



EMPLOYEE BENEFIT GUIDE

July 1, 2023 – June 30, 2024

IMPORTANT INFORMATION ENCLOSED

Benefits Overview

Saint Martin Parish School Board recognizes the importance of providing quality benefits at reasonable costs to all employees, and we have worked very hard in putting together an attractive package of benefit offerings to try to meet all your needs.

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The purpose of this Benefit Guide is to give you basic information about your benefits options and how to enroll for coverage or make changes to existing coverage. This guide is only a summary of your choices and does not fully describe each benefit option. Please refer to your Certificates of Coverage provided by your health plan carriers for important additional information about the plans. Every effort has been made to make the information accurate; however, in the case of any discrepancy, the provisions of the legal documents will govern.

Medical Coverage is administered by UMR utilizing Premium Choice Plus and UHC Choice Plus Provider Networks.

Prescription Drug Coverage is administered by Southern Scripts.

Flexible Spending Account managed through DBS. Employees can use pre-tax dollars to pay for qualified medical expenses.

Dental Coverage is arranged through United Healthcare. This plan covers preventive, basic, and major dental services as well as orthodontia for dependent children up to age 19.

Vision Coverage is arranged through United Healthcare. This plan covers eye exams and eyeglasses or contact lenses.

Employer Paid Group Life Coverage is arranged by Voya. This coverage is provided to employees and retirees enrolled in the medical plan (age restrictions apply).

Voluntary Life & AD&D Coverage is arranged by Voya.

Disability Coverage is arranged by United Healthcare. Both Short- and Long-term policies are available.

Group Worksite Plans Accident, Hospital Indemnity, Critical Illness, and Short-Term Disability plans are offered through Aflac.

Universal Life Plans are offered through Transamerica. These individual life plans include a long-term care rider.

Individual Cancer Policy Individual cancer policies are available through Aflac.

403B Plan Offered through Voya. This is a voluntary variable annuity plan.



Welcome!

Saint Martin Parish School Board recognizes the importance of providing a comprehensive benefits program to all our benefit eligible employees and their dependents.

Eligibility

Board Members, Bus Drivers, Bus Attendants and all active employees paid at the end of the month regular payroll working 30+ hours are eligible for benefits the 1st of the month following 30 days of employment. For some benefits, you can also enroll your eligible dependents, which include:

- Legal spouse.
- Children by birth, adoption, or legal ruling, up to age 26 regardless of student, marital, military or employment status
- Children who are disabled, live with you, and depend on you for support.

By law, Section 125 Cafeteria Plan coverage elections must remain in effect until 6/30/2024, unless there is a qualifying event.

St. Martin Parish School Board maintains an IRS section 125 Cafeteria plan. This section 125 plan allows certain fringe benefits to be deducted pre-tax (before federal and state taxes are calculated). Not all benefits are available on a pre-tax basis. Benefits that are pre-tax or non-pre-tax cannot be revoked or changed unless there is a **qualifying event** as defined by the IRS.

Qualified Status Changes

If you have an eligible change in status, you may make certain changes to your benefit coverage. Eligible changes in status include:

- » Marriage
- » Divorce
- » Death of a spouse or dependent
- » Loss or gain of dependent's eligibility
- » Loss or gain of a spouse's or dependent's medical, dental, or vision coverage through another employer

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The intent of this information is to provide you with general guidelines regarding the Department of Labor required notices related to your current employee health plan(s). It does not necessarily fully address all of your specific issues. It should not be construed as, nor is it intended to provide, legal advice. Questions regarding specific issues should be addressed by your general counsel or an attorney who specializes in this practice area.

Enrolling in Benefits

➤ Dependent Eligibility Verification

Employees that add a new dependent(s) to their health benefit plan during open enrollment period and throughout the benefit plan year as a result of a Qualifying Event will be required to provide verification of their newly enrolled dependent(s).

➤ New Hire Enrollments

New Employees are required to go online within (30) days of hire. Once you have made your final decisions about your benefits for 2023, you can log in to the online enrollment system and make your elections. Even if you do not want to enroll in any of the benefits, you must log in and decline coverage.

➤ Qualifying Event Enrollments

Employees must contact the Group Benefits Department within (30) days of the qualified event. You will be required to submit proof of the qualified event and complete a change form for the change(s) to be processed.

How to Enroll



Eligible employees enroll via the online enrollment system website below:

Website: <https://enroll.benefitsconnect.net/mysmps>

- **Username:** the first 6 letters of your last name (or your entire last name if six letters or less), the first letter of your first name, followed by the last 4 of your SSN (social security number).
 - Example: John Johnson, xxx-xx-1234 Username would be johnsoj1234
- **Password:** the first time you log in, the password will be your SSN (no spaces or dashes). You will be given the opportunity to change your password after you log in the first time.

If you need assistance logging in or have questions, please reach out to our Brown & Brown representative Stacey Bienvenu at 337-266-5695 or email Stacey.Bienvenu@bbrown.com or Caroline Domingue at 337-266-5608 or email Caroline.Domingue@bbrown.com.

Even if you do not want to enroll in any of the benefits:


- New Hires: you must log into the system and decline the coverages offered to you.
- Open Enrollment: you are encouraged to log into the system to review your elections and payroll changes, if applicable.

If you do not complete your enrollment during your designated window, you may not be able to enroll or make changes unless you experience a qualifying event, or until the next open enrollment period.

Medical Plan

	Tier 1 Premium Choice Plus Local Tier 1 List – Page 8	Tier 2 UHC Choice Plus	Tier 3 Out-of-Network
DEDUCTIBLE			
Individual	\$0	\$625	\$950
Family	\$0	\$1,875	\$2,700
MAXIMUM OUT-OF-POCKET			
Individual	\$900	\$1,800	\$3,800
Family	\$2,700	\$5,400	\$11,400
COINSURANCE	10% Subject to Selective Services	20%	40%
OFFICE VISIT			
PCP	\$15 Copay	\$15 Copay	Deductible & Coinsurance
Specialist	\$15 Copay	Deductible & Coinsurance	Deductible & Coinsurance
URGENT CARE	\$25 Copay	\$25 Copay	\$30 Copay + Deductible & Coinsurance
EMERGENCY ROOM (Copay may be waived is admitted)	Facility: \$75 Copay Physician: 10% Coinsurance	\$90 Copay + Deductible & Coinsurance	\$90 Copay + Deductible & Coinsurance
PREVENTIVE CARE	\$0	\$0	Deductible & Coinsurance
INPATIENT SERVICES	\$50 Per Day – Up to \$150	\$100 Per Day – Up to \$300	\$200 Per Day – Up to \$600
	<i>In Addition to Above Copays, Deductible & Coinsurance Applies</i>		
TELADOC SERVICES	\$0	N/A	N/A

St. Martin Parish considers the following as PCP: Family Practitioner, General Practitioner, Internal Medicine, Pediatrics, OBGYN, Nurse Practitioner, and Physician Assistant

Premium Choice Providers are designated by two blue hearts  (subject to change). Network providers can be accessed by logging onto www.umar.com and use the UnitedHealthcare Choice Plus Network. **See page 7 on locating providers.** Certain services will pay at a different coinsurance level than level listed. Prior Authorization / Precertification is required on certain services.

Active Employees Monthly Premium	
Employee Only (AEO)	\$213
Employee + Spouse (AES)	\$429
Employee + Child(ren) (AEC)	\$402
Family (AEF)	\$602

Employees may contact UMR at (800) 207-3172 for information on the medical plan.

UMR is available to assist St. Martin Parish School Board health plan members, or members may register/login for the online portal 24/7 at www.umar.com for:

- Questions about medical plan benefits
- ID card replacement
- Claims related issues
- Provider network inquiries

Spousal Surcharge

A \$75 monthly spousal surcharge will be added to your premium if you have elected coverage for your spouse and your spouse is eligible for coverage through his/her employer health plan but elects not to enroll. If your spouse is not eligible for coverage as an employee, the spousal coverage surcharge is waived.

2023 Health Plan Active Employee Spousal Surcharge Rates

Employee + Spouse	\$504
Employee + Family	\$677

Spousal Surcharge – Frequently Asked Questions

• What is a spousal surcharge?

The spousal surcharge is a monthly charge in addition to your regular medical coverage premium for a spouse who is working and is eligible for medical coverage through their employer or former employer.

• Why is Saint Martin Parish School Board implementing a spousal surcharge?

The spousal surcharge encourages those participants eligible for other group insurance to take advantage of that coverage. It also allows Saint Martin Parish School Board to share healthcare cost with other employers and helps keep our medical plans more affordable. Spousal surcharge is a method adopted by many employers.

All Employees with a spouse enrolled in coverage under the Saint Martin Parish School Board Medical must complete the Health Care Spousal Surcharge Form when enrolling. Individuals that do not go online at open enrollment will automatically be charged the surcharge beginning July of 2023. The online form will be available to you during open enrollment.

