)	0.11(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1 c.)	25	185.35	3.25	0.28	0.00	0.00	98.48	36.24	6.55	4.96	0.00(M)	7.16	1.73(M)	42.49(M)	453.58(M)	13.24(M)	0.00(M)	549.30(M)	95.41(M)	0.56(M)
Core/WA: SY23-24 DYK Revolve W3D5 -																				
Cheddar Cheese Omelet, Papetti's, 2 oz. - SR2438	100	130.00	11.00	3.50	0.00	170.00	290.00	1.00	0.00	0.00	0.00	7.00	1.10	67.00	0.00(M)	0.00(M)	1.00	74.00	(M)	(M)
Cinnamon Breadstick - SR1455 (1 roll.)	100	93.38	1.69	0.28	0.00	0.00	102.38	15.88	2.13	3.67	3.67(M)	3.01	0.83	13.86	31.25(M)	0.00(M)	0.30(M)	53.33(M)	0.05(M)	0.02(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Tater Tot Hash - SR1848 (1/2 c.)	100	125.56	7.33	1.10	0.00	0.00	346.86	15.02	1.29	1.50	0.00	1.16	0.26	12.53	41.98(M)	9.50(M)	0.00	237.72	15.41(M)	0.16(M)
Core/WA: SY23-24 DYK Revolve W4D1 -																				
Meatball Marinara Sub - NWR3195 (1 sandwich)	100	429.47	16.90	4.93	0.00	66.47	664.98	46.62	6.50	10.08	6.31	25.54	3.25	159.24	0.00(M)	0.00(M)	0.71	819.86	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	20	53.56	0.44	0.08	0.00	0.00	91.04	11.37	3.18	3.18	0.00(M)	2.28	0.77	26.07	4935.54(M)	4.56(M)	0.00	167.83	79.30	0.73
Core/WA: SY23-24 DYK Revolve W4D2 -																				
French Toast Sticks - SR1910 (4 stick.)	100	257.36	9.90	1.49	0.00	0.00	296.95	37.61	2.97	8.91	7.92	5.94	1.98	39.59	0.00(M)	0.00(M)	0.00	148.48	(M)	(M)
Country Breakfast Sausage Patty - SR1157	100	120.00	9.00	3.00	0.00	70.00	160.00	0.00	0.00	0.00	0.00	12.00	0.80	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Golden Hash Brown Rounds - SR1984 (2	100	90.00	2.50	0.00	0.00	0.00	190.00	15.00	2.00	0.00	0.00	1.00	0.30	10.00	0.00(M)	0.00(M)	0.40	170.00	(M)	(M)
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	80	105.00	0.00	0.00	0.00	0.00	47.50	26.00	0.00	14.50	(M)	0.00	0.01	0.50	2.75	0.01	0.00	10.50	(M)	(M)
Core/WA: SY23-24 DYK Revolve W4D3 -																				
Sweet & Sour Chicken - SR2521 (5 nugget)	100	309.93	14.00	2.50	0.00	24.99	514.88	34.00	3.00	16.00	0.00(M)	14.00	1.90	29.99	750.00(M)	9.00(M)	0.10(M)	599.84(M)	0.00(M)	0.00(M)
Steamed Brown Rice - SR1098 (1/2 c.)	100	117.19	1.03	0.00	0.00	0.00	2.02	24.82	1.38	0.00	0.00	2.76	0.69	2.02	0.00(M)	0.00(M)	0.00	74.44	52.38(M)	0.07(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	30	85.04	7.11	0.52	0.00	0.00	14.84	4.95	2.53	1.56	0.00(M)	2.43	0.49	28.07	2343.02(M)	30.87(M)	0.00(M)	30.24(M)	76.93(M)	0.63(M)
Core/WA: SY23-24 DYK Revolve W4D4 -																				
Mozzarella Stuffed Breadsticks - SR1625 (2	100	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1 c.)	35	185.35	3.25	0.28	0.00	0.00	98.48	36.24	6.55	4.96	0.00(M)	7.16	1.73(M)	42.49(M)	453.58(M)	13.24(M)	0.00(M)	549.30(M)	95.41(M)	0.56(M)
Spaghetti Sauce - SR2220 (1/2 c.)	100	64.72	0.49	0.06	0.00	0.00	259.64	13.34	2.74	7.84	2.93	2.08	1.02	33.86	0.00(M)	0.00(M)	0.00	475.93	(M)	(M)
Core/WA: SY23-24 DYK Revolve W4D5 -																				
Sloppy Joe - NWR2543 (1 ea.)	100	303.14	8.72	3.06	0.00	35.56	807.44	39.28	5.56	11.88	8.72(M)	18.01	207.35	115.10	237.41(M)	9.23(M)	0.00(M)	394.62(M)	13.86(M)	0.06(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Whipped Potatoes - SR1112 (1/2 c.)	85	79.98	1.50	1.00	0.00	0.00	102.62	15.00	1.00	1.00	0.00(M)	2.00	0.23	12.92	2.61	6.38	0.00(M)	0.88(M)	84.69(M)	0.09(M)
NW Core SY23-24 DYK Offering Bar Day 5																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	6	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	15	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)

