

* items may be made vegetarian upon request
MENUS ARE SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
	29 STUDENT CHOICE DAY *Chicken Tenders or Pierogies Mac n Cheese Roasted Zucchini	30 Meatballs Casserole or Vegetarian "Chicken" Caprese Pasta Marinara Steamed Broccoli	31 General Tso's Chicken or Vegetable Stir Fry Steamed Rice Vegetable Medley	1 NATIONAL GYRO DAY! Greek Gyro or Vegetable Quiche Rosemary Potatoes Green Beans
4  HAPPY Labor Day ACADEMY CLOSED	5 Popcorn chicken Vegetarian Sloppy Joe Roasted Potatoes Roasted Squash	6 BBQ Pulled Pork or Vegetarian Tacos Vegan Loaded Potato Salad Roasted Broccoli	7 National Salami Day! Salami Mazza or Vegetarian meatballs Tomato Basil Faro Cauliflower	8 Buffalo Chicken Pizza or Cheese Pizza Ranch Potato Chips Sweet Green Peas
11 Chicken Fajitas or Tofu Fajitas Mexican Rice Aztec Corn	12 Smoked Turkey Panini Spinach, Red Pepper & Feta Quiche Waffle Fries Garlic Green Beans	13 Carolina Beef Brisket or French Bread Pizza Mac n Cheese Sautéed Spinach	14 Korean BBQ Chicken or Pita Pizza Sticky Rice Steamed Broccoli	15 NATIONAL CHEESE TOAST DAY! Grilled Cheese Sandwich or Asian Tuna Wrap Sweet Potato Tots Glazed Carrots
18 NATIONAL CHEESEBURGER DAY! Cheeseburger or Caprese Garden Burger Potato Wedges Corn on the cobb	19 Roast Beef & Cheddar Melt Vegetable Lasagna Fiesta Potatoes Roasted Cauliflower	20 Jerk Chicken or Cheese Ravioli, Pesto Cream Jasmine Rice Sautéed Zucchini	21 Ham & Cheese Pretzel or Roasted Vegetable Quesadilla Waffle Fries Lemon Asparagus	22 Baked Ziti or Potato Crusted Cod Mushroom Quinoa Green Beans
25 Yom KIPPUR ACADEMY CLOSED	26 Maple Ham & Swiss Panini Ricotta Tomato Pizza Noodles Roasted Cauliflower	27 Chicken Parmesan or Tuscan Vegetable Pasta Bake Confetti Couscous Yellow Squash	28 Orange Soy Glazed Cod or Vegetable Lo Mein Fried Rice Sugar Snap Peas	29 Pepperoni & Mushroom Pizza or Cheese Pizza Roasted Tomato Pilaf Broccoli