If your spouse loses or obtains health coverage through his/her employer, you have 30 days to notify the Group Benefits Office of such change. The Group Benefits Office needs to be notified in writing of this and all family status changes within 30 days of when the change occurred. Failure to notify us in a timely manner will bar you from making a change until the next annual enrollment period.

Please note that St. Martin Parish School Board will be conducting a dependent and spousal surcharge audit this year. Any discrepancy found will result in additional payroll deductions to recover the \$75/month spousal surcharge retroactive to the applicable date not later than July 1, 2023.

How to Locate a Provider

1. Log in to your online services: Visit www.umar.com.

If you have previously registered for online services, enter your username and password to sign in. If you have not yet registered for online services, click the **Register** option and follow the prompts to complete your registration.

2. Find a provider

Select **Find a provider** from the myMenu bar on the left-hand side of your member homepage.

3. View providers

When the new window opens, select the “**View providers**” button to continue.

The screenshot shows the UMR member homepage. Step 1 points to the 'Log In/Register' button in the top right. Step 2 points to the 'Find a provider' button in the 'myMenu' sidebar. Step 3 points to the 'View providers' button in the 'Provider network' section.

Select a link to search for Tier 1 or Tier 2 providers

Tier 1 providers offer service at the highest benefit level, so you will typically pay less out-of-pocket when you receive care from Tier 1 providers.

Tier 2 providers are also considered in-network; however, the St. Martin Parish School Board plan will pay claims at a lower benefit level, and you likely will pay more out-of-pocket.

Tier 1 providers can be found using both of the links provided

NOTE: Only those Choice Plus providers with the two filled in blue hearts as shown above are considered Tier 1



The screenshot shows the 'FIND A PROVIDER | St. Martin Parish School Board provider search' page. It includes links for 'Tier 1 - St. Martin Parish School Board Provider Search' and 'Tier 2 - United HealthCare Choice Plus Provider Search'. A note states: 'Please note: Premium Choice Plus benefits (Tier 1 benefits) apply to all providers included in the link above plus those providers designated with a Tier 1 emblem - Premium Care Physician - in the link below. Search both links to find a Premium Choice Plus provider that suits your needs.'



Need help? Call UMR Customer service at 1-800-207-3171 to speak with a Customer Service Advisor.

Local Tier 1 Providers

The following directory is a listing of Tier 1 designated health care providers and facilities that offer services to members enrolled in the St. Martin Parish School Board benefits plan.

Please note: The providers on this list may change.

ARNAUDVILLE

Kirk Elliott
410 Olive St.
Arnaudville, LA 70512
337-754-7254

BREAUX BRIDGE

Lourdes After Hours
1821 Rees St.
Breux Bridge, LA 70517
877-313-3836

Acadiana Physical Therapy
1400 Rees St.
Breux Bridge, LA 70517
337-442-6077

McLeod Trahan Sheffield
1220 Berard St.
Breux Bridge, LA 70517
337-332-6120

Warren Degatur, Jr.
206 Champagne Blvd.
Breux Bridge, LA 70517
337-332-3500

Jaime Cordova
1442 E. Bridge St.
Breux Bridge, LA 70517
337-332-2428

Jeanne Theriot
112 Champagne Blvd.
Breux Bridge, LA 70517
337-332-2242

Srinivasa Yerasi
555 Lakes Blvd.
Breux Bridge, LA 70517
337-332-3971

Kristy Kennedy
1555 Gary Drive, Suite B
Breux Bridge, LA 70517
337-235-6886

Michael McElderry
2390 W. Congress St.
Breux Bridge, LA 70517
337-261-6747

St. Martin Hospital
Main Campus
210 Champagne Blvd.
Breux Bridge, LA 70517
337-332-2178

Benjamin Degatur
206 Champagne Blvd., Suite A
Breux Bridge, LA 70517
337-332-3500

HENDERSON

Aimee Guidry
1421 Henderson Hwy.
Henderson, LA 70517
337-434-6082

LAFAYETTE

Adam Kennedy
100 W. Pinhook Rd., Suite 305
Lafayette, LA 70501
337-235-1600

Lafayette General Medical Center
Main Campus
1214 Coolidge Blvd.
Lafayette, LA 70503
337-289-7991

Christopher Hubbell
913 S. College Rd., Suite 216
Lafayette, LA 70503
337-981-6065

MORGAN CITY

Mary Ellon Allen
1302 Lakewood Drive
Plaza 2, Suite 200
Morgan City, LA 70380
985-702-1220

ST. MARTINVILLE

St. Martinville Physical Therapy
400 S. Main St., Suite D
St. Martinville, LA 70582
337-394-3757

Kathryn Martin
508 E. Breux Bridge St.
St. Martinville, LA 70582
337-342-2706

Kayla Sonnier
407 N. Main St.
St. Martinville, LA 70582
337-342-2641

Please note: UnitedHealthcare Choice Plus with Premium Designation (Tier 1 benefits) applies to all providers listed in this document along with any listed in the provider directory with two blue hearts next to their listing as shown here: 

Use this document or the provider directory to find a Premium Care Physician that best suits your needs.



Key Terms

DEDUCTIBLE This is the amount you pay for covered health care services before your plan starts to pay.

COINSURANCE A set percentage of costs that are covered by your plan after your deductible has been paid (Deductible does not apply to tier 1). Your plan pays a higher percentage. You pay a lower percentage.

OUT-OF-POCKET This is the maximum amount per year that you and your family may pay out in a plan year before the plan pays 100% of eligible claims. Deductible, Copays, and Prescription drug costs do not accrue towards the maximum out of pocket.

COPAY A small set fee. It is paid each time you have an office visit, outpatient service or prescription refill (excluding additional services such as lab work, x-ray and more). Copays do not accrue towards satisfaction of the deductible or out of pocket max.

PREVENTIVE CARE In-network preventive care is covered at 100% without cost share. Preventive Care may include routine annual physicals, OB/GYN exams, scheduled child immunizations, routine tests.

COORDINATION OF BENEFITS Many families are covered by more than one health plan. The coordination of benefits (COB) process determines which plan pays first. It also determines if the second plan will pay any remaining charges not covered by the first plan. The process makes sure your doctor doesn't get paid twice for the same service.

EXPLANATION OF BENEFITS An EOB is simply the statement explaining your benefits activity. It includes the services provided, the amount billed, and the amount paid, if any. You should review your EOBs carefully. Call the customer service number on your ID card or visit umr.com if you have any questions about your EOB.



UMR Mobile App

Just use the same username and password that you use on our full site.
What's even better — there's no app to download, nothing to install, no waiting.

What's new

Find out about new tools and information to help you live a healthier life.

Log in

Log in here to get instant access to all our mobile inquiry tools.

Find a provider

Find an in-network provider while you are "on the go".

View, scan or fax your ID card

View your ID card, allow your provider to scan the on-screen bar code for instant access to your benefit information and/or fax a copy to a provider.

Estimate health care costs

See what you can expect to pay before receiving care.

Simplified navigation

- Home – Return to the main menu.
- Menu – Display the menu.
- Gear – Log out or learn more about UMR and our mobile site.

Look up claims

Look up a claim for yourself or an authorized dependent.

Check your benefits

View medical and/or dental benefits, as well as persons covered.

Access account balances

Look up balances for your special accounts.



Getting started with Teladoc



Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.



1

Online:

Go to [Teladoc.com](https://teladoc.com) and click "set up account".

Mobile app:

Download the app and click "Activate account." Visit teladoc.com/mobile to download the app.

Call Teladoc:

Teladoc can help you register your account over the phone.

SET UP YOUR ACCOUNT

Set up your account by phone (toll-free) web, mobile app or by texting "Get Started" to 469-844-5637.



2



3

REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

Talk to a Doctor anytime for FREE!



[Teladoc.com](https://teladoc.com)



1-800-Teladoc



Prescription Drug Benefits

Member pays the additional cost the Plan would incur if the Member elects to purchase a Brand Name Drug when a generic is available. If prescriber certifies a Brand Name Drug is medically necessary when a Generic Drug is available, the member does not pay the additional cost. Employees may contact Southern Scripts at (800) 710-9341 for information on the drug plan or visit:

<https://www.rxclearinghouse.com/pharmacylocationlocator.aspx> Bin: 015433 / Group Code: SMP0705

Southern Scripts		
Rx Tier	Premium Choice Plus Network	National Pharmacy Network
Preferred Generic Drugs	\$0	N/A
Generic Drugs	*\$10	\$15
Formulary Brand Drugs & Compounds	**\$35	\$40
Non-Formulary Brand Drugs	\$50	\$55

*Copayment reduced for Premium Choice Plus Generic Drugs at restricted quantities at participating Premium Choice Plus Pharmacy Providers only.

