

DATES	DESCRIPTION	DAILY OBJECTIVES
8/14-21	<p>Student Introductions</p> <p>Games - post card game, dice game, All about me, personality test, Fact or Fiction game, tape measure game</p> <p>Orientation of the classroom/equipment</p> <p>Expectations of CNA Class</p> <p>Name Goals of Students and what they expect from the CNA class</p> <p>Discuss: Safety</p>	
8/21-25	<p>Expectations of CNA class</p> <p>Work on Resume, perform mock interviews, fill out job applications. Handouts will be passed out in class.</p> <p>Discuss: Skills USA, St. Bernards ambassador program Professionalism and Work Ethic</p> <p>Games: Get to know your neighbor and report to the class</p>	
8/28-9/1	<p><u>Sign out</u> the Hartman textbooks and workbooks 5th edition to students</p> <p><u>Read</u> Chapter 1 page 1-20 The Nursing Assistant in Long-Term Care</p> <p><u>Write terms</u> throughout Chapter 1 in bold lettering, <u>review</u> for test on Thursday</p> <p>Chapter 1 <u>exam</u> Friday</p>	<p><u>UNIT 1 Lesson 1 - 11</u></p> <p>Lesson 1 1*</p> <p>Standard 2.0 Analyze the structure of the health care system 7.0</p> <p>Performance indicator - 2.1, 2.1.1, 2.1.2, 2.1.3, 2.2, 2.2.1, 2.2.2, 3.1 4.1 5.1, 5.2, 7.0, 7.2, 8.0</p>
9/4-9/8	<p><u>Read</u> Chapter 2 Hartman textbook 5th edition Foundations of Resident Care page 21 - 59</p>	9/4 - Labor Day (No School)

	<p><u>Review terms</u> in chapter 2 for <u>test</u> on Thursday</p> <p>Chapter 2 <u>exam</u> Friday</p> <p><u>CNA Skills</u>: #1 Initial Step #2 Exit Step</p>	<p>Lesson 2 1.5*</p> <p>Standard 5.1 , 5.2, 7.0, 7.2, 8.2</p>
9/11-9/15	<p><u>Read</u> Chapter 2 Foundations of Resident Care Page 21-59</p> <p><u>CNA skills</u>: #3 Handwashing #4 Gloves #5 Gown #6 Mask</p>	<p>Lesson 2 1.5*</p> <p>Lesson 3 2*</p> <p>Standard 4.7,5.1 , 5.2, 7.0, 7.1, 7.2, 8.2</p>
9/18-9/122	<p><u>Read and Review</u> Chapter 2 Foundations of Resident Care Page 21 - 69</p> <p><u>CNA Skills</u>: #7 Fire #8 Fire Extinguisher #9 Falling or Fainting #10 Choking #11 Seizures</p>	<p>Lesson 4 2*</p> <p>Lesson 5 2*</p> <p>Standard 5.1 , 5.2, 7.0,7.1, 7.2, 8.2</p>
9/25-9/29	<p><u>Read</u> Chapter 8 Nutrition and Hydration Page 209 - 226</p> <p><u>CNA Skill</u>: #60 Feeding</p>	<p>Lesson 6 3*</p> <p>Lesson 19 3*</p> <p>Standard 4.7,4.8, 4.9,6.0,6.1,6.2,6.3,6.4</p>
10/2-10/6	<p><u>Read</u> Chapter 6 Personal Care Skills Hartman's Textbook 5th Edition Page 124 - 168</p> <p><u>CNA Skills</u>: #12 Unoccupied Bed #13 Thicken Liquids #14 Recording Fluid Intake #15 Passing Ice Water #16 Serving a Meal Tray</p>	<p>Lesson 6 3*</p> <p>Lesson 17 2*</p> <p>Standard 4.1, 6.1,6.2,6.3,6.4,</p>

