



Gordon School Menu

Monday 09/04

Tuesday 09/05

Wednesday 09/06

Thursday 09/07

Friday 09/08

Lunch



		<ul style="list-style-type: none"> ● Chicken Noodle Soup ● Creamy Tomato-Basil Soup 	<ul style="list-style-type: none"> ● Beef Noodle Soup ● Tuscan Tortellini Soup 	<ul style="list-style-type: none"> ● Turkey and Rice Soup ● Italian Vegetable Soup
		<ul style="list-style-type: none"> ●●● Build-Your-Own Caesar Salad ● Italian Pasta Salad ● Israeli Tomato and Cucumber Salad ● Watermelon 	<ul style="list-style-type: none"> ●●● Build-Your-Own Caesar Salad ● Italian Pasta Salad ● Israeli Tomato and Cucumber Salad ● Honeydew 	<ul style="list-style-type: none"> ●●● Build-Your-Own Caesar Salad ● Italian Pasta Salad ● Israeli Tomato and Cucumber Salad ● Assorted Fresh-Cut Fruit
		<ul style="list-style-type: none"> ● California Grilled Vegetable Sandwich ● Sunflower Seed Butter and Jelly Whole Grain Sandwich ● Havarti Cheese ● Whole Wheat Pasta Salad ● Sun-Dried Tomato Hummus 	<ul style="list-style-type: none"> ● Roast Beef and Boursin® Croissant Sandwich ● Sunflower Seed Butter and Jelly Whole Grain Sandwich ● Herbed Boursin® Cheese ● Egg Salad ● Hummus 	<ul style="list-style-type: none"> ● Roast Beef and Boursin® Croissant Sandwich ● Sunflower Seed Butter and Jelly Whole Grain Sandwich ● Herbed Boursin® Cheese ● Egg Salad ● Hummus
		<p>Free Style™</p> <ul style="list-style-type: none"> ● Honey-Ginger Chicken Thighs ● Steamed Sugar Snap Peas ● Steamed Basmati Rice 	<p>Free Style™</p> <ul style="list-style-type: none"> ● Turkey Bolognese over Pasta (GF) ● Steamed Broccolini ● Sautéed Vegetable Medley 	<p>Pacific Thyme</p> <ul style="list-style-type: none"> ● Teriyaki Tori Niku (Authentic Chicken Teriyaki) ● White Rice ● Steamed Bok Choy
		<ul style="list-style-type: none"> ● Beef Tacos ● Curried Spinach and Tofu ● Steamed Basmati Rice ● Vegetable Medley with Sesame Oil 	<ul style="list-style-type: none"> ● Sausage Cacciatore ● Buffalo Tofu ● Roasted Potatoes ● Sautéed Vegetable Medley 	<ul style="list-style-type: none"> ● House-Made Chicken Parm ● Vegan "Chicken" Parmesan with Marinara ● Penne with Tomato, Basil, and Mozzarella ● Grilled Zucchini and Yellow Squash
				<ul style="list-style-type: none"> ● Banana Bread

Snack



		<ul style="list-style-type: none"> ● House-Made Coconut-Cranberry Sports Bar 	<ul style="list-style-type: none"> ● Hummus ● Carrot Sticks 	<ul style="list-style-type: none"> ● String Cheese
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Gordon School Menu

Monday 09/11

Tuesday 09/12

Wednesday 09/13

Thursday 09/14

Friday 09/15

Lunch



- Summer Vegetable Soup
- Garden Vegetable and Garbanzo Bean Soup

- House-Roasted Turkey and Brown Rice Soup
- Lentil Vegetable Soup

- Beef and Macaroni Soup
- Loaded Baked Potato Soup

- Chicken and Orzo Soup
- Pasta e Fagioli Soup

- New England Clam Chowder
- Tuscan Vegetable and Ditalini Soup



- Build-Your-Own Wedge Salad
- Macaroni Salad
- Street Corn Salad
- Watermelon

- Build-Your-Own Wedge Salad
- Macaroni Salad
- Street Corn Salad
- Seedless Red Grapes

- Build-Your-Own Wedge Salad
- Macaroni Salad
- Street Corn Salad
- Pineapple

- Build-Your-Own Wedge Salad
- Pesto Pasta Salad
- Tomato, Cucumber, and Feta Salad
- Cantaloupe

- Build-Your-Own Wedge Salad
- Pesto Pasta Salad
- Tomato, Cucumber, and Feta Salad
- Assorted Fresh-Cut Fruit



- Vegetarian Southwest Black Bean Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Gouda Cheese
- Southwestern Pasta Salad
- Kalamata Olive Hummus