**Copayment reduced for First Choice Generic Drugs at participating Premium Choice Plus Pharmacy Providers only.

Calendar Year Deductible: \$100 Individual / \$300 Family



Flex Spending Account (FSA)

You have the opportunity to pay for out-of-pocket Medical, Dental, Vision, and/or Dependent Care expenses with pre-tax dollars through the Flexible Spending Account (FSA).

- **Plan Year:** July 1, 2023 – June 30, 2024
- **Health Care Contribution Limit:** \$3,050
- **Dependent Care Contribution Limit:** \$5,000 (\$2,500 if single or married filing separately)

A Health Care FSA is used to reimburse out-of-pocket health care expenses incurred by you, your spouse and/or your children; whether you cover them or not. Eligible expenses include deductibles, coinsurance, copays, etc. Your Health Care contribution is pre-loaded to a debit card; you have immediate access to the funds and will pay them back throughout the year via payroll deduction.

A Dependent Care FSA is used to reimburse work related expenses; while you or your spouse work, look for work or attend school full-time or are physically unable to care for your dependent. Eligible children are under age 13, or a dependent who is physically or mentally not able to care for himself. Eligible expenses include nanny, nursery school, before care/after care, late pick-up fees, day camp, or day care. Your Dependent Care contribution is not pre-loaded to a debit card; you can only access what has been payroll deducted and is in your FSA.

Contributions to your FSA come out of your paycheck before any taxes are taken out. This means that you don't pay federal income or FICA taxes on the portion of your paycheck you contribute to your FSA.

“Use it or Lose it” Rule Under this Group's Flexible Spending Plan, any account balance in a Participant's Flexible Spending Account(s) at the end of the Plan Year or applicable Grace Period must be forfeited. The balance cannot be paid to a Participant in cash, carried over to the next Plan Year, nor be made available to an Employee in any way. Forfeited funds may be used to offset administration expenses of the Plan.

Grace Period This is extra time to incur expenses and utilize them against the current FSA Plan Year contribution until 9/15/2024.

Run-Out Period You have until October 15, 2024 to submit claims for expenses incurred during the current Plan Year.

Debit Cards If you wish to receive a debit card for your Medical Reimbursement FSA, please indicate this when you complete your enrollment. The debit cards are valid for 5 years and reloaded each year with new election. Do not throw your cards away! Debit card transactions after June 30, 2023 will be deducted from your July 1, 2023 – June 30, 2024 FSA election.

Online Account Access You may view account details including balance, claims and reimbursements and also access claim forms via the DBS website at www.dbsbenefits.com.

Do your homework and consider known expenses. Make an informed decision when you elect your contribution for the year. FSA elections can only be changed during Open Enrollment or due to a Qualifying Event.

Dental Plan

The dental plans are arranged through **United Healthcare**. Exclusions and Limitations may apply. See your Certificate of Coverage for a complete list of services. **Dental Plan: National Options PPO 30.**

UHC Dental		
Annual Deductible (Waived for Diagnostic & Preventive)	\$50 Individual \$150 Family	
Annual Maximum	\$1,500 per Person	
Orthodontia Lifetime (Dependent Child Up to Age 19)	\$1,500 per Person	
COVERED SERVICES	IN-NETWORK	OUT-OF-NETWORK
DIAGNOSTIC SERVICES		
Periodic Oral Evaluation	100%	100%
Radiographs	100%	100%
Lab and Other Diagnostic Tests	100%	100%
PREVENTIVE SERVICES		
Prophylaxis (Cleanings)	100%	100%
Fluoride Treatment (Preventive)	100%	100%
Sealants	100%	100%
Space Maintainers	100%	100%
BASIC SERVICES		
Restorations (Amalgams or Composite)	80%	80%
Emergency Treatment / General Services	Split Class	Split Class
General Services – Adjunctive Occlusal Guard	80%	80%
General Services – Adjunctive Emergency Treatment	80%	80%
General Services – Adjunctive Other	80%	80%
MAJOR SERVICES		
Emergency Treatment / General Services	Split Class	Split Class
General Services – Adjunctive Anesthesia	50%	50%
Simple Extractions	50%	50%
Oral Surgery (Incl. Surgical Extractions)	50%	50%
Periodontics	50%	50%
Endodontics	50%	50%
Inlays/Onlays/Crowns	50%	50%
Dentures & Removable Prosthetics	50%	50%
Fixed Partial Dentures (Bridges)	50%	50%
ORTHODONTIC SERVICES		
Diagnose or correct misalignment of the teeth or bite	50%	50%

Monthly Premium	
Employee Only	\$34.65
Employee + 1 Dependent	\$65.75
Employee + 2 or More Dependents	\$110.49

Benefits on the go: Check the UnitedHealthcare app, visit www.myuhc.com or call the number on your ID card to learn more about your benefits:

- Find a dentist
- Review your benefits
- Check claim status



Vision Plan

The vision plan is arranged through **United Healthcare**. If you use a provider participating in the network, your out-of-pocket expenses will be reduced. If you use a non-network provider, in-network benefits and discounts will not apply and benefits will be paid according to a set benefit reimbursement schedule.

Benefits	UHC Vision	
	In-Network	Out-of-Network
Eye Exams	\$10 copay	Reimbursed up to \$40
Eyeglass Lenses and Frames		
Single Standard Lenses	\$15 copay	Reimbursed up to \$40
Bifocal Standard Lenses	\$15 copay	Reimbursed up to \$60
Trifocal Standard Lenses	\$15 copay	Reimbursed up to \$80
Lenticular Standard Lenses	\$15 copay	Reimbursed up to \$80
Frames	\$130 allowance; 30% off balance	Reimbursed up to \$45
Contact Lenses (In lieu of eyeglasses lenses and/or eyeglass frames)		
Standard Fit and Follow Up	Included in allowance	Not Applicable
Formulary Lenses	Up to 4 boxes	Reimbursed up to \$130
Non-Formulary Lenses	\$130 allowance	Reimbursed up to \$130
Medically Necessary Lenses	Paid in full	Reimbursed up to \$210
Frequency		
Eye Exam	Once every 12 months	
Lenses—Eyeglass or Contact	Once every 12 months	
Frames	Once every 12 months	

Extra Savings: At a participating in-network provider you will receive up to a 20% discount on an additional pair of eyeglasses or contact lenses. This program is available after your vision benefits have been exhausted. Please note that this discount shall not be considered insurance, and that UnitedHealthcare shall neither pay nor reimburse the provider or member for any funds owed or spent. Additional materials do not have to be purchased at the time of initial material purchase.

Laser Vision UnitedHealthcare has partnered with QualSight LASIK, the largest LASIK manager in the United States, to provide our members with access to discounted laser vision correction providers. Member savings represent up to 35% off the national average price of Traditional LASIK. Contracted prices start at \$945 per eye for Traditional LASIK and \$1,395 per eye for Custom LASIK. Discounts are also provided on newer technologies such as Custom Bladeless (all laser) LASIK. For more information, visit myuhcvision.com.

Hearing Aids As a UnitedHealthcare vision plan member, you can save on custom-programmed hearing aids when you buy them from UnitedHealthcare Hearing. To find out more go to UHChearing.com. When placing your order use promo code MYVISION to get the special price discount.

Active Employees Monthly Premium	
Employee Only	\$7.00
Employee + Spouse	\$13.28
Employee + Child(ren)	\$15.58
Family	\$21.93

Sign in to myuhc.com

If you have a UnitedHealthcare health plan, you can access your vision and health plan benefits here by following these steps:

- Sign in to myuhc.com
- Go to Coverage and Benefits
- Scroll down to Vision
- Click “View vision plan”



Life and AD&D Insurance

Group Life and AD&D Insurance (Paid By SMPSB)

Group Life and AD&D Insurance is arranged through **Voya**. All active employees enrolled in the Group Medical Plan are enrolled in this Term Life plan at no additional cost.

Employee	Spouse	Unmarried Dependent Children
\$10,000	\$3,000	\$1,500
Benefits will reduce to \$7,500 at age 65 and to \$5,000 at age 70	Terminates at age 70	Up to Age 26

**Note: Employee, Spouse, and Unmarried Dependent Children must be enrolled in the Group Health Plan to be eligible for the Group Life Insurance*

Voluntary Life Insurance (Paid By You)

Voluntary Life Insurance is arranged through **Voya**.

