

Psychology Course Curriculum

Aligned to the National Standards for High School Psychology Curricula (2011)

<http://www.apa.org/education/k12/psychology-curricula.pdf>

People Types

Goal: Students will discover Preferences in our personalities.

→ Myers-Briggs Type Indicator

Chapter 1- What is psychology?

Goal: Students will learn develop knowledge surrounding the subject of psychology.

→ Psychologists vs. Psychiatrists

→ Historical approach to psychology

Chapter 3 - Brain and Behavior

Goal: Students will learn the parts of the brain, nervous system, and their functions

→ Neuron, Nervous system, Brain structures

Chapter 4 - Sensation and Perception

Goal: Students will increase their knowledge of the five senses and their connection to the brain.

→ Gestalt, Bottom Up vs. Top Down Processing

Chapter 5 - Consciousness/Sleep and Dreaming

Goal: Students will gain information on the brain's impact on sleeping and dreaming.

→ Stages (NREM vs REM)

→ Sleep Disorders

Chapter 6 - Learning

Goal: Students will develop an understanding of how humans learn.

→ Classical, Operant, Observational Learning

→ Pavlov, Skinner, Bandura

Chapter 7- Memory

Goal: Students will gain strategies to increase their memory.

→ Encode, Storage, Retrieval

Chapter 8 - Intelligence

Goal: Students will learn the principle of multiple intelligences.

→ Gardner

Chapter 11- Personality

Goal: Students will increase their knowledge of how our personalities develop.

→ Theories (Freud, Rogers, Skinner, Allport)

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Chapter 13 - Social Psychology

Goal: Students will develop awareness of the psychological impact of human interaction.

- Eating Disorders
- Asch, Milgram, Zimbardo experiments

Chapter 14 - Stress and Health psychology

Goal: Students will learn the components of stress and how to avoid it.

- Approach-Avoidance Conflicts

Chapter 15 - Psychological Disorders

Goal: Students will learn various mental disorders such as schizophrenia and multiple personalities.

- Evaluation of disorders and treatments

Resources: Textbook: Psychology, Laura King © 2010 with Google Classroom platform, Twitter feeds and iPad Apps.