LUNCH MENU

Middle Schools, ICS, & STEM September 4th - 8th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SEPTEMBER IS NATIONAL WHOLE GRAINS MONTH



WELCOME -



MONDAY NO SCHOOL

TUESDAY Fiesta Nachos with Vegetarian Option

WEDNESDAY Spice House with Vegetarian Option

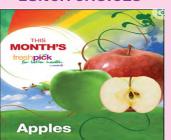
THURSDAY Fiesta Nachos with Vegetarian Option

FRIDAY Noodle Bowl with Vegetarian Option



Garden Greens plus a variety of Fresh & Canned Fruits & Vegetables. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk offered with all meals.

THRIVE SIDES OFFERED DAILY WITH **LUNCH CHOICES**



Daily Classic Grill Fare with Fries

Vegetarian Burger WG Chicken Patty Burger Spicy WG Chicken Patty Burger Hamburger Cheeseburger



NO SCHOOL MONDAY

TUESDAY Turkey Hot Dog

WEDNESDAY BBQ Pulled Pork Sandwich

THURSDAY Roasted Mushroom Swiss Burger

Fishstick Po' Boy Sub **FRIDAY**



Every Day Choices

Cheese Stuffed Breadsticks with Spaghetti Sauce(v) Cheese Pizza Slice(v) Pepperoni Pizza Slice

NO SCHOOL MONDAY

Buffalo Chicken Pizza **TUESDAY**

Supreme Pizza **WEDNESDAY**

THURSDAY Hawaiian Pizza

Meatlover's Pizza **FRIDAY**



NEW! for Your Lunch Selection

Fiesta Dip Box(v) Classic Hummus with Flatbread(v) Protein PowerUp Box Deli Bento Box with Flatbread

MONDAY NO SCHOOL

Strawberry Banana Parfait Cup(v) **TUESDAY** Hearty Garden Veg Salad with Rolls

American Sub Chicken Caesar Wrap

Classic Hummus Box with Flatbread(v) WEDNESDAY

Crispy WG Chicken Salad with Rolls

Italian Sub

Buffalo Chicken Wrap

Protein PowerUp Box **THURSDAY**

Chicken Caesar Salad with Rolls

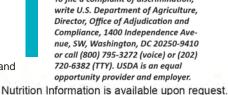
Turkey & Cheese Sub Crispy WG Chicken Wrap

Deli Bento Box with Flatbread **FRIDAY** Garden Fiesta Salad(v) with Rolls

(Turkey) Ham & Cheese Sub Chicken Caesar Wrap

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opportunity provider and employer.







MONDAY

NO SCHOOL

TUESDAY

Glazed Chicken Drumstick with Rolls and Mixed

WG Chicken & Potato Bowl with Gravy and Roll.

Pasta with Meat Sauce and Rolls. Offered with

Offered with Vegetarian Baked Beans

Roasted Broccoli & Carrots

WEDNESDAY

THURSDAY

FRIDAY

WG Chicken & Waffles with Sweet Potato Fries and

Syrup