



# GCIT




Student Distance Learning and Well-Being/SEL Survey 6-12  
Summer 2020 - SEL Surveys



Report created by  
Panorama Education



# Summary

Topic Description	Results	Benchmark
<b>Challenging Feelings</b>	<b>49%</b>	
<b>Emotion Regulation</b> How well students regulate their emotions.	<b>48%</b>	 60th - 79th percentile compared to others nationally
<b>Learning Strategies</b> How well students deliberately use strategies to manage their own learning processes generally.	<b>60%</b>	 40th - 59th percentile compared to others nationally
<b>Positive Feelings</b>	<b>66%</b>	
<b>Self-Management</b> How well students manage their emotions, thoughts, and behaviors in different situations.	<b>81%</b> ▲ 9 since last survey	 80th - 99th percentile compared to others nationally
<b>Social Awareness</b> How well students consider the perspectives of others and empathize with them.	<b>74%</b> ▲ 10 since last survey	
<b>Teacher-Student Relationships</b> How strong the social connection is between teachers and students within and beyond the classroom.	<b>64%</b>	

773 responses



# Challenging Feelings

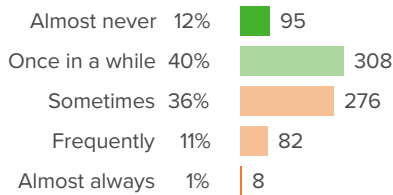
Your average

# 49%

773 responses

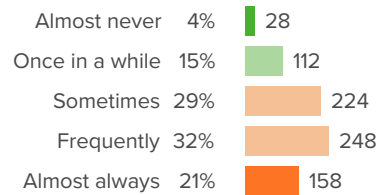
## How did people respond?

### Q.1: During the past week, how often did you feel mad?



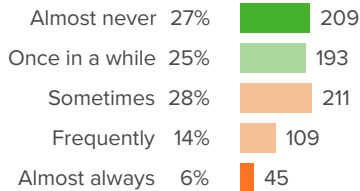
Favorable: **52%**

### Q.2: During the past week, how often did you feel bored?



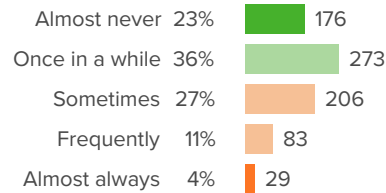
Favorable: **18%**

### Q.3: During the past week, how often did you feel lonely?



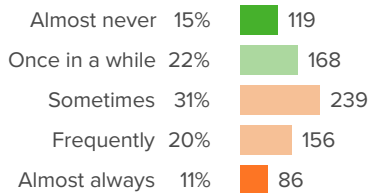
Favorable: **52%**

### Q.4: During the past week, how often did you feel sad?



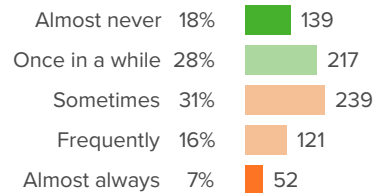
Favorable: **59%**

### Q.5: During the past week, how often did you feel stressed out?



Favorable: **37%**

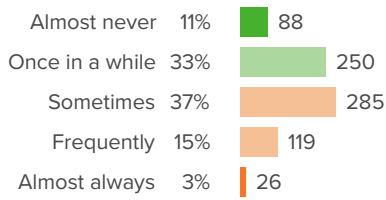
### Q.6: During the past week, how often did you feel worried?



Favorable: **46%**

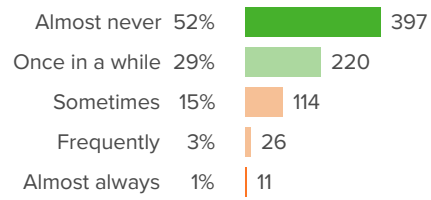


**Q.7: During the past week, how often did you feel frustrated?**



Favorable: **44%**

**Q.8: During the past week, how often did you feel afraid?**



Favorable: **80%**



# Emotion Regulation

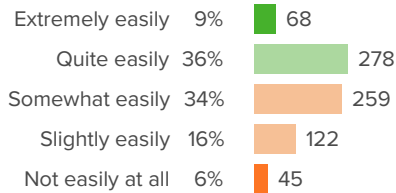
Your average

# 48%

773 responses

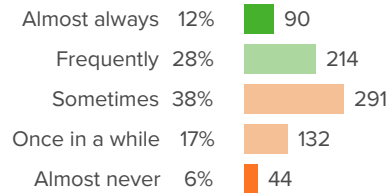
## How did people respond?