	Employee	Spouse	Unmarried Dependent Children
Benefit Amount	Units of \$10,000 (Minimum: \$10,000)	Units of \$10,000	Units of \$5,000
Benefit Maximum	The lesser of 5x Annual Compensation (rounded to the next highest \$1,000) or \$500,000	\$500,000 (Not to exceed 100% of Employee Amount)	\$10,000
Guarantee Issue (New Hires Only)	\$150,000	\$30,000	\$10,000
Benefit Reduction Schedule	Benefits will reduce to 65% at age 70 and to 50% at age 75	Benefits will reduce to 65% at age 70, Terminates at Age 75	N/A

**Note: Employee must remain actively employed to participate. Employee must be enrolled in Voluntary Life coverage in order to coverage a spouse or dependent child. Dependent Children are eligible from live birth up to age 26.*

Age	Employee Cost per \$1,000	Spouse Cost per \$1,000	Child Cost per \$1,000
<20-39	\$0.105	\$0.135	< 26 Yrs of Age: \$0.388
40-44	\$0.229	\$0.259	
45-99	\$0.546	\$0.576	

Portability: This plan allows you to continue all of your voluntary coverage if you leave your employer. Premiums may change at this time. Just pay your premiums directly to the insurance company. Coverage may be continued for you and your spouse until age 75. Coverage may also be continued for your children.

Conversion: If group life insurance coverage is reduced or ends for any reason except nonpayment of premiums, you can convert to an individual policy. To convert, you must apply for the conversion policy and pay the first premium payment within 31 days after your group coverage ends. Family members may convert their coverage as well. Converted policies are subject to certain benefits and limits as outlined in the conversion brochure which may be requested as needed. Premiums may change at this time. No one may be covered more than once under these plans.

Short Term Disability Insurance

Group Short Term Disability (STD) Insurance is arranged through **United Healthcare**. This coverage is intended to protect your income for a short duration in case you become ill or injured. Please contact Group Benefits Department for disability amounts if you have extended leave and/or accumulated/sick leave. These leave balances must be exhausted before this plan will consider issuing weekly benefits up to the maximum benefit duration for your condition. Late entrants are subject medical underwriting.

Maximum Weekly Benefit	60% of weekly salary up to \$1,500 per week
Maximum Benefit Duration	24 Weeks (Offset by extended leave and/or accumulated/sick leave)
Elimination Period	The later of: a) 14 days after your accident/sickness; or b) after the exhaustion of Your sick leave, paid time off (PTO) and vacation pay
Pre-Existing Condition	You may not be eligible for benefits if you have received treatment for a condition within the past 3 months until you have been covered under this plan for 12 months (3/12) .
Guaranteed Issue	You are able to take advantage of this coverage now without a health examination. Coverage elected during future open enrollment periods will be subject to Evidence of Insurability.
Benefit Reduction – Other Income	Depending on the type of income you receive, your benefit will be reduced by other sources of income such as paid family leave, extended leave, salary continuation/sick leave, retirement/government plans, other group disability plans, settlements on payments received and no-fault benefits.

Use the formula below to calculate the cost of coverage:

$$\frac{\$ \text{Annual Earnings}}{52} = \$ \text{Weekly Earnings} \times 60.0 = \$ \text{Weekly Benefit}$$

Covered Weekly Benefit used below is the lesser of the calculated Weekly Benefit or the Benefit Maximum

$$\frac{\$ \text{Covered Weekly Benefit}}{1} \times 0.44 \div 10 = \$ \text{Monthly Cost}$$

Rates shown are current as of the effective date and are subject to change over time. Costs shown are estimates only. Your actual payroll deduction may be slightly higher or lower from those provided here.



Long Term Disability Insurance

Group Long Term Disability (LTD) Insurance is arranged through [United Healthcare](#). This coverage is intended to protect your income for a long duration after you have depleted short term disability and any sick leave your company may offer. Late entrants are subject medical underwriting.

Maximum Monthly Benefit	60% of salary up to \$5,000 per month
Maximum Benefit Duration	Reducing Benefit Duration w/ SSNRA (See Benefit Summary)
Elimination Period	180 days The number of days you must be disabled prior to collecting disability benefits.
Pre-Existing Condition	You may not be eligible for benefits if you have received treatment for a condition within the past 6 months until you have been covered under this plan for 12 months.
Waiver of Premium	You will not be required to pay premium during any time of approved total or partial disability.
Benefit Reduction – Other Income	Depending on the type of income you receive, your benefit will be reduced by other sources of income such as paid family leave, extended leave, salary continuation/sick leave, retirement/government plans, other group disability plans, settlements on payments received and no-fault benefits.
Benefit Limitations	Mental Illness: 24 Months - Lifetime Substance Abuse: 24 Months - Lifetime Specific Conditions: 24 Months - Lifetime

Use the formula below to calculate the cost of coverage:

$$\frac{\$ \text{Annual Earnings}}{12} = \$ \text{Monthly Earnings}$$

The lesser of the calculated Monthly Earnings or the Maximum Covered Monthly Earnings (\$8,333.33) is used for the Covered Monthly Earnings below.

$$\frac{\$ \text{Covered Monthly Earnings}}{100} \times 0.42 = \$ \text{Monthly Cost}$$

Rates shown are current as of the effective date and are subject to change over time. Costs shown are estimates only. Your actual payroll deduction may be slightly higher or lower from those provided here.



Worksite Benefits



Several worksite group plans are available for purchase for St. Martin Parish School Board Employees through Aflac. **Please contact the St Martin Parish School Board Employee Benefits Department at (337) 332-2105 for detailed coverage information and premium amounts.**

GROUP ACCIDENT INSURANCE

AC1^G

AFLAC GROUP HOSPITAL INDEMNITY
INSURANCE PLAN 2
Policy Series CA8500-MP-LA

HI^G

GROUP CRITICAL ILLNESS
Includes Wellness

CI^G

GROUP CRITICAL ILLNESS
Includes Cancer and Wellness

CI^G

AFLAC GROUP DISABILITY
INSURANCE PLAN
Policy Series C50000LA

DI^G

Accident Insurance

An accident insurance plan provides benefits to help cover the costs associated with unexpected bills. You don't budget for accidents if you're like most people. When a Covered Accident occurs, the last thing on your mind is the charges that may be accumulating while you're at the emergency room, including:

- Ambulance
- Wheelchair
- Emergency Room
- Crutches
- Surgery and Anesthesia
- Bandages
- Stitches
- Casts

Eligibility:

Employee – Issue Age 18-69; Terminates at Age 70

Spouse – Issue Age 18-64; Terminates at Age 70

Children – Terminates at Age 26

Accident Coverage Monthly Premium	
Employee Only	\$16.20
Employee + Spouse	\$23.16
Employee + Child(ren)	\$30.90
Family	\$37.86

Hospital Indemnity Insurance

Your insurance plan may pay only a portion of the total expenses a hospital stay, or medical treatment requires. That likely would leave the rest of the bill for you to pay, plus any deductible or other expenses that are not covered by the plan. Late entrants are subject medical underwriting. Policy also has 12/12 pre-existing clause.

Eligibility:

Employee – Issue Age 18-64

Spouse – Issue Age 18-64

Children – Terminates at Age 26

Hospital Indemnity Monthly Premium	
Employee Only	\$41.86
Employee + Spouse	\$83.23
Employee + Child(ren)	\$63.55
Family	\$104.92

Critical Illness Insurance

A group critical illness plan helps prepare you for the added costs of battling a specific critical illness. Policy has 30-day waiting period from the effective date of the policy and a 12/12 pre-existing clause. If diagnosis occurs after age 70, half of the benefit amount is payable. **See linked benefit summary for additional covered benefits and plan details. Issue Age: 18-69**

This plan is offered with or without a cancer benefit. See following pages for rates.

Critical Illness with Wellness

- Heart Attack (Myocardial Infraction) – 100%
- Stroke (Apoplexy or Cerebral Vascular Accident) – 100%
- Major Organ Transplant – 100%
- Renal Failure (End-Stage) – 100%
- Coronary Artery Bypass Surgery – 25%

*Elected amounts over Guaranteed Issue (below) are subject to medical underwriting.

