

DELPHOS CITY SCHOOLS PRE-SCHOOL & ELEMENTARY | 2023-2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH – As an alternative entree a PB&J or Deli Sandwich is offered daily.					
MENU #1	Popcorn Chicken/Roll Peas Fresh Veggie Mandarin Oranges Milk	Hotdogs/WG Bun Baked Beans Peach Cup Fresh Fruit Milk	Turkey Hot Shot Mashed Potatoes/ Gravy Fresh Veggie Applesauce/Milk	Nachos/Salsa Refried Beans Pears Fresh Fruit Milk	Pizza Ripper/Marinara Salad Fresh Veggie Pineapple Milk
MENU #2	Chicken Tenders French Fries Fresh Veggie Fruit Sidekick Milk	BBQ Rib/WG Bun Smiley Potatoes Strawberry Cup Fresh Fruit Milk	Rotini/Garlic Bread Salad Fresh Veggie Mandarin Oranges Milk	Pizza Peas Peach Cup Fresh Fruit Milk	Sub Sandwich Corn Fresh Veggie Applesauce Milk
MENU #3	Calzones Salad Fresh Veggie Pears Milk	Macaroni & Cheese Green Beans Peach Cup Fresh Fruit Milk	Salisbury Steak/Roll Mashed Potatoes/Gravy Fresh Veggie Pineapple Milk	Tacos/Assorted Topping Refried Beans Fruit Sidekick Fresh Fruit Milk	Cheese Breadstick/ Marinara Green Beans Fresh Veggie Strawberry Cup/Milk
MENU #4	Chicken Patty/WG Bun Tater Tots Fresh Veggie Mandarin Oranges Milk	Ravioli Salad Peach Cup Fresh Fruit Milk	Cheeseburger/WG Bun French Fries Fresh Veggie Applesauce Milk	Corn Dogs Baked Beans Pears Fresh Fruit Milk	Pizza Corn Fresh Veggie Pineapple Milk
MENU #5	Chicken Nuggets Green Beans Fresh Veggie Fruit Sidekick Milk	Mozzarella Sticks Marinara Peas Strawberry Cup Fresh Fruit/Milk	Spaghetti/Garlic Bread Salad Fresh Veggie Mandarin Oranges Milk	Pretzel/Cheese Sauce Broccoli Peach Cup Fresh Fruit Milk	COOK'S CHOICE

LUNCH PRICES
(includes milk)

PreSchool	\$1.40
Elementary	\$2.75
Middle	\$3.00
High	\$3.00
Adult	\$3.50
Reduced	\$.40
Extra Milk	\$.25

Milk: 1% White or Fat Free Chocolate

BREAKFAST
OFFERED DAILY:
No breakfast on delay days

- Choice of:
- WG Pop Tarts
 - WG CiniMini
 - WG Donut
 - WG Muffin
 - WG Krispy Treat
- Fresh Fruit
100% Juice
Milk

WG = Whole Grain

Delphos City Schools
www.delphoscitieschools.org

- Delphos City Schools Food Service Program is committed to serving healthy nutritious meals daily.
- Delphos City Schools Food Service Program participates in the National School Lunch Program. The meal consists of 5 components: a protein, a grain, a fruit, a vegetable and milk. Students MUST select 3 of the 5 components, one of which must be either a fruit or vegetable.
- Delphos City Schools Food Service Program cannot guarantee the absence of trace amounts of potential allergens not listed on the food labels for sensitive individuals.

- Parents are encouraged to pre-pay for lunches on the LINQ Connect portal LINQconnect.com (free and reduced meal applications are also available on the portal).
- Parents will be notified of any negative lunch balances and may result in your child being served an alternate meal.

• Menus are subject to change due to availability of foods or unplanned school closings. An alternate menu will be offered during lent.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

AUGUST 2023	SEPTEMBER 2023	OCTOBER 2023	NOVEMBER 2023	DECEMBER 2023	JANUARY 2024	FEBRUARY 2024	MARCH 2024	APRIL 2024	MAY 2024
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1 2	1 2 3 4 5 6	1 2 3	1 2	1 2 3 4 5 6	1 2 3 4
6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	4 5 6 7 8 9 10	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	11 12 13 14 15 16 17	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	18 19 20 21 22 23 24	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	31 25 26 27 28 29 30	28 29 30 31	25 26 27 28 29	31 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31

This Institution is an equal opportunity provider and employer.