### Q.1: When you are feeling pressured, how easily can you stay in control?



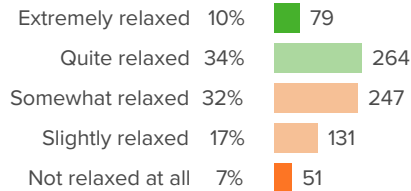
Favorable: **45%**

### Q.2: How often are you able to pull yourself out of a bad mood?



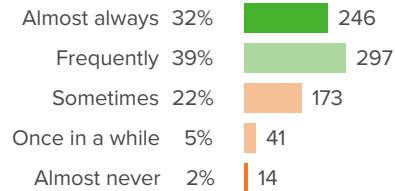
Favorable: **39%**

### Q.3: When everybody around you gets angry, how relaxed can you stay?



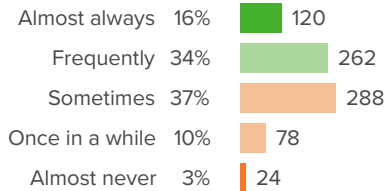
Favorable: **44%**

### Q.4: How often are you able to control your emotions when you need to?



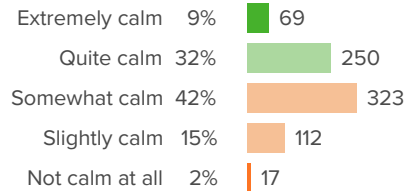
Favorable: **70%**

### Q.5: Once you get upset, how often can you get yourself to relax?



Favorable: **49%**

### Q.6: When things go wrong for you, how calm are you able to remain?



Favorable: **41%**



# Learning Strategies

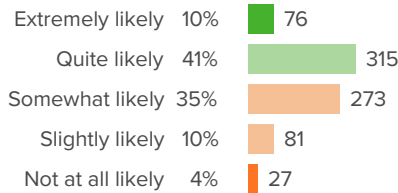
Your average

# 60%

773 responses

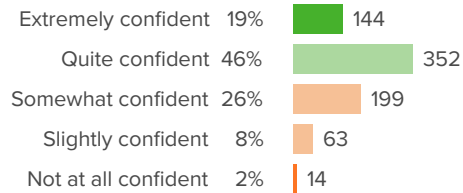
## How did people respond?