	Employee	Spouse	Child
Benefit Amount	\$5,000 Increments \$50,000 Max	\$2,500 Increments \$25,000 Max (Not to exceed 50% of the employee amount)	Automatically covered at 50% of the employee election. Terminates at Age 26.
Newly Eligible *Guaranteed Issue	\$30,000	\$15,000	\$15,000
Late Enrollee *Guaranteed Issue	\$5,000	\$5,000	\$2,500

CRITICAL ILLNESS RATES – WITHOUT CANCER

Employee Non-Tobacco Rates

Age Bracket	\$5,000	\$10,000	\$15,000	\$20,000	\$25,000	\$30,000	\$35,000	\$40,000	\$45,000	\$50,000
18-29	\$3.60	\$5.45	\$7.30	\$9.15	\$11.00	\$12.85	\$14.70	\$16.55	\$18.40	\$20.25
30-39	\$4.80	\$7.85	\$10.90	\$13.95	\$17.00	\$20.05	\$23.10	\$26.15	\$29.20	\$32.25
40-49	\$7.95	\$14.15	\$20.35	\$26.55	\$32.75	\$38.95	\$45.15	\$51.35	\$57.55	\$63.75
50-59	\$11.70	\$21.65	\$31.60	\$41.55	\$51.50	\$61.45	\$71.40	\$81.35	\$91.30	\$101.25
60-69	\$17.75	\$33.75	\$49.75	\$65.75	\$81.75	\$97.75	\$113.75	\$129.75	\$145.75	\$161.75

Employee Tobacco Rates

Age Bracket	\$5,000	\$10,000	\$15,000	\$20,000	\$25,000	\$30,000	\$35,000	\$40,000	\$45,000	\$50,000
18-29	\$4.55	\$7.35	\$10.15	\$12.95	\$15.75	\$18.55	\$21.35	\$24.15	\$26.95	\$29.75
30-39	\$6.60	\$11.45	\$16.30	\$21.15	\$26.00	\$30.85	\$35.70	\$40.55	\$45.40	\$50.25
40-49	\$14.05	\$26.35	\$38.65	\$50.95	\$63.25	\$75.55	\$87.85	\$100.15	\$112.45	\$124.75
50-59	\$21.40	\$41.05	\$60.70	\$80.35	\$100.00	\$119.65	\$139.30	\$158.95	\$178.60	\$198.25
60-69	\$32.35	\$62.35	\$93.55	\$124.15	\$154.75	\$185.35	\$215.95	\$246.55	\$277.15	\$307.75

Spouse Non-Tobacco Rates

Age Bracket		\$5,000	\$7,500	\$10,000	\$12,500	\$15,000	\$17,500	\$20,000	\$22,500	\$25,000
18-29		\$3.60	\$4.53	\$5.45	\$6.38	\$7.30	\$8.23	\$9.15	\$10.08	\$11.00
30-39		\$4.80	\$6.33	\$7.85	\$9.38	\$10.90	\$12.43	\$13.95	\$15.48	\$17.00
40-49		\$7.95	\$11.05	\$14.15	\$17.25	\$20.35	\$23.45	\$26.55	\$29.65	\$32.75
50-59		\$11.70	\$16.68	\$21.65	\$26.63	\$31.60	\$36.58	\$41.55	\$46.53	\$51.50
60-69		\$17.75	\$25.75	\$33.75	\$41.75	\$49.75	\$57.75	\$65.75	\$73.75	\$81.75

Spouse Tobacco Rates

Age Bracket		\$5,000	\$7,500	\$10,000	\$12,500	\$15,000	\$17,500	\$20,000	\$22,500	\$25,000
18-29		\$4.55	\$5.95	\$7.35	\$8.75	\$10.15	\$11.55	\$12.95	\$14.35	\$15.75
30-39		\$6.60	\$9.03	\$11.45	\$13.88	\$16.30	\$18.73	\$21.15	\$23.58	\$26.00
40-49		\$14.05	\$20.20	\$26.35	\$32.50	\$38.65	\$44.80	\$50.95	\$57.10	\$63.25
50-59		\$21.40	\$31.23	\$41.05	\$50.88	\$60.70	\$70.53	\$80.35	\$90.18	\$100.00
60-69		\$32.35	\$47.65	\$62.35	\$78.25	\$93.55	\$108.85	\$124.15	\$139.45	\$154.75

Critical Illness + Cancer with Wellness

- Heart Attack (Myocardial Infraction) – 100%
- Stroke (Apoplexy or Cerebral Vascular Accident) – 100%
- Major Organ Transplant – 100%
- Renal Failure (End-Stage) – 100%
- Coronary Artery Bypass Surgery – 25%
- Cancer (If Selected) – 100%
- Carcinoma in SITU (If Selected) – 25%

*Elected amounts over Guaranteed Issue (below) are subject to medical underwriting.

	Employee	Spouse	Child
Benefit Amount	\$5,000 Increments \$50,000 Max	\$2,500 Increments \$25,000 Max (Not to exceed 50% of the employee amount)	Automatically covered at 50% of the employee election. Terminates at Age 26.
Newly Eligible *Guaranteed Issue	\$30,000	\$15,000	\$15,000
Late Enrollee *Guaranteed Issue	\$5,000	\$5,000	\$2,500

CRITICAL ILLNESS RATES WITH CANCER

Employee Non-Tobacco Rates

Age Bracket	\$5,000	\$10,000	\$15,000	\$20,000	\$25,000	\$30,000	\$35,000	\$40,000	\$45,000	\$50,000
18-29	\$4.50	\$7.25	\$10.00	\$12.75	\$15.50	\$18.25	\$21.00	\$23.75	\$26.50	\$29.25
30-39	\$6.20	\$10.65	\$15.10	\$19.55	\$24.00	\$28.45	\$32.90	\$37.35	\$41.80	\$46.25
40-49	\$11.10	\$20.45	\$29.80	\$39.15	\$48.50	\$57.85	\$67.20	\$76.55	\$85.90	\$95.25
50-59	\$17.42	\$33.08	\$48.75	\$64.42	\$80.08	\$95.75	\$111.42	\$127.08	\$142.75	\$158.42
60-69	\$26.75	\$51.75	\$76.75	\$101.75	\$126.75	\$151.75	\$176.75	\$201.75	\$226.75	\$251.75

Employee Tobacco Rates

Age Bracket	\$5,000	\$10,000	\$15,000	\$20,000	\$25,000	\$30,000	\$35,000	\$40,000	\$45,000	\$50,000
18-29	\$6.10	\$10.45	\$14.80	\$19.15	\$23.50	\$27.85	\$32.20	\$36.55	\$40.90	\$45.25
30-39	\$9.20	\$16.65	\$24.10	\$31.55	\$39.00	\$46.45	\$53.90	\$61.35	\$68.80	\$76.25
40-49	\$21.05	\$40.35	\$59.65	\$78.95	\$98.25	\$117.55	\$136.85	\$156.15	\$175.45	\$194.75
50-59	\$32.65	\$63.55	\$94.45	\$125.35	\$156.25	\$187.15	\$218.05	\$248.95	\$279.85	\$310.75
60-69	\$51.10	\$100.45	\$149.80	\$199.15	\$248.50	\$297.85	\$347.20	\$396.55	\$445.90	\$495.25

Spouse Non-Tobacco Rates

Age Bracket		\$5,000	\$7,500	\$10,000	\$12,500	\$15,000	\$17,500	\$20,000	\$22,500	\$25,000
18-29		\$4.50	\$5.88	\$7.25	\$8.63	\$10.00	\$11.38	\$12.75	\$14.13	\$15.50
30-39		\$6.20	\$8.43	\$10.65	\$12.88	\$15.10	\$17.33	\$19.55	\$21.78	\$24.00
40-49		\$11.10	\$15.78	\$20.45	\$25.13	\$29.80	\$34.48	\$39.15	\$43.83	\$48.50
50-59		\$17.42	\$25.25	\$33.08	\$40.92	\$48.75	\$56.58	\$64.42	\$72.25	\$80.08
60-69		\$26.75	\$39.25	\$51.75	\$64.25	\$76.75	\$89.25	\$101.75	\$114.25	\$126.75

Spouse Tobacco Rates

Age Bracket		\$5,000	\$7,500	\$10,000	\$12,500	\$15,000	\$17,500	\$20,000	\$22,500	\$25,000
18-29		\$6.10	\$8.28	\$10.45	\$12.63	\$14.80	\$16.98	\$19.15	\$21.33	\$23.50
30-39		\$9.20	\$12.93	\$16.65	\$20.38	\$24.10	\$27.83	\$31.55	\$35.28	\$39.00
40-49		\$21.05	\$30.70	\$40.35	\$50.00	\$59.65	\$69.30	\$78.95	\$88.60	\$98.25
50-59		\$32.65	\$48.10	\$63.55	\$79.00	\$94.45	\$109.90	\$125.35	\$140.80	\$156.25
60-69		\$51.10	\$75.78	\$100.45	\$125.13	\$149.80	\$174.48	\$199.15	\$223.83	\$248.50

Short Term Disability Insurance (Aflac)

* Late entrants are subject medical underwriting.

