

Owatonna Elementary Schools

This institution is an equal opportunity provider

SEPT 2023

BREAKFAST MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 items, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Breakfast: \$2.25

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4

5

6

7

8

NO SCHOOL

NO SCHOOL K-8

NO SCHOOL K-5

Cereal Bowl
Juice Cup
Fruit Bowl

Breakfast Bar
Applesauce Cup
Dried Fruit

11

12

13

14

15

Cereal Bowl
Applesauce Cup
Dried Fruit

Goldfish Grahams
Yogurt Cup
Juice Cup
Fruit Bowl

Mini Bagel
Blended Fruit Cup
Fresh Fruit

Breakfast Round
Cheese Stick
Juice Cup
Fruit Bowl

Cinnamon Roll
Applesauce Cup
Dried Fruit

18

19

20

21

22

Breakfast Bar
Applesauce Cup
Dried Fruit

Annie's Bunny Grahams
Yogurt Cup
Juice Cup
Fruit Bowl

Frudel
Blended Fruit Cup
Fresh Fruit

Cereal Bowl
Cheese Stick
Juice Cup
Fruit Bowl

Cinnamon Swirl Bread
Applesauce Cup
Dried Fruit

25

26

27

28

29

Cereal Bowl
Applesauce Cup
Dried Fruit

Scooby Doo Crackers
Yogurt Cup
Juice Cup
Fruit Bowl

Mini Cinnis
Blended Fruit Cup
Fresh Fruit

Blueberry Lemon Bites
Cheese Stick
Juice Cup
Fruit Bowl

Chocolate Chip Muffin
Applesauce Cup
Dried Fruit