**Q.1: When you get stuck while learning something new, how likely are you to try a different strategy?**



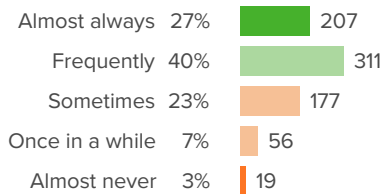
Favorable: **51%**

**Q.2: How confident are you that you can choose an effective strategy to get your schoolwork done well?**



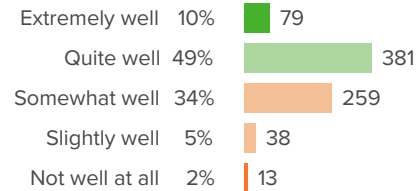
Favorable: **64%**

**Q.3: Before you start on a challenging project, how often do you think about the best way to approach the project?**



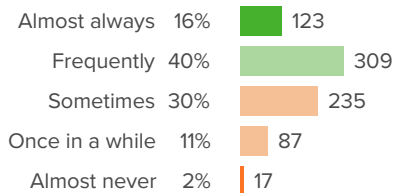
Favorable: **67%**

**Q.4: Overall, how well do your learning strategies help you learn more effectively?**



Favorable: **60%**

**Q.5: How often do you use strategies to learn more effectively?**



Favorable: **56%**



# Positive Feelings

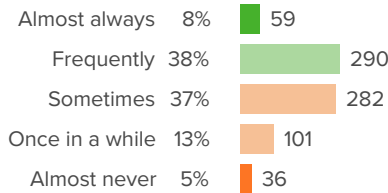
Your average

# 66%

773 responses

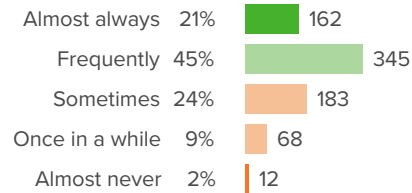
## How did people respond?

### Q.1: During the past week, how often did you feel excited?



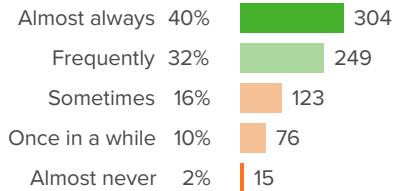
Favorable: **45%**

### Q.2: During the past week, how often did you feel happy?



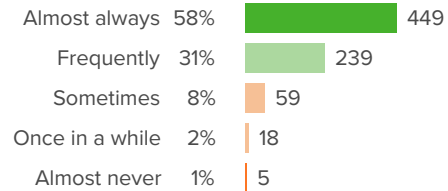
Favorable: **66%**

### Q.3: During the past week, how often did you feel loved?



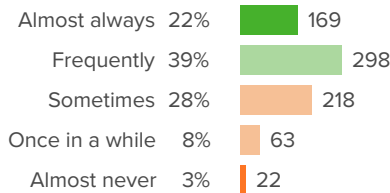
Favorable: **72%**

### Q.4: During the past week, how often did you feel safe?



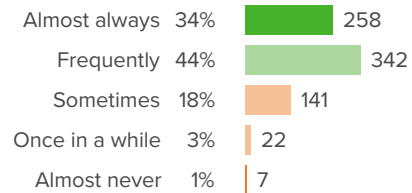
Favorable: **89%**

### Q.5: During the past week, how often did you feel helpful?



Favorable: **61%**

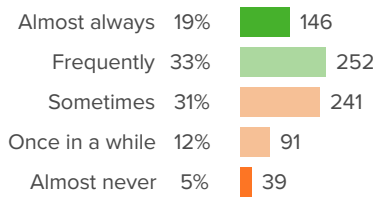
### Q.6: During the past week, how often did you feel kind?



Favorable: **78%**

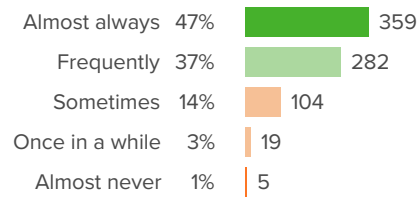


**Q.7: During the past week, how often did you feel optimistic?**



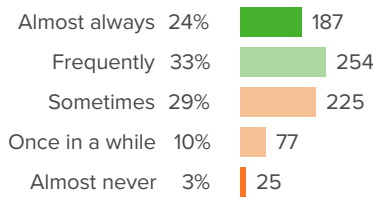
Favorable: **52%**

**Q.8: During the past week, how often did you feel grateful?**



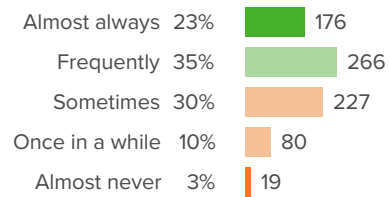
Favorable: **83%**

**Q.9: During the past week, how often did you feel curious?**



Favorable: **57%**

**Q.10: During the past week, how often did you feel hopeful?**



Favorable: **58%**





# Self-Management

Your average

**81%**

773 responses

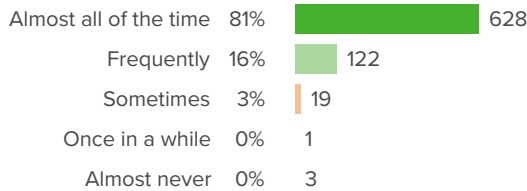
Change

**▲ 9**

since last survey

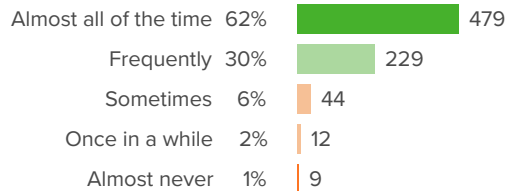
## How did people respond?

