



# 2023 - 24 Des Plaines School District 62 Snack Menu



✓ Our Snack Choices are all Whole Grain Rich!

✓ Our Juice has no added sugars!

Monday	Tuesday	Wednesday	Thursday	Friday
Pretzel Goldfish Fruit Punch	Cheez-it Crackers Apple Juice	Chocolate Graham Bears Fruit Punch	Cinnamon Crispy Bites Apple Juice	Cheddar Goldfish Fruit Punch

**Each Snack contains a Whole Grain  
Rich finger food and 100% Juice with  
no added sugar.**

**Arbor Management, Inc. is pleased to be the food service provider to School District 62.**

**We welcome your comments and suggestions. Chris Roberts, Food Service Director  
@ 847-789-5630**



#### Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*~Arbor Management~*

**Make Choices for a Healthy Lifestyle!**



For more  
information or to  
"Ask the Dietitian",  
check out our website!

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.