	#56 Occupied Bed	
10/9-10/13	<p><u>Read</u> Chapter 3 Understanding Residents Page 60 - 77 Hartman's Textbook 5th Edition</p> <p><u>Read</u> Chapter 4 Body Systems and Related Conditions Page 78 - 110</p> <p><u>Read</u> Chapter 5 Confusion, Dementia, and Alzheimer's Disease Page 111-123</p> <p><u>CNA Skill:</u> Nasal Cannula Care</p>	<p>Lesson 7 1* Lesson 8 1* Lesson 9 1* Lesson 10 45' Lesson 11 45'</p> <p>Standard 1.2,2.0,2.2,2.3,2.4,2.5</p>
10/16-10/20	<p><u>Read</u> Chapter 6 Personal Care Skills Page 124 - 168</p> <p><u>CNA Skills:</u> #18 Shower/Shampoo #19 Bedbath, catheter care, perineal care #20 Back Rub #21 Shampoo in bed #22 Whirlpool</p>	<p><u>UNIT 2 LESSON 12 - 20</u></p> <p>Lesson 12 5*</p> <p>Standard 4.0, 4.2, 4.6, 4.7, 10/20 - PD Day (No Students)</p>
10/23-10/27	<p><u>Read and Review</u> Chapter 6 Personal Care Skills Page 124 - 168</p> <p><u>CNA Skills:</u> #23 Oral Care #24 Oral Care Unconscious #25 Denture Care #26 Shaving w/electric razor #27 Shaving w/safety razor #28 Comb/Brush Hair #29 Fingernail Care #30 Foot Care #31 Change a Resident's Gown #32 Dress a Dependent Resident #33 Assist to Bathroom #34 Bedside Commode #35 Bedpan/ Fracture pan #36 Urinal #37 Empty Drainage Bag #38 Urine Specimen Collection #39 Stool Specimen Collection #40 Application of Incontinent Brief</p>	<p>Lesson 13 4* Lesson 14 4* Lesson 23</p> <p>Standard 4.6,4.7,4.8,4.10,</p>
10/30-11/3	<p><u>Read</u> Chapter 9 Rehabilitation and Restorative Care Page 227 - 240 Hartman's Textbook 5th Edition</p> <p><u>CNA Skills:</u> #41 Assist Resident to Move to Head of Bed</p>	<p>Lesson 15 2*30</p> <p>Standard 5.1,5.2,5.3, 5.4, 5.5,5.6,5.7, 5.8,5.9,</p>

	<p>#42 Supine Position #43 Side to Side Position #44 Fowler's Position #45 Semi Fowler's Position #46 Use of Wheelchair #47 Transfer to Wheelchair #48 Sit on Edge of Bed #49 Gait Belt Assist w/Ambulation #50 Walking #51 Assist w/Walker #52 Assist w/Cane</p>	<p>Standard 5.1,5.2,5.3, 5.4, 5.5,5.6,5.7, 5.8,5.9,</p>
11/6-11/10	<p><u>CNA Skills:</u> #53 Portable Lift #54 Transfer to Stretcher/Showerbed #55 Transfer 2 Person Lift #57 Inspect Skin #58 Float Heels #59 Bed Cradle</p>	<p>Lesson 16 1.5* Lesson 17 2* Lesson 18 2* Standard 5.1,5.2,5.3, 5.4, 5.5,5.6,5.7, 5.8,5.9,</p>
11/13-11/17	<p><u>Read</u> Chapter 7 Page 169 - 208 Basic Nursing Skills <u>CNA skills:</u> #61 oral temperature #62 Axillary temperature #63 Pulse and Respirations #64 Pulse Oximetry #65 BP #66 Height #67 Weight</p>	<p>Lesson 20 8* Standard 4.5,4.9, 8.0, 8.1,9.0,9.1,</p>
11/20-11/24		<p>Thanksgiving Break</p>
11/27-12/1	<p><u>Read</u> Chapter 9 Rehabilitation and Restorative Care page 227 - 240 <u>CNA skills:</u> #68 Application Physical Restraint #69 PROM #70 Splint Application #71 Abdominal Binder #72 Abduction Pillow</p>	<p><u>UNIT 3 LESSON 21 - 30</u> Lesson 21 1* Lesson 22 1,5 Lesson 23 1.5 Lesson 27 1.25 Lesson 28 1.25 Standard 5.2, 5.3,5.4,5.5,5.6,5.7,5.8,5.9,</p>

	#73 Knee Immobilizer #74 Palm Cones #75 Assisting with Hearing Aids #76 Elastic/TED #77 Admitting a Resident #78 Transfer/Discharge of a Resident #79 Post Mortem Care	
12/4-12/8	<u>Nursing Home Clinicals</u>	
12/11-12/15	<u>Nursing Home Clinicals</u>	
12/18-1/1/24		Winter Break
1/2-1/5		1/2 - PD Day (No Students)
1/8-1/12		
1/15-1/19		1/15 - MLK Day (No School)
1/22-1/26		

1/29-2/2		
2/5-2/9	CNA Exam	
2/12-2/16	CNA Exam	
2/19-2/23		2/19 - Presidents' Day (No School)
2/26-3/4		
3/11-3/15		
3/18-3/22		Spring Break
3/25-3/29		

4/1-4/5		
4/8-4/12		
4/15-4/19		4/15 - SkillsUSA Arkansas Leadership Conference Hot Springs, AR 4/16 - SkillsUSA Arkansas Leadership Conference Hot Springs, AR 4/17 - SkillsUSA Arkansas Leadership Conference Hot Springs, AR
4/22-4/26		
4/29-5/3		
5/6-5/10		
5/13-5/17		

5/20-5/24		
5/27-5/31		5/27 - Memorial Day (No Students)