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100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	15	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
Green Salad Mix - SR3780 (1 c.)	10	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 2																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	22	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	15	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Basil Corn Salad - SR2587 (1/2 c.)	5	102.01	4.11	0.34	0.00	0.00	296.46	16.78	2.30	3.02	0.00(M)	2.32	0.58	8.92	656.16(M)	17.82(M)	0.00(M)	217.97(M)	76.38(M)	1.22(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	15	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)

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Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 3																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Pears - SR3041 (1/2 c.)	17	57.47	0.00	0.00	0.00	0.00	4.79	15.33	1.92	11.49	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	17	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	8	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)

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Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 4																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	20	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	16	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Apple Glazed Baby Carrots - SR3683 (1/2 c.)	5	58.31	0.81	0.31	0.00	0.00	68.19	12.33	2.32	8.77	1.11(M)	0.56	0.78	26.98	10480.56(M)	2.42(M)	0.00(M)	232.62(M)	2.15(M)	0.03(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chilled Corn - SR1033 (1/2 c.)	15	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	0.00	2.17	0.40	2.55	169.25	2.98	0.00	198.16	65.49	0.37
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 5																				

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Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	6	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	15	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	15	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
Green Salad Mix - SR3780 (1 c.)	10	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 1																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	7	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	6	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	13	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Kidney Beans - SR1036 (1/2 c.)	7	140.65	0.00	0.00	0.00	0.00	151.47	25.97	6.49	3.25	2.16	7.57	2.60	86.56	(M)	(M)	0.00	540.97	0.00(M)	(M)

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Green Salad Mix - SR3780 (1 c.)	18	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 2																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	22	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	15	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Basil Corn Salad - SR2587 (1/2 c.)	5	102.01	4.11	0.34	0.00	0.00	296.46	16.78	2.30	3.02	0.00(M)	2.32	0.58	8.92	656.16(M)	17.82(M)	0.00(M)	217.97(M)	76.38(M)	1.22(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	15	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)

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Site: STEM High School, ICS Grades 9-12

Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 3																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Pears - SR3041 (1/2 c.)	17	57.47	0.00	0.00	0.00	0.00	4.79	15.33	1.92	11.49	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	17	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	8	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)

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Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 4																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	20	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	16	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Apple Glazed Baby Carrots - SR3683 (1/2 c.)	5	58.31	0.81	0.31	0.00	0.00	68.19	12.33	2.32	8.77	1.11(M)	0.56	0.78	26.98	10480.56(M)	2.42(M)	0.00(M)	232.62(M)	2.15(M)	0.03(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chilled Corn - SR1033 (1/2 c.)	15	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	0.00	2.17	0.40	2.55	169.25	2.98	0.00	198.16	65.49	0.37
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 5																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	6	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)

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Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	15	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	15	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
Green Salad Mix - SR3780 (1 c.)	10	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 1																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	7	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	6	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	13	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Kidney Beans - SR1036 (1/2 c.)	7	140.65	0.00	0.00	0.00	0.00	151.47	25.97	6.49	3.25	2.16	7.57	2.60	86.56	(M)	(M)	0.00	540.97	0.00(M)	(M)
Green Salad Mix - SR3780 (1 c.)	18	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)

DYK LUNCH Menu Calendar Nutrient Analysis Report - Sept 2023-Jan 2024

Generated on: 5/11/2023 4:12:25 PM by Patricia Engelsgaard

Site: STEM High School, ICS Grades 9-12

White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 2																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	22	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	15	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Basil Corn Salad - SR2587 (1/2 c.)	5	102.01	4.11	0.34	0.00	0.00	296.46	16.78	2.30	3.02	0.00(M)	2.32	0.58	8.92	656.16(M)	17.82(M)	0.00(M)	217.97(M)	76.38(M)	1.22(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	15	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)

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Site: STEM High School, ICS Grades 9-12

Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 3																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Pears - SR3041 (1/2 c.)	17	57.47	0.00	0.00	0.00	0.00	4.79	15.33	1.92	11.49	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	17	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	8	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)

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Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 4																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	20	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	16	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Apple Glazed Baby Carrots - SR3683 (1/2 c.)	5	58.31	0.81	0.31	0.00	0.00	68.19	12.33	2.32	8.77	1.11(M)	0.56	0.78	26.98	10480.56(M)	2.42(M)	0.00(M)	232.62(M)	2.15(M)	0.03(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chilled Corn - SR1033 (1/2 c.)	15	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	0.00	2.17	0.40	2.55	169.25	2.98	0.00	198.16	65.49	0.37
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 5																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	6	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42

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Diced Peaches - SR3040 (1/2 c.)	15	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	15	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
Green Salad Mix - SR3780 (1 c.)	10	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 1																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	7	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	6	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	13	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Kidney Beans - SR1036 (1/2 c.)	7	140.65	0.00	0.00	0.00	0.00	151.47	25.97	6.49	3.25	2.16	7.57	2.60	86.56	(M)	(M)	0.00	540.97	0.00(M)	(M)
Green Salad Mix - SR3780 (1 c.)	18	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)

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Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 2																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	22	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	15	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Basil Corn Salad - SR2587 (1/2 c.)	5	102.01	4.11	0.34	0.00	0.00	296.46	16.78	2.30	3.02	0.00(M)	2.32	0.58	8.92	656.16(M)	17.82(M)	0.00(M)	217.97(M)	76.38(M)	1.22(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	15	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)

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1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 3																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	4	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Pears - SR3041 (1/2 c.)	17	57.47	0.00	0.00	0.00	0.00	4.79	15.33	1.92	11.49	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	17	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)	(M)
Green Salad Mix - SR3780 (1 c.)	8	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 4																				

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Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Unsweetened Applesauce - SR1195 (1/2 c.)	20	52.39	0.00	0.00	0.00	0.00	10.48	12.57	1.05	11.53	0.00	0.00	6.29	5.24	0.00(M)	0.00(M)	0.00	115.26	(M)	(M)
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	16	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	(M)
Apple Glazed Baby Carrots - SR3683 (1/2 c.)	5	58.31	0.81	0.31	0.00	0.00	68.19	12.33	2.32	8.77	1.11(M)	0.56	0.78	26.98	10480.56(M)	2.42(M)	0.00(M)	232.62(M)	2.15(M)	0.03(M)
Green Salad Mix - SR3780 (1 c.)	5	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chilled Corn - SR1033 (1/2 c.)	15	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	0.00	2.17	0.40	2.55	169.25	2.98	0.00	198.16	65.49	0.37
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
NW Core SY23-24 DYK Offering Bar Day 5																				
Variety of Entrees - SR2092 (1 serving)	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	6	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	0.00	1.29	0.31	5.90	75.52	10.27	0.00	422.44	(M)	(M)
Crispy Whole Apple - SR1161 (1 extra smal)	4	47.79	0.16	0.03	0.00	0.00	0.92	12.69	2.21	9.55	0.00	0.24	0.11	5.51	49.63	4.23	0.00	98.34	78.64	0.17
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28	0.42
Diced Peaches - SR3040 (1/2 c.)	15	59.04	0.00	0.00	0.00	0.00	4.92	13.78	0.98	12.79	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR2547 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	130.00	(M)	(M)

