

FALL SPORTS



Keefe Regional Technical School Fall Sports Information for 2023

Regular Sports Practice

High school sports meet Monday through Friday, every week, from 2:00 pm to 4:50 pm during the school year. Late bus transportation is provided for athletes every weekday at 5:00 pm to all towns in the district. Practices, games and scrimmages may be scheduled on Saturdays. Game schedules are provided to all participants and can be found on the Keefe Tech website: <https://www.keefetech.org>

Physical Exams

All fall athletes must present a copy of a physical exam completed after November 2022 in order to participate. All new students must have a physical exam from their own doctor. No player will be allowed to practice without an updated physical exam from a doctor. There are no exceptions.

SPORT SPECIFIC INFORMATION

Boys' Soccer

Preseason camp begins Monday, August 21st from 8:00 am to 12:00 pm. Please email Head Coach Kevin Kramer at kkramer@jpkeefehs.org for more details.

Boys Cross Country

Preseason camp begins Friday, August 25rd, at 2:15 pm. Everyone will meet in the gym lobby. We are excited for this season! Please email Head Coach Jeff Beling at jbeling@jpkeefehs.org if you have any questions.

Girls Cross Country

Preseason camp begins Friday, August 25rd, at 2:15 pm. Everyone will meet in the gym lobby. We are excited for this season! Please email Head Coach Jeff Beling at jbeling@jpkeefehs.org if you have any questions.

Football

Helmet distribution will take place on Thursday, August 17th at 3:00 pm. The first practice will take place Friday, August 18th at 2:00 pm. Please email Coach Marini at dmarini@jpkeefehs.org if you have any questions. Looking forward to a great season!

Cheerleading

Cheerleading practice will start on Monday, August 21st and will be from 10:00 am -12:00 pm at the East Side Room side of the building. All cheerleaders should bring emergency contact information, a copy of their current physical, any medications they may need, and water. Please wear shorts, t-shirt and sneakers. Hair must be up and no jewelry should be worn. Contact Coach Jenn Graham at JGraham@jpkeefehs.org for more details.

Girls' Volleyball

Practice will begin on Tuesday, August 22th and will be from 9:00 am -11:00 am in the gymnasium. Please email Head Coach Matt Warren at mwarren@jpkeefehs.org for more details.

Golf

Practice will begin on Monday, August 28th, at 2:15 pm. Everyone will meet in the gym lobby. Please email Head Coach Bart van Luling at bvanluling@jpkeefehs.org for more details.

Girls Soccer

Practice will begin on Monday, August 21st from 9:00 am to 12:00 pm. All players must bring shorts, t-shirt and cleats. The team will meet at the gym side of the building outside of the locker rooms. Please email Head Coach Molly Dee at Mdee@jpkeefehs.org for more details.