

EVERYDAY SELECTS

DAILY SPECIALS

M	NO SCHOOL
T	Cheese Stuffed Breadsticks & Spaghetti Sauce(v) Choice of Pizza: Cheese(v) Pepperoni Buffalo Chicken
W	Nachos: Bean & Cheese(v) Taco Beef & Cheese Taco Turkey & Cheese
TH	Cheese Stuffed Breadsticks & Spaghetti Sauce(v) or Choice of Pizza: Cheese(v) Pepperoni Hawaiian
F	Classic Burgers & Fries: Vegetarian Chicken Spicy Chicken Beef Po'Boy Fishstick Sub



PLANT-BASED, VEGETARIAN, NATURAL & MORE... ALL THE INGREDIENTS YOU LOVE!

MON
NO SCHOOL

SUPER FOODS

DAILY SPECIALS

M	NO SCHOOL
T	Italian Style Subs, Wraps, and Flats
W	American Style Subs, Wraps, and Flats
TH	Italian Style Subs, Wraps, and Flats
F	American Style Subs, Wraps, and Flats

TUES
Iceberg & Cabbage Salad
Basil Corn Salad
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Apples

WED
Iceberg & Cabbage Salad
Baby Carrots
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Apples

GLOBAL FLAVORS

DAILY SPECIALS

Comfort Bowls

M	NO SCHOOL
T	Korean Comfort: Rice or Noodle Bowl with Baked Tofu(v) or Teriyaki Chicken with Spicy Asian Vegetables
W	American Comfort: Chicken with Mashed Potato, Chicken Gravy, Rolls, & Low Country Green Beans
TH	Italian Comfort: Chicken Meatball or Tuscan Vegetable with Cannellini(v), Sauce, & Parmesan Green Beans
F	Mediterranean Comfort: Herbed Rice with Lemon Turkey or Roasted Chickpeas(v), Toppings, Summer Squash

THURS
Iceberg & Cabbage Salad
Corn
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Apples

FAST TAKES

DAILY SPECIALS

NEW ITEMS! Fiesta Dip Box(v) | Hummus & Flatbread(v) | Protein PowerUp Box | Deli Bento Box

M	NO SCHOOL
T	Strawberry Banana Parfait(v) Hearty Garden Veg Salad American Sub Chicken Caesar Wrap
W	Classic Hummus Box with Flatbread(v) Crispy Chicken Salad Italian Sub Buffalo Chicken Wrap
TH	PowerUp Box Chicken Caesar Salad Turkey & Cheese Sub Crispy Chicken Wrap
F	Deli Bento Box Garden Fiesta Salad(v) Turkey Ham & Cheese Sub Chicken Caesar Wrap

FRI
Iceberg & Cabbage Salad
Celery Sticks
Fresh Fruits & Veggies
Canned Fruits & Veggies
FRESH PICK! Apples



Apples
This institution is an equal opportunity provider. Additional nutrition information available upon request.

WHOLE GRAINS SUPPORT HEALTHY BRAINS!

SEPTEMBER IS NATIONAL WHOLE GRAINS MONTH
This month, try and add more servings of whole grains to your diet. Whole grains benefit your heart, digestive health and more!