Maximum Weekly Benefit	60% of monthly salary up to \$6,000 (\$300 Minimum) Guaranteed Issue Amount: Monthly benefit up to \$3,000 (Subject to participation requirements)
Maximum Benefit Duration	6 Months
Elimination Period	Benefits begin on: 15th day from an accident 15th day from an illness
Pre-Existing Condition	<p>Pre-existing Condition is an illness, disease, infection, disorder, pregnancy, or injury that existed within the 12-month period before the effective date of coverage.</p> <p>For a condition to have been pre-existing:</p> <ul style="list-style-type: none"> • A doctor must have advised, diagnosed, or treated the covered employee, or • Symptoms existed that would ordinarily cause a prudent person to seek medical advice or treatment. <p>We will not pay benefits for any disability resulting from or affected by a pre-existing condition if the disability was diagnosed within the 12-month period after the effective date of coverage.</p> <p>We will not reduce or deny a claim for benefits for any disability due to a pre-existing condition that was diagnosed more than 12-months after the effective date of coverage (12/12).</p>
Pregnancy Limitation	Within the first nine months of the Effective Date of coverage, we will not pay benefits for a Disability that is caused by, or occurs as a result of, your Pregnancy or childbirth. Disability due to Complications of Pregnancy will be covered to the same extent as a covered Sickness.
Pre-existing Conditions/Pregnancy Limitation Benefit	During the first 12 months of coverage, this benefit pays 50% of the covered employee's applicable monthly disability benefit for a pre-existing condition, including pregnancy. Benefits begin following the expiration of an applicable Elimination Period.
Waiver of Premium	After 90 consecutive days of disability caused by a covered sickness or injury, for as long as they remains disabled, up to the applicable benefit period.
Benefit Reduction – Other Income	None
Portability	Standard Portability (An employee's coverage may be continued when eligibility or employment ends. Coverage will end on the date the group plan is terminated.)

***Terminates at Age 75**

Short Term Disability Insurance (Aflac)

Aflac Short-Term Disability - Example Benefit and Premium Rates – For Illustrative Purposes Only
(Actual payroll deduction may vary due to rounding)

Annual Salary Range			Monthly Benefit	Age 18-49	Age 50-64	Age 65-74
\$14,000	to	\$15,999	\$700	\$15.97	\$18.25	\$22.81
\$16,000	to	\$17,999	\$800	\$18.25	\$20.86	\$26.07
\$18,000	to	\$19,999	\$900	\$20.54	\$23.46	\$29.33
\$20,000	to	\$21,999	\$1,000	\$22.82	\$26.07	\$32.59
\$22,000	to	\$23,999	\$1,100	\$25.10	\$28.68	\$35.85
\$24,000	to	\$25,999	\$1,200	\$27.38	\$31.29	\$39.11
\$26,000	to	\$27,999	\$1,300	\$29.66	\$33.89	\$42.37
\$28,000	to	\$29,999	\$1,400	\$31.94	\$36.50	\$45.63
\$30,000	to	\$31,999	\$1,500	\$34.23	\$39.11	\$48.89
\$32,000	to	\$33,999	\$1,600	\$36.51	\$41.72	\$52.14
\$34,000	to	\$35,999	\$1,700	\$38.79	\$44.32	\$55.40
\$36,000	to	\$37,999	\$1,800	\$41.07	\$46.93	\$58.66
\$38,000	to	\$39,999	\$1,900	\$43.35	\$49.54	\$61.92
\$40,000	to	\$41,999	\$2,000	\$45.64	\$52.14	\$65.18
\$42,000	to	\$43,999	\$2,100	\$47.92	\$54.75	\$68.44
\$44,000	to	\$45,999	\$2,200	\$50.20	\$57.36	\$71.70
\$46,000	to	\$47,999	\$2,300	\$52.48	\$59.97	\$74.96
\$48,000	to	\$49,999	\$2,400	\$54.76	\$62.57	\$78.22
\$50,000	to	\$51,999	\$2,500	\$57.04	\$65.18	\$81.48
\$52,000	to	\$53,999	\$2,600	\$59.33	\$67.79	\$84.74
\$54,000	to	\$55,999	\$2,700	\$61.61	\$70.39	\$87.99
\$56,000	to	\$57,999	\$2,800	\$63.89	\$73.00	\$91.25
\$58,000	to	\$59,999	\$2,900	\$66.17	\$75.61	\$94.51
\$60,000	to	\$61,999	\$3,000	\$68.45	\$78.22	\$97.77
\$62,000	to	\$63,999	\$3,100	\$70.73	\$80.82	\$101.03
\$64,000	to	\$65,999	\$3,200	\$73.02	\$83.43	\$104.29
\$66,000	to	\$67,999	\$3,300	\$75.30	\$86.04	\$107.55
\$68,000	to	\$69,999	\$3,400	\$77.58	\$88.65	\$110.81
\$70,000	to	\$71,999	\$3,500	\$79.86	\$91.25	\$114.07
\$72,000	to	\$73,999	\$3,600	\$82.14	\$93.86	\$117.33
\$74,000	to	\$75,999	\$3,700	\$84.43	\$96.47	\$120.58
\$76,000	to	\$77,999	\$3,800	\$86.71	\$99.07	\$123.84
\$78,000	to	\$79,999	\$3,900	\$88.99	\$101.68	\$127.10
\$80,000	to	\$81,999	\$4,000	\$91.27	\$104.29	\$130.36
\$82,000	to	\$83,999	\$4,100	\$93.55	\$106.90	\$133.62
\$84,000	to	\$85,999	\$4,200	\$95.83	\$109.50	\$136.88
\$86,000	to	\$87,999	\$4,300	\$98.12	\$112.11	\$140.14
\$88,000	to	\$89,999	\$4,400	\$100.40	\$114.72	\$143.40
\$90,000	to	\$91,999	\$4,500	\$102.68	\$117.32	\$146.66
\$92,000	to	\$93,999	\$4,600	\$104.96	\$119.93	\$149.92
\$94,000	to	\$95,999	\$4,700	\$107.24	\$122.54	\$153.17
\$96,000	to	\$97,999	\$4,800	\$109.52	\$125.15	\$156.43
\$98,000	to	\$99,999	\$4,900	\$111.81	\$127.75	\$159.69
\$100,000	to	\$101,999	\$5,000	\$114.09	\$130.36	\$162.95
\$102,000	to	\$103,999	\$5,100	\$116.37	\$132.97	\$166.21
\$104,000	to	\$105,999	\$5,200	\$118.65	\$135.58	\$169.47
\$106,000	to	\$107,999	\$5,300	\$120.93	\$138.18	\$172.73
\$108,000	to	\$109,999	\$5,400	\$123.22	\$140.79	\$175.99
\$110,000	to	\$111,999	\$5,500	\$125.50	\$143.40	\$179.25
\$112,000	to	\$113,999	\$5,600	\$127.78	\$146.00	\$182.51
\$114,000	to	\$115,999	\$5,700	\$130.06	\$148.61	\$185.77
\$116,000	to	\$117,999	\$5,800	\$132.34	\$151.22	\$189.02
\$118,000	to	\$119,999	\$5,900	\$134.62	\$153.83	\$192.28
\$120,000 or more			\$6,000	\$136.91	\$156.43	\$195.54

Universal Life with Long Term Care



Universal Life Benefits

Administered by: Transamerica

There is no way to know what will happen tomorrow; but there is a way to help ensure you are protected against the unexpected. Universal life insurance can help meet your family's future financial needs in the event of your premature passing. Prudent financial planning can help protect your family's future, offering them peace of mind.

HIGHLIGHTS

**Guaranteed Issue for
New Hires**

**Accelerated Death
Benefit Included**

Fully Portable

**Waiver of Premium
Included**

Plan Description

Benefit Amount	Guarantee Issue
Employee: Up to \$300,000	\$100,000
Spouse: \$10,000 - \$100,000	\$15,000
Children:	\$25,000
Child Term Rider:	\$20,000

Example Monthly Employee Rates

Non-Tobacco Rates				Tobacco Rates			
Age	\$50,000	\$75,000	\$100,000	Age	\$50,000	\$75,000	\$100,000
25	\$20.04	\$30.06	\$40.07	25	\$29.04	\$43.56	\$58.07
30	\$23.93	\$35.89	\$47.86	30	\$35.57	\$53.36	\$71.15
35	\$29.82	\$44.74	\$59.65	35	\$44.61	\$66.92	\$89.26
40	\$37.25	\$55.87	\$74.50	40	\$57.00	\$85.50	\$114.00
45	\$47.64	\$71.46	\$95.28	45	\$73.97	\$110.95	\$147.94
50	\$62.70	\$94.05	\$125.40	50	\$98.03	\$147.05	\$196.07
55	\$83.06	\$124.60	\$166.13	55	\$131.03	\$196.54	\$262.06
60	\$118.77	\$178.16	\$237.54	60	\$184.45	\$276.68	\$368.90

Aflac Individual Cancer Plan

An Individual Cancer Plan is also available to St. Martin Parish School Board Employees through AFLAC. Mr. Gerald Angers has been representing AFLAC for over 45 years. Employees should contact Mr. Gerald Angers at office (337) 295-9928, cell (337) 780-1420, fax (337) 295-9927 or email him at robert_angers@us.aflac.com.