- Vegetarian Southwest Black Bean Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Gouda Cheese
- Southwestern Pasta Salad
- Kalamata Olive Hummus

- Vegetarian Southwest Black Bean Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Gouda Cheese
- Southwestern Pasta Salad
- Kalamata Olive Hummus

- Portobello and Roasted Red Pepper Sandwich
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Pepper Jack Cheese
- Red Potato Salad
- White Bean Hummus

- Portobello and Roasted Red Pepper Sandwich
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Pepper Jack Cheese
- Red Potato Salad
- White Bean Hummus



- Vegitas®
- Grilled Tofu with Tomato Chutney
 - Mujaddara Hamra (Syrian Lentil and Bulgur Pilaf)
 - Roasted Cauliflower

- Free Style™
- Rotisserie-Style Roasted Chicken
 - Cajun Red Beans and Brown Rice
 - Garlic Vegetable Medley

- Free Style™
- Shepherd's Pie (GF)
 - Rice Pilaf
 - Oven-Roasted Baby Carrots

- Vegitas®
- Adobong Sitaw with Tofu (Adobo Tofu)
 - Coconut Lime Rice
 - Steamed Broccolini

- Vegitas®
- Grilled Tofu with Tomato Chutney
 - Mujaddara Hamra (Syrian Lentil and Bulgur Pilaf)
 - Roasted Cauliflower



- Broccoli-Cheddar Quiche
- Vegetable and Soba Noodle Stir-Fry
- Brown Rice
- Szechuan Cauliflower Stir-Fry

- Hamburgers
- Black Bean Burgers
- Potato Chips
- Roasted Brussels Sprouts

- Grilled Chicken Breast
- Cajun Tofu
- Jasmine Sticky Rice
- Spaghetti Squash with Cherry Tomatoes

- Baked Ziti with Meatballs
- Ziti
- Marinara Sauce
- Steamed Broccolini

- Roman-Style Cheese Pizza
- Roman-Style Pepperoni Pizza
- Mujaddara Hamra (Syrian Lentil and Bulgur Pilaf)
- Honey-Glazed Carrots



- Brownies

Snack



- House-Made Chocolate Chip Sports Bar

- Muddy Buddies (GF)

- Black Bean Dip
- Bell Peppers

- Vanilla Greek Yogurt Cup

- Edamame Hummus
- Cucumbers

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Gordon School Menu

Monday 09/18

Tuesday 09/19

Wednesday 09/20

Thursday 09/21

Friday 09/22

Lunch



- Roasted Red Pepper and Eggplant Soup
- Minestrone Soup (GF)

- Chorizo and Kale Soup
- Mac & Cheese Soup

- Avgolemono (Greek Lemon Chicken Soup)
- Miso Soup

- White Bean and Italian Sausage Soup
- Roasted Tomato Soup

- Newport-Style Clam Chowder
- Southwestern Black Bean Soup



- Build-Your-Own Mandarin Orange Spinach Salad
- Loaded Baked Potato Salad
- Spiced Tabbouleh
- Kiwi

- Build-Your-Own Mandarin Orange Spinach Salad
- Loaded Baked Potato Salad
- Spiced Tabbouleh
- Cantaloupe

- Build-Your-Own Mandarin Orange Spinach Salad
- Loaded Baked Potato Salad
- Spiced Tabbouleh
- Seedless Green Grapes

- Build-Your-Own Mandarin Orange Spinach Salad
- Loaded Baked Potato Salad
- Green Bean and Tomato Salad
- Honeydew

- Build-Your-Own Mandarin Orange Spinach Salad
- Loaded Baked Potato Salad
- Green Bean and Tomato Salad
- Assorted Fresh-Cut Fruit



- Caprese Sandwich on Ciabatta
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- White Cheddar Cheese
- Honey-Cilantro Coleslaw
- Roasted Red Pepper Hummus

- Caprese Sandwich on Ciabatta
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- White Cheddar Cheese
- Honey-Cilantro Coleslaw
- Roasted Red Pepper Hummus

- Whole Wheat Chicken Caesar Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Havarti Cheese
- Caprese Pasta Salad
- Avocado Hummus

- Whole Wheat Chicken Caesar Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Havarti Cheese
- Caprese Pasta Salad
- Avocado Hummus

- Whole Wheat Chicken Caesar Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Havarti Cheese
- Caprese Pasta Salad
- Avocado Hummus



- Vegitas®
- Jamaican Jerk Tofu with Pepper and Onion
- Fusilli with Sweet Peppers
- Roasted Brussels Sprouts

- Performance Spotlight
- Sautéed Vegetable Medley
- House-Roasted Chicken Breast
- Cheddar Grits

