

# *Guntersville City Schools*

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## PHYSICAL EXAMINATION REQUIREMENTS FOR PARTICIPATION IN ATHLETICS AND CHEERLEADING

The Board of Education recognizes the value of an athletic program both to individuals and to the school system. For this reason, the Board will make reasonable efforts to maintain a high quality program that emphasized personal development and integrity of individual participants. The Board recognizes that student participation in athletics and cheerleading is voluntary and hereby decrees that all participants shall adhere to policies established by the superintendent, the principal, the athletic director, and the coaches.

Prior to opening practice, each student participant in cheerleading and athletics shall purchase student accident insurance as approved by the school or provide an insurance waiver that will be provided by the school. Proof of purchase shall be recorded by the coach and submitted to the school secretary and the athletic director for his examination and filing.

The Board recognizes that drugs are a problem in the community and also realized that the use of drugs is not only illegal but also makes coaching of an individual who is taking drugs very difficult. The use of drugs also might affect the student's ability to perform in athletics and therefore would subject the student to increased risk of injury. Prior to opening practice, each student participant in athletics and cheerleading shall undergo a physical examination by a licensed physician as a pre-requisite to participating.

Effective with the 2001-2002 school year, a random drug testing policy will be implemented. A company specializing in drug testing management will conduct all tests and evaluations on school campus. Should the results of this test be positive, such participant will be ineligible to practice or participate in any extra-curricular activities. Such participant shall have 30 days, at his or her expense, to submit a negative test result to the athletic director. All reevaluations must be conducted by the drug testing management company or approved by the athletic director. In cases where a negative test is not submitted, participant will be ineligible for all athletics for the remainder of the school year.

Test results will be sent to the athletic director and parents and students will then be informed of any positive results. A meeting will be held to inform the parents of the results of the test and a list will be provided of sources in the community where the student may receive counseling or other help should the family desire. Any cost of such therapy or rehabilitation will be borne by the family and not the Board.

Precautions shall be taken to assure that specimens drawn from individuals are true specimens of that individual. Results of the tests shall remain confidential and will not be entered into the student's permanent record.

The athletic director shall approve a set of requirements and rules for participating in each sport or activity, which shall be signed by each participant and his/her parent or guardian. Included in the written notice shall be the requirements for insurance, physical examinations, and drug tests.

Refusal of participants or parent/guardian to sign and return said notice shall render the student ineligible for participation in a sport or athletic activity.

Any time there is probable cause to believe that a student participant has been using illegal drugs; he/she shall be required to undergo the approved drug test. The procedure stated above will be followed if test results are positive.

Refusal to be tested shall render the person ineligible for further participation in any sport. To regain eligibility, an approved physician must submit a negative drug test to the athletic director.

After refusal of test, a person will be required to submit a negative drug test prior to practicing or participating in any athletic or cheerleading event in the future. The athletic director must approve the test facility.

In cases where a student tests positive for a 2<sup>nd</sup> time, they will be suspended from all athletics or cheerleading for one calendar year from the date of the results. Third violation of drug policy will result in permanent removal from all athletics or cheerleading.

This procedure will be strictly random and it is possible for participants to be selected more than once in any give time.

This consent form will remain in form until the student graduates or gives up eligibility in athletic programs of the Guntersville City Schools.

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Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

I AM FULLY AWARE OF THE POLICY ON HEALTH REQUIREMENTS FOR PARTICIPATION IN ATHLETICS AND CHEERLEADING, AND CONSENT TO DRUG TESTING AS PART OF THE REQUIREMENTS THERIN.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

-OR-

I DO NOT CONSENT TO DRUG TESTING AND THEREBY REALIZE THAT, UNDER BOARD POLICY, I/MY CHILD WILL BE INELIGIBLE TO PARTICIPATE IN ATHLETICS/CHEERLEADING ACTIVITIES AT THIS TIME.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_