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Celery Sticks - SR1014 (6 stick.)	15	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68	0.48
Green Salad Mix - SR3780 (1 c.)	10	12.31	0.00	0.00	0.00	0.00	8.21	2.46	0.82	1.64	0.00(M)	0.82	0.30	16.42	1026.23	3.94	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Lowfat 1% White Milk - NWR2345 (1 Half Pint)	4	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	312.00	1000.00	0.00(M)	3.00	408.00	(M)	(M)
White Skim Milk - NWR2347 (1 Half Pint)	5	90.00	0.00	0.00	0.00	2.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	315.00	1000.00	0.00(M)	3.00	410.00	(M)	(M)
Chocolate Skim Milk - NWR2346 (1 Half Pint)	9	130.00	0.00	0.00	0.00	4.00	210.00	24.00	0.00	22.00	11.00	8.00	0.00	329.00	1000.00	0.00(M)	3.00	425.00	(M)	(M)
Chocolate Milk - NWR2496 (1/2 pt.)	9	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	7.00	8.00	0.00	250.00	750.00	0.00	2.00	376.00	(M)	(M)
1% Milk - NWR2497 (1/2 pt.)	5	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2842 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	(M)	13.00	0.00	12.00	(M)	8.00	0.00	250.00	750.00	(M)	(M)	(M)	(M)	(M)
1% Milk - NWR4003 (1 Carton)	5	100.00	2.50	1.50	0.00	10.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	310.00	1000.00	(M)	2.40	370.00	(M)	(M)
Nonfat Chocolate Milk - NWR2553 (1 c.)	9	130.00	0.00	0.00	0.00	5.00	160.00	23.00	0.00	23.00	11.00	8.00	0.00	294.00	750.00	0.00(M)	2.50	385.00	(M)	(M)
Skim Milk - NWR4005 (1 Carton)	5	80.00	0.00	0.00	0.00	5.00	105.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	750.00	(M)	2.50	380.00	(M)	(M)
1 % Milk - NWR2327 (8 fl. oz.)	5	100.00	2.50	1.50	0.00	15.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Chocolate Milk - NWR2328 (8 fl. oz.)	9	120.00	0.00	0.00	0.00	4.00	180.00	21.00	0.00	18.00	(M)	8.00	0.36	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Skim Milk - NWR2329 (8 fl. oz.)	5	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.00	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)	(M)
Ranch Dressing - SR1931 (1 pump)	35	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)	(M)
Mayonnaise Pump - SR1991 (1 pump)	5	53.33	5.87	1.07	0.00	5.33	45.33	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
DYK SY23-24 Upper Crust D5 Meatlovers																				
Mozzarella Stuffed Breadsticks - SR1625 (2)	15	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Hand Tossed Cheese Pizza - NWR1592 (1 slice)	40	360.50	15.33	7.12	0.00	35.59	433.00	35.41	3.71	5.60	0.80	18.74	1.92	368.99	320.00(M)	0.00(M)	0.00	374.40	0.00(M)	0.00(M)
Hand Tossed Meatlover's Pizza - NWR3210 (1)	10	407.03	19.62	7.97	0.06	54.91	652.22	35.09	3.38	5.77	0.80(M)	21.25	2.24	280.14	333.74(M)	0.10(M)	0.00(M)	459.90(M)	(M)	(M)
Hand Tossed Style Pepperoni Pizza -	35	377.83	16.93	7.72	0.00	39.59	490.33	35.51	3.71	5.60	0.80	19.54	1.92	368.99	320.00(M)	0.00(M)	0.00(M)	374.40(M)	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	35	65.49	4.49	0.33	0.00	0.00	72.07	5.40	2.89	1.40	0.00(M)	3.00	0.62	31.81	955.38(M)	37.89(M)	0.00(M)	5.74(M)	85.76(M)	0.85(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	35	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	(M)
DYK SY23-24 Upper Crust D2 Buff Chicken																				
Mozzarella Stuffed Breadsticks - SR1625 (2)	15	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Hand Tossed Style Buffalo Chicken Pizza -	10	354.76	14.54	6.03	0.00	43.98	925.71	36.22	3.54	5.71	0.80(M)	18.30	1.97(M)	275.94(M)	344.93(M)	0.47(M)	0.08(M)	403.58(M)	2.25(M)	0.02(M)
Hand Tossed Cheese Pizza - NWR1592 (1 slice)	40	360.50	15.33	7.12	0.00	35.59	433.00	35.41	3.71	5.60	0.80	18.74	1.92	368.99	320.00(M)	0.00(M)	0.00	374.40	0.00(M)	0.00(M)
Hand Tossed Style Pepperoni Pizza -	35	377.83	16.93	7.72	0.00	39.59	490.33	35.51	3.71	5.60	0.80	19.54	1.92	368.99	320.00(M)	0.00(M)	0.00(M)	374.40(M)	(M)	(M)

DYK LUNCH Menu Calendar Nutrient Analysis Report - Sept 2023-Jan 2024

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Site: STEM High School, ICS Grades 9-12

Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Green Beans - SR1144 (1/2 c.)	35	41.90	2.35	0.32	0.00	0.71	13.66	5.18	2.32	1.45	0.00(M)	1.30	0.51	38.91	323.25(M)	3.23(M)	0.00	124.89	70.63(M)	0.37(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	35	176.98	16.04	3.29	0.00	13.75	325.67	6.78	1.26	0.71	0.00	3.18	0.61	59.40	4938.81(M)	3.37(M)	0.00	167.83	55.72(M)	0.38(M)
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	(M)
DYK SY23-24 Upper Crust D3 Supreme (Big)																				
Mozzarella Stuffed Breadsticks - SR1625 (2)	15	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Hand Tossed Cheese Pizza - NWR1592 (1 slice)	40	360.50	15.33	7.12	0.00	35.59	433.00	35.41	3.71	5.60	0.80	18.74	1.92	368.99	320.00(M)	0.00(M)	0.00	374.40	0.00(M)	0.00(M)
Hand Tossed Style Pepperoni Pizza -	35	377.83	16.93	7.72	0.00	39.59	490.33	35.51	3.71	5.60	0.80	19.54	1.92	368.99	320.00(M)	0.00(M)	0.00(M)	374.40(M)	(M)	(M)
Supreme Pizza - NWR3854 (1 slice)	10	378.72	16.55	7.15	0.00	48.54	550.08	35.52	3.58	5.91	0.80	20.66	2.11	312.71	347.63(M)	6.21(M)	0.00(M)	477.32(M)	9.67(M)	0.04(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	35	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Crispy Panko Broccoli and Cauliflower - SR1227 (1/2)	35	117.06	9.12	1.22	0.01	2.86	74.45	8.23	2.22	2.23	0.00(M)	2.44	1.26	80.58	113.76(M)	31.75(M)	0.00(M)	195.74(M)	29.66(M)	0.38(M)
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	(M)
DYK SY23-24 Upper Crust D4 Hawaiian (Big)																				
Mozzarella Stuffed Breadsticks - SR1625 (2)	15	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Hand Tossed Cheese Pizza - NWR1592 (1 slice)	40	360.50	15.33	7.12	0.00	35.59	433.00	35.41	3.71	5.60	0.80	18.74	1.92	368.99	320.00(M)	0.00(M)	0.00	374.40	0.00(M)	0.00(M)
Hand Tossed Hawaiian Pizza - NWR3208 (1)	10	365.08	15.07	6.74	0.00	41.56	472.60	36.51	3.62	6.87	0.80	19.43	2.02	332.82	320.00(M)	0.00(M)	0.00	445.04	(M)	(M)
Hand Tossed Style Pepperoni Pizza -	35	377.83	16.93	7.72	0.00	39.59	490.33	35.51	3.71	5.60	0.80	19.54	1.92	368.99	320.00(M)	0.00(M)	0.00(M)	374.40(M)	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Green Beans - SR1144 (1/2 c.)	35	41.90	2.35	0.32	0.00	0.71	13.66	5.18	2.32	1.45	0.00(M)	1.30	0.51	38.91	323.25(M)	3.23(M)	0.00	124.89	70.63(M)	0.37(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	35	176.98	16.04	3.29	0.00	13.75	325.67	6.78	1.26	0.71	0.00	3.18	0.61	59.40	4938.81(M)	3.37(M)	0.00	167.83	55.72(M)	0.38(M)
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	(M)
DYK SY23-24 Upper Crust D1 It Sausage																				
Mozzarella Stuffed Breadsticks - SR1625 (2)	15	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	(M)
Hand Tossed Cheese Pizza - NWR1592 (1 slice)	40	360.50	15.33	7.12	0.00	35.59	433.00	35.41	3.71	5.60	0.80	18.74	1.92	368.99	320.00(M)	0.00(M)	0.00	374.40	0.00(M)	0.00(M)
Hand Tossed Style Pepperoni Pizza -	35	377.83	16.93	7.72	0.00	39.59	490.33	35.51	3.71	5.60	0.80	19.54	1.92	368.99	320.00(M)	0.00(M)	0.00(M)	374.40(M)	(M)	(M)
Hand Tossed Style Sausage Pizza - NWR1591	10	434.09	21.60	9.26	0.11	49.62	633.96	36.49	4.06	5.94	0.80(M)	21.98	2.24	383.67	347.48(M)	0.21(M)	0.00(M)	374.40(M)	(M)	(M)
Thrive Bar - SR2452 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	35	65.49	4.49	0.33	0.00	0.00	72.07	5.40	2.89	1.40	0.00(M)	3.00	0.62	31.81	955.38(M)	37.89(M)	0.00(M)	5.74(M)	85.76(M)	0.85(M)
Iceburg Lettuce Mix - NWR1305 (1 c.)	35	12.50	0.00	0.00	0.00	0.00	8.33	2.50	0.83	0.83	(M)	0.83	0.60	16.67	3333.33	2.00	(M)	(M)	(M)	(M)
Spaghetti Sauce - SR2220 (1/4 c.)	15	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	(M)