**Q.1: During the past 30 days...How often were you polite to adults?**



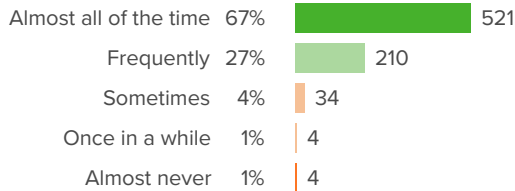
Favorable: **97%**

**Q.2: During the past 30 days...How often did you join class prepared?**



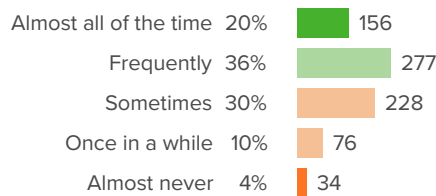
Favorable: **92%**

**Q.3: During the past 30 days...How often did you follow directions during class?**



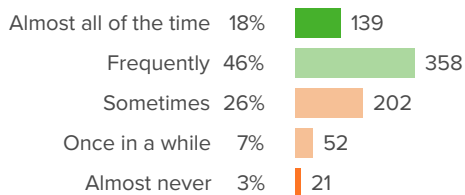
Favorable: **95%**

**Q.4: During the past 30 days...How often did you get your work done right away, instead of waiting until the last minute?**



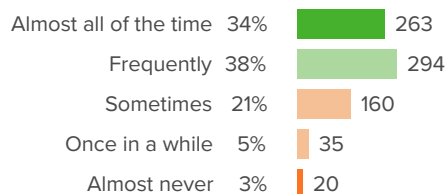
Favorable: **56%**

**Q.5: During the past 30 days...How often did you pay attention and resist distractions?**



Favorable: **64%**

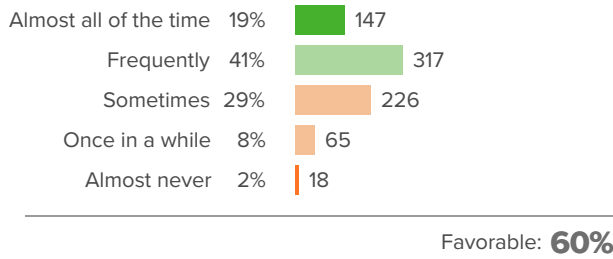
**Q.6: During the past 30 days...When you were working independently, how often did you stay focused?**



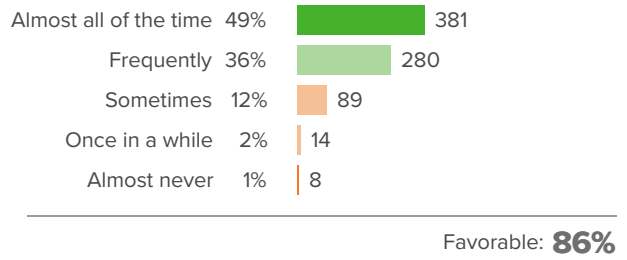
Favorable: **72%**



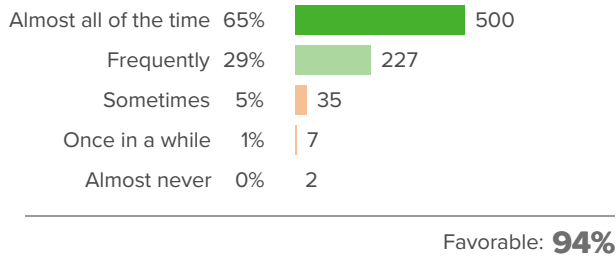
**Q.7: During the past 30 days...How often did you remain calm, even when someone was bothering you or saying bad things?**



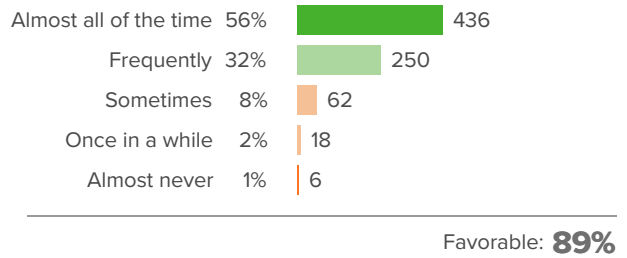
**Q.8: During the past 30 days...How often did you allow others to speak without interruption?**



**Q.9: During the past 30 days...How often were you polite to other students?**



**Q.10: During the past 30 days...How often did you keep your temper in check?**





# Social Awareness

Your average

**74%**

773 responses

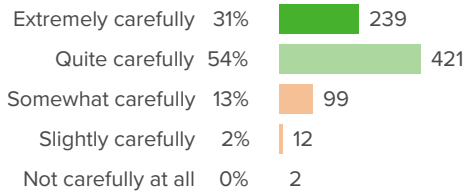
Change

**▲ 10**

since last survey

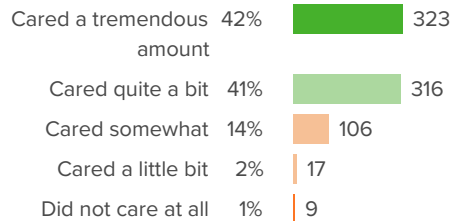
## How did people respond?

**Q.1: During the past 30 days...How carefully did you listen to other people's points of view?**



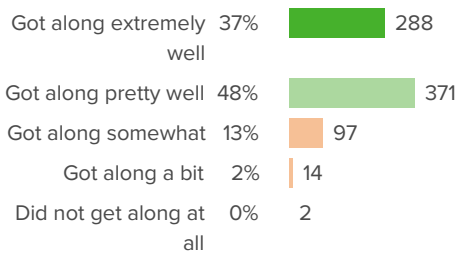
Favorable: **85%**

**Q.2: During the past 30 days...How much did you care about other people's feelings?**



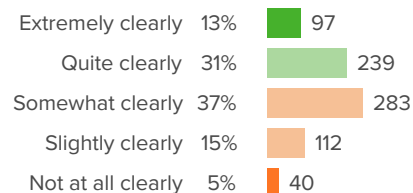
Favorable: **83%**

**Q.3: During the past 30 days...How well did you get along with students who are different from you?**



Favorable: **85%**

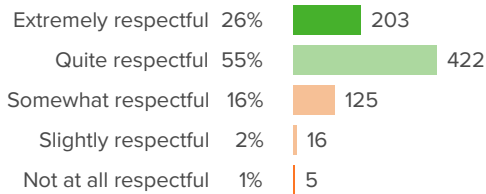
**Q.4: During the past 30 days...How clearly were you able to describe your feelings?**



Favorable: **44%**

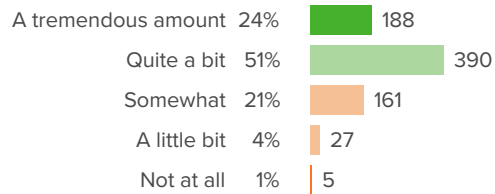


**Q.5: During the past 30 days...When others disagreed with you, how respectful were you of their views?**



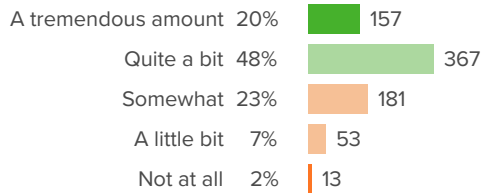
Favorable: **81%**

**Q.6: During the past 30 days...To what extent were you able to stand up for yourself without putting others down?**