Cancer Protection Assurance		
Plan Type	Individual Premium	Married Premium
Option 2	\$33.50	\$57.64
Option 3	\$47.37	\$80.86
Cancer Protection Assurance with Growth Benefits		
Plan Type	Individual Premium	Married Premium
Option 2	\$39.45	\$71.69
Option 3	\$53.32	\$94.91



The intent of this information is to provide you with general benefits regarding your AFLAC Individual cancer policy and related to your current Individual cancer policy. It does not necessarily fully address all of your specific issues. It should not be construed as, nor is it intended to provide, legal advice. Questions regarding specific issues should be addressed by your Individual AFLAC Representative.

Important Notices

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call **1-866-444-EBSA (3272)**.

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2023. Contact your State for more information on eligibility –

ALABAMA – Medicaid	ALASKA – Medicaid
Website: http://myalhipp.com/ Phone: 1-855-692-5447	The AK Health Insurance Premium Payment Program Website: http://myakhipp.com/ Phone: 1-866-251-4861 Email: CustomerService@MyAKHIPP.com Medicaid Eligibility: https://health.alaska.gov/dpa/Pages/default.aspx
ARKANSAS – Medicaid	CALIFORNIA – Medicaid
Website: http://myarhipp.com/ Phone: 1-855-MyARHIPP (855-692-7447)	Website: Health Insurance Premium Payment (HIPP) Program http://dhcs.ca.gov/hipp Phone: 916-445-8322 Fax: 916-440-5676 Email: hipp@dhcs.ca.gov
COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)	FLORIDA – Medicaid

Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center: 1-800-221-3943/ State Relay 711 CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/ State Relay 711 Health Insurance Buy-In Program (HIBI): https://www.mycohibi.com/ HIBI Customer Service: 1-855-692-6442	Website: https://www.flmedicaidplrecovery.com/flmedicaidplrecovery.com/hipp/index.html Phone: 1-877-357-3268
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GEORGIA – Medicaid	INDIANA – Medicaid
GA HIPP Website: https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp Phone: 678-564-1162, Press 1 GA CHIPRA Website: https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra Phone: (678) 564-1162, Press 2	Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/ Phone: 1-877-438-4479 All other Medicaid Website: https://www.in.gov/medicaid/ Phone 1-800-457-4584
IOWA – Medicaid and CHIP (Hawki)	KANSAS – Medicaid
Medicaid Website: https://dhs.iowa.gov/ime/members Medicaid Phone: 1-800-338-8366 Hawki Website: http://dhs.iowa.gov/Hawki Hawki Phone: 1-800-257-8563 HIPP Website: https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp HIPP Phone: 1-888-346-9562	Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884 HIPP Phone: 1-800-766-9012
KENTUCKY – Medicaid	LOUISIANA – Medicaid
Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx Phone: 1-855-459-6328 Email: KIHIPP.PROGRAM@ky.gov KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx Phone: 1-877-524-4718 Kentucky Medicaid Website: https://chfs.ky.gov	Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)
MAINE – Medicaid	MASSACHUSETTS – Medicaid and CHIP
Enrollment Website: https://www.mymaineconnection.gov/benefits/s/?language=en_US Phone: 1-800-442-6003 TTY: Maine relay 711 Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms Phone: 1-800-977-6740 TTY: Maine relay 711	Website: https://www.mass.gov/masshealth/pa Phone: 1-800-862-4840 TTY: (617) 886-8102
MINNESOTA – Medicaid	MISSOURI – Medicaid

Website: https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-insurance.jsp Phone: 1-800-657-3739	Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005
MONTANA – Medicaid	NEBRASKA – Medicaid
Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP Phone: 1-800-694-3084 Email: HHSHIPProgram@mt.gov	Website: http://www.ACCESSNebraska.ne.gov Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178

NEVADA – Medicaid	NEW HAMPSHIRE – Medicaid
Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900	Website: https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program Phone: 603-271-5218 Toll free number for the HIPP program: 1-800-852-3345, ext. 5218
NEW JERSEY – Medicaid and CHIP	NEW YORK – Medicaid
Medicaid Website: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/ Medicaid Phone: 609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710	Website: https://www.health.ny.gov/health_care/medicaid/ Phone: 1-800-541-2831
NORTH CAROLINA – Medicaid	NORTH DAKOTA – Medicaid
Website: https://medicaid.ncdhhs.gov/ Phone: 919-855-4100	Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/ Phone: 1-844-854-4825
OKLAHOMA – Medicaid and CHIP	OREGON – Medicaid
Website: http://www.insureoklahoma.org Phone: 1-888-365-3742	Website: http://healthcare.oregon.gov/Pages/index.aspx http://www.oregonhealthcare.gov/index-es.html Phone: 1-800-699-9075
PENNSYLVANIA – Medicaid and CHIP	RHODE ISLAND – Medicaid and CHIP
Website: https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx Phone: 1-800-692-7462 CHIP Website: Children's Health Insurance Program (CHIP) (pa.gov) CHIP Phone: 1-800-986-KIDS (5437)	Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)
SOUTH CAROLINA – Medicaid	SOUTH DAKOTA - Medicaid
Website: https://www.scdhhs.gov Phone: 1-888-549-0820	Website: http://dss.sd.gov Phone: 1-888-828-0059
TEXAS – Medicaid	UTAH – Medicaid and CHIP
Website: http://gethipptexas.com/ Phone: 1-800-440-0493	Medicaid Website: https://medicaid.utah.gov/ CHIP Website: http://health.utah.gov/chip Phone: 1-877-543-7669
VERMONT– Medicaid	VIRGINIA – Medicaid and CHIP

Website: Health Insurance Premium Payment (HIPP) Program Department of Vermont Health Access Phone: 1-800-250-8427	Website: https://www.coverva.org/en/famis-select https://www.coverva.org/en/hipp Medicaid/CHIP Phone: 1-800-432-5924
WASHINGTON – Medicaid	WEST VIRGINIA – Medicaid and CHIP
Website: https://www.hca.wa.gov/ Phone: 1-800-562-3022	Website: https://dhhr.wv.gov/bms/ http://mywvhipp.com/ Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
WISCONSIN – Medicaid and CHIP	WYOMING – Medicaid
Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: 1-800-362-3002	Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since January 31, 2023, or for more information on special enrollment rights, contact either:

U.S. Department of Labor
Employee Benefits Security Administration
www.dol.gov/agencies/ebsa
1-866-444-EBSA (3272)

U.S. Department of Health and Human Services
Centers for Medicare & Medicaid Services
www.cms.hhs.gov
1-877-267-2323, Menu Option 4, Ext. 61565

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.

Important Notices Continued

Disclosure of Grandfather Status This group health plan believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits. Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the plan administrator at P.O. Box 1000, Breaux Bridge, Louisiana 70517. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or <http://www.dol.gov/ebsa/healthreform>. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

Wellness Program Notice of Alternative Standard

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact your plan administrator and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Wellness Program – Health Risk Assessments

In answering the questions on your Health Risk Assessment, you should not include genetic information. That is, please do not include any family medical history or any information related to genetic testing, genetic services, genetic counseling, or genetic disease for which you believe you may be at risk.

Women’s Health and Cancer Rights Act (WHCRA)

Enrollment Notices If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women’s Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. Therefore, the following deductibles and coinsurance apply: \$625 deductible (in-network) and 20% coinsurance (in-network) and \$950 deductible (out-of-network) and 40% coinsurance (out-of-network). If you would like more information on WHCRA benefits, contact your plan administrator.

Annual Notices Do you know that your plan, as required by the Women’s Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Contact your plan administrator for more information.

Important Notices Continued

Medicare Part D Creditable Coverage Notice

Important Notice from Saint Martin Parish School Board About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Saint Martin Parish School Board and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.

2. Saint Martin Parish School Board has determined that the prescription drug coverage offered by the 2023 - 2024 Plan Year is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens to Your Current Coverage If You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Saint Martin Parish School Board coverage will not be affected. Plan participants can keep their prescription drug coverage under the group health plan if they select Medicare Part D prescription drug coverage. If they select Medicare Part D prescription drug coverage, the group health plan prescription drug coverage will coordinate with the Medicare Part D prescription drug coverage.

If you do decide to join a Medicare drug plan and drop your current Saint Martin Parish School Board coverage, be aware that you and your dependents will be able to get this coverage back.

