

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



1% Lowfat White Milk ONLY offered with Breakfast
 1% Lowfat White Milk or Non-Fat Chocolate Milk are offered with Lunch. 100% Fruit Juice available on Tuesdays & Thursdays Only



5

BREAKFAST
 Strawberry Yogurt w/Grahams(v)
 Cereal Bowl or Bar

LUNCH
 Pre Order Sack Lunches
 On Line

6

BREAKFAST
 Oatmeal ChocChip Round(v)
 Cereal Bowl or Bar(v)

LUNCH
 Pre Order Sack Lunches On
 Line

7

BREAKFAST
 WG Blueberry Bagel w/CC(v)
 Cereal Bowl or Bar(v)

LUNCH
 Pre Order Sack Lunches On
 Line

8

BREAKFAST
 Mini Cinnis(v)
 Cereal Bowl or Bar(v)

LUNCH
 Chicken & Waffles
 Crispy Chicken Wrap
 Grilled Cheese Sandwich(v)

(v) = Meatless Option WG = Whole Grain



11

BREAKFAST
 Pancake & Sausage Stick Cereal
 Bowl or Bar(v)

LUNCH
 Chicken Breast Parmesan Pasta
 Cheese Lasagna w/Roll(v) Teriyaki
 Chicken Over Rice Turkey & Cheese
 Sandwich
 Pepperoni Pizza Box (COLD)

12

BREAKFAST
 Apple Frudel(v)
 Cereal Bowl or Bar(v)

LUNCH
 Pancakes & Turkey Sausage
 Chicken Burger
 Chef Salad w/Rolls
 Fruit & Yo' To Go Box(v)

13

BREAKFAST
 Mini Maple Waffles(v)
 Cereal Bowl or Bar(v)

LUNCH
 Bean & Cheese Nachos(v)
 BBQ Chicken Sandwich
 Buffalo Chicken Wrap
 Italian Sub Sandwich

14

BREAKFAST
 Mini Blueberry Pancakes(v)
 Cereal Bowl or Bar(v)

LUNCH
 Baked Macaroni Pasta(v)
 Chicken Nuggets w/Roll
 American Sandwich
 Double Berry Parfait(v)

15

BREAKFAST
 Cinnamon Breakfast Round(v)
 Cereal Bowl or Bar(v)

LUNCH
 Fish Stick Po' Boy Sub
 Poppin' Chicken Salad w/Roll
 Sandwich of the Day(v)

Cheese(v) and Pepperoni Pizza Offered DAILY- National Pepperoni Day on Wednesday, Sept. 20th

18

BREAKFAST
 Breakfast Sausage Pizza Cereal
 Bowl or Bar(v)

LUNCH
 Mozzarella Stuffed Breadsticks w/
 Spaghetti Sauce(v)
 BBQ Pork Riblet
 (Turkey) Ham & Cheese
 Fruit & Yo' To Go Box(v)

19

BREAKFAST
 Creamy Strawberry Yogurt
 w/Grahams(v)
 Cereal Bowl or Bar(v)

LUNCH
 Ravioli Cheese Square w/Roll(v)
 Beef & Vegetarian(v) Burgers
 Deli Stackables Box

20

BREAKFAST
 Oatmeal ChocChip Round(v)
 Cereal Bowl or Bar(v)

LUNCH
 Orange Chicken over Brown Rice
 WG Chicken Corn Dog
 Turkey Taco Fiesta Salad
 Sandwich of the Day(v)

21

BREAKFAST
 Fruit Muffin w/Toast(v)
 Cereal Bowl or Bar(v)

LUNCH
 WG Macaroni & Cheese(v)
 WG Chicken Burger
 Garden Salad w/Rolls
 Just Peachy Parfait(v)

22

BREAKFAST
 WG Bagel w/CC(v)
 Cereal Bowl or Bar(v)

LUNCH
 Cheddar Cheese Omelet
 w/Pinwheel(v)
 WG Chicken Corn Dog
 Turkey & Cheese Sandwich

We Serve Reduced Sugar Cereals



25

BREAKFAST
 Eggo Waffles(v)
 Cereal Bowl or Bar(v)

LUNCH
 Chicken Breast Parmesan Pasta
 Chicken Nuggets w/Roll Meatball
 Marinara Sub
 Chef Salad w/Rolls
 Hummus Snack Pack(v)

26

BREAKFAST
 Oatmeal ChocChip Round(v)
 Cereal Bowl or Bar(v)

LUNCH
 French Toast Sticks w/Turkey
 Sausage
 Turkey Soft Taco
 Italian Sub Sandwich
 Strawberry Fields Parfait(v)

27

BREAKFAST
 Creamy Strawberry Yogurt
 w/Grahams(v)
 Cereal Bowl or Bar(v)

LUNCH
 Sweet & Sour Chicken w/ Brown Rice
 Turkey Hot Dog
 Chef Salad w/Rolls
 Sandwich of the Day(v)

28

BREAKFAST
 Mini Maple Waffles(v)
 Cereal Bowl or Bar(v)

LUNCH
 Turkey Taco Nachos
 Mozzarella Stuffed Breadsticks
 w/Spaghetti Sauce(v)
 Crispy Chicken Wrap
 Pinwheel Party Box

29

BREAKFAST
 Fruit Muffin w/Toast(v)
 Cereal Bowl or Bar(v)

LUNCH
 Beef Sloppy Joe
 Chicken Caesar Salad w/Rolls
 American Sandwich

Menu Subject To Change Without Notice