### Senior School WEEK 5 (SEPTEMBER 25—October 1)

Gluten free options are available daily.

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<tr>
<th>Monday</th>
<th>Tuesday</th>
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<th>Saturday</th>
<th>Sunday</th>
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<tbody>
<tr>
<td><strong>Day Breakers</strong></td>
<td><strong>Main Plate</strong></td>
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<tr>
<td>NATIONAL QUESADILLA DAY</td>
<td>Waffle Bar, Egg white Spinach &amp; Mushroom Bake</td>
<td>Omelet Station, Chocolate Bread Pudding or Breakfast Quesadilla</td>
<td>Omelet Station, Banana Bread French Toast</td>
<td>Waffle Bar, Egg &amp; Cheese Burrito</td>
<td>Omelet Station, Berry &amp; Lemon Curd Crepes</td>
<td>Waffle Bar, Coconut French Toast or Eggs Benedict</td>
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<td>Omelet Station, Chocolate Bread Pudding or Breakfast Quesadilla</td>
<td>Potato Pancakes, Maple Sausage</td>
<td>Assorted Cold Cereals, Fruit &amp; Yogurt Bar</td>
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<td>Breakfast Potatoes, Pepper Bacon</td>
<td>Tater Tots, Maple Sausage</td>
<td>Breakfast Potatoes, Sausage</td>
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<td>Breakfast Potatoes, Bacon</td>
<td>Assorted Cold Cereals, Fruit &amp; Yogurt Bar</td>
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**50 States 50 Sammies**
- The Big Pastrami (Massachusetts) or Ricotta Tomato Pizza Noodles
- Roasted Cauliflower, Vegetable Medley
- Chicken Parmesan or Tuscan Vegetable Pasta Bake
- Confetti Couscous or Yellow Squash, Vegetable Medley
- Orange Soy Glazed Cod or Vegetable Lo Mein
- Fried Rice or Sugar Snap Peas, Vegetable Medley
- Pepperoni & Mushroom Pizza or Cheese Pizza
- Roasted Tomato Rice Pilaf or Broccoli, Vegetable Medley

**Evening Main Plate**
- Buffalo Chicken Quesadilla or Pasta Pomodoro, Garlic Bread
- Snap Peas, Vegetable Medley
- Root Beer BBQ Chicken or Stuffed Portobello, Sweet Potato Fries
- Green Beans & Tomatoes, Vegetable Medley
- Beef Kafta or Wild Mushroom Crepes, Quinoa
- Braised Cabbage, Vegetable Medley
- Fried Chicken or Cheese Tortellini, Sweet Potato Casserole
- Kickin’ Collar Greens, Vegetable Medley
- Stuffed Chicken Breast or Lentil Meatloaf, Smashed Redskin
- Sauteed Kale & Apples, Vegetable Medley
- Philly Cheese Steak or Buffalo Cauliflower Wrap, Garlic Cheddar Potatoes
- Steamed Cauliflower, Vegetable Medley

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