When Will You Pay a Higher Premium (Penalty) to Join a Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Saint Martin Parish School Board and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

Important Notices Continued

Medicare Part D Creditable Coverage Notice Continued

For More Information About This Notice or Your Current Prescription Drug Coverage

Contact the person listed below for further information call Casey Broussard at (337) 332-2105. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Saint Martin Parish School Board changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: 7/1/2023
Contact: Casey Broussard

Name of Entity/Sender: Saint Martin Parish School Board
Phone Number: (337) 332-2105



Important Notices Continued

Mental Health Parity and Addiction Equity Act (MHPAEA) Disclosure

The Mental Health Parity and Addiction Equity Act of 2008 generally requires group health plans and health insurance issuers to ensure that financial requirements (such as co-pays and deductibles) and treatment limitations (such as annual visit limits) applicable to mental health or substance use disorder benefits are no more restrictive than the predominant requirements or limitations applied to substantially all medical/surgical benefits. For information regarding the criteria for medical necessity determinations made under the 2023 - 2024 Plan Year with respect to mental health or substance use disorder benefits, please contact your plan administrator at (337) 332-2105.

Newborns' and Mothers' Health Protection Act Notice

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

Notice of Privacy Practices

Saint Martin Parish School Board is committed to the privacy of your health information. The administrators of the Saint Martin Parish School Board insurance plan (the "Plan") use strict privacy standards to protect your health information from unauthorized use or disclosure.

The Plan's policies protecting your privacy rights and your rights under the law are described in the Plan's Notice of Privacy Practices. You may receive a copy of the Notice of Privacy Practices by contacting your plan administrator.

Notice of Special Enrollment Rights

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

If you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

If you or your dependent(s) lose coverage under a state Children's Health Insurance Program (CHIP) or Medicaid, you may be able to enroll yourself and your dependents. However, you must request enrollment within 60 days after the loss of CHIP or Medicaid coverage.

If you or your dependent(s) become eligible to receive premium assistance under a state CHIP or Medicaid, you may be able to enroll yourself and your dependents. However, you must request enrollment within 60 days of the determination of eligibility for premium assistance from state CHIP or Medicaid.

To request special enrollment or obtain more information, contact plan administrator.



Voya 403 B Plan



Do something
good for
yourself

It's easy to get started

The steps you take today will affect how you spend tomorrow. On your journey to retirement do something good for yourself by planning ahead for the kind of future you envision. Enroll in your employer's retirement savings plan to set a little aside regularly for the kind of retirement you can look forward to.

1

Go to enroll.voya.com

2

Enter plan number
VFR619

3

Enter verification number
116345

5 reasons to enroll now

1. Make changes anytime
2. Save automatically
3. Help lower your taxable income
4. Invest your way
5. Take your money with you

Joe Wetser
Joe.Wetser@voyafa.com
504-258-6709



Not FDIC/NCUA/NCUSIF insured | Not a Deposit of a Bank/Credit Union | May Lose Value | Not Bank/Credit Union Guaranteed | Not Insured by Any Federal Government Agency

Any insurance products, annuities and funding agreements that you may have purchased are sold as securities and are issued by Voya Retirement Insurance and Annuity Company ("VRIAC"). Fixed annuities are issued by VRIAC. VRIAC is solely responsible for meeting its obligations. Plan administrative services provided by VRIAC or Voya Institutional Plan Services, LLC ("VIPS"). Neither VRIAC nor VIPS engage in the sale or solicitation of securities. If custodial or trust agreements are part of this arrangement, they may be provided by Voya Institutional Trust Company. All companies are members of the Voya® family of companies. Securities distributed by Voya Financial Partners, LLC (member SIPC) or other broker-dealers with which it has a selling agreement. All products or services may not be available in all states.
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VOYA
FINANCIAL

UMR Wellness Program

Notice Regarding Wellness Program

St. Martin Parish School Board offers a voluntary wellness program that is available to all employees enrolled in the group medical plan. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. The wellness program offers opportunities to win incentive prizes for participating in a variety of programs implemented to promote wellness. These wellness programs may include biometric screenings (blood tests) and physician examinations along with programs that encourage healthy lifestyle and promote healthy weight loss. The programs may also incorporate an online Clinical Health Risk Assessment (CHRA) that asks questions about your health-related activities and medical history. Participation in all programs is voluntary and members will not be penalized for not participating. However, employees who choose to participate in the wellness program are eligible to win reward cards as incentive prizes for participation. Although you are not required to complete the CHRA, participate in biometric screenings or examinations, only employees who do so will be eligible to win prizes. The information from your CHRA and the results of any biometric screening will provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your medical doctor.

Protections from Disclosure of Medical

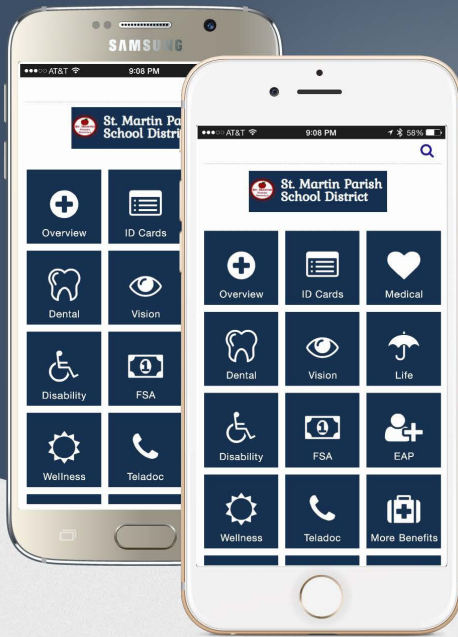
We are required by law to maintain the privacy and security of your personally identifiable health information. Although UMR and St. Martin Parish School Board may use aggregate information it collects to design a program based on identified health risks in the workplace, we will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment. Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately. You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions, please reach out to Amanda Boyer with UMR at 225-237-2061 or email amanda.boyer@umr.com

Who to Call?

Saint Martin Parish School Board partners with the following Insurance carriers and vendors to strive to meet your benefit needs. If you have any questions regarding your benefits, please contact the corresponding carrier/vendor listed below.

Benefit / Contact	Carrier / Vendor	Phone #	Email / Website
Employee Benefits Stacey Bienvenu	Brown & Brown	1 (337) 266-5695 or 1 (337) 909-2861	Stacey.Bienvenu@bbrown.com
Employee Benefits Caroline Domingue	Brown & Brown	1 (337) 266-5608	Caroline.Domingue@bbrown.com
Medical Amanda Boyer	UMR	1 (225) 237-2061	Amanda.Boyer@umr.com
Prescription Drugs	Southern Scripts	1 (800) 710-9341	https://www.rxclearinghouse.com/pharmacy/locationlocator.aspx Bin: 015433 Group Code: SMP0705
Dental	United Healthcare	1 (800) 445-9090	www.myuhc.com
Vision	United Healthcare	1 (800) 638-3120	
Disability	United Healthcare	1 (888) 299-2070	www.myuhc.com
Medicare	Medicare	1 (800) 633-4227	www.medicare.gov
Medicaid/CHIP	Medicaid	1 (877) 543-7669	www.insurekidsnow.gov
Individual Cancer Gerald Angers	AFLAC	1 (337) 295-9928	Robert_angers@us.Aflac.com
Retirement Joe Weiser	Voya	1 (504) 258-6709	Joe.weiser@voyafa.com



Access your St. Martin Schools Benefits Anytime, Anywhere!

As a St. Martin Schools employee, you can now access most employee benefits plan information and resources when you're "on the go" from your mobile device.

*Nothing to install!
Access from a computer,
tablet or smartphone.*



Searchable

Quickly find service contact information and online resources



Benefits Plans

Review benefit plan design information and find online provider directories



Group Information

Access and print generic ID cards with group information



Forms

Download and print benefit-related documents and forms

saintmartinschools.mybenefitsapp.com

Add an icon to your smartphone for quick access

iPhone



Tap the Share icon in Safari's lower menu bar



Add to Home Screen

Tap the Add to home screen icon

Android

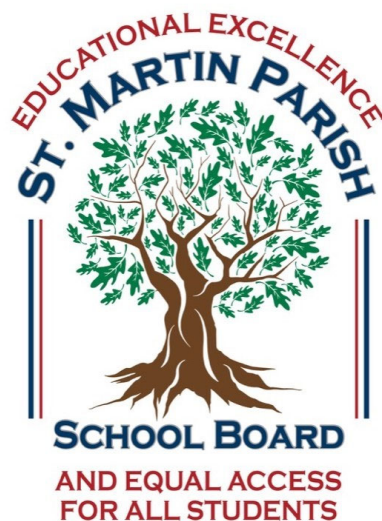


Tap this Icon in the top right menu bar

Select: Add to Home screen

Notes

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Saint Martin Parish School Board
P.O. Box 1000
Breaux Bridge, LA 70517
337-332-2105



This Benefit Guide provides a brief description of plan benefits. For more information on plan benefits, exclusions, and limitations, please refer to the Plan documents or contact the carrier/administrator directly. If any conflict arises between this Guide and any plan provisions, the terms of the actual plan document or other applicable documents will govern in all cases. Benefits are subject to modification at any time.

Brown & Brown Gulf States
(337) 266-5695 | Stacey.Bienvenu@bbbrown.com
BBrown.com