- Crossroads
- BBQ Chicken Breast Sandwich
- Roasted Ranch Potato Wedges
- Seasoned Broccoli

- Free Style™
- Sautéed Spinach
- Sazón Grilled Chicken Breast
- Fiesta Rice

- Crossroads
- Edamame Succotash
- Breaded Catfish Po' Boys
- Tater Tots



- Cheese Quesadillas
- Polenta with Green Chiles
- Italian Lentils and Barley
- Steamed Green Beans

- Meatball Sub
- Spinach and Gruyere Quiche
- Roasted Yukon Gold Potato Wedges
- Steamed Zucchini

- Buffalo Chicken Mac & Cheese
- Mac & Cheese
- Mac & Cheese (GF)
- Steamed Mixed Vegetables

- House-Made General Tso's Chicken
- General Tso's Chicken (GF)
- General Tso's Tofu with Vegetables
- Sticky Rice
- Steamed Corn

- BBQ Pulled Pork Sandwich
- Vegan BBQ Seitan Cutlets
- Spicy Sweet Potato Wedges
- Steamed Cauliflower



- Berry Blast Cake

Snack



- Bell Peppers
- House-Made Guacamole Salsa

- Carrot Sticks
- Ranch Dressing

- Club Crackers
- Cheddar Cheese

- Pita Chips
- Hummus

- Assorted Grapes

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Gordon School Menu

Monday 09/25

Tuesday 09/26

Wednesday 09/27

Thursday 09/28

Friday 09/29

Lunch



- Italian Sausage, Tomato, and Orzo Soup
- French Onion Soup (GF)

- Chicken Noodle Soup
- White Bean and Summer Vegetable Soup

- Pesto Tortellini and Vegetable Soup
- Corn Chowder

- New England Clam Chowder
- Vegetable Rice Soup



- ● ● Build-Your-Own Fall Harvest Salad
- Bell Pepper and Tomato Salad
- Israeli Couscous Salad
- Cantaloupe

- ● ● Build-Your-Own Fall Harvest Salad
- Bell Pepper and Tomato Salad
- Israeli Couscous Salad
- Pineapple

- ● ● Build-Your-Own Fall Harvest Salad
- Bell Pepper and Tomato Salad
- Quinoa, Butternut, and Cranberry Salad
- Watermelon

- ● ● Build-Your-Own Fall Harvest Salad
- Bell Pepper and Tomato Salad
- Quinoa, Butternut, and Cranberry Salad
- Assorted Fresh-Cut Fruit



- Asparagus, Squash, and Bell Pepper Wrap
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Swiss Cheese
- Gazpacho Pasta Salad
- Garlic Hummus

- Buffalo Chicken Sandwich
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Provolone Cheese
- Mediterranean Orzo Salad
- Hummus

- Buffalo Chicken Sandwich
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Provolone Cheese
- Mediterranean Orzo Salad
- Hummus

- Buffalo Chicken Sandwich
- Sunflower Seed Butter and Jelly Whole Grain Sandwich
- Provolone Cheese
- Mediterranean Orzo Salad
- Hummus



- Free Style™
- Steamed Sugar Snap Peas
 - Turkey Sloppy Joe Meat
 - Top Allergen-Free Hamburger Bun
 - Potato Chips

- Mangia! Mangia!
- Pasta Alfredo with Chicken and Broccoli
 - Penne
 - Garlic-Sautéed Swiss Chard

- Free Style™
- Braised Beef Pizzaiola
 - Brown Rice
 - Sautéed Zucchini and Roasted Red Peppers

- Mangia! Mangia!
- Cheese Pizza
 - Pepperoni Pizza
 - Vegetable Lover's Pizza
 - Steamed Peas and Corn



- Baked Chicken Bites
- Black Bean Cakes with Cilantro-Jalapeño Sauce
- Cheese and Broccoli Quinoa
- Orange-Glazed Baby Carrots

- Dry-Rubbed Barbecue Beef Brisket
- Tofu Cacciatore
- Buttered Egg Noodles
- Steamed Green Beans

- Herb-Roasted Chicken Drumsticks
- Broccoli-Cheddar Strudel
- Cajun Red Beans and Brown Rice
- Roasted Vegetables

- Fish Sandwich with Tartar Sauce
- Chickpea and Roasted Red Pepper Sliders
- Cajun Rice
- Oven-Roasted Baby Carrots



- Chocolate Chip Cookies

Snack



- Mixed Berry Parfait with Granola

- Grape and Cheese Cup

- Bagel Chips
- Cream Cheese

- Assorted Fresh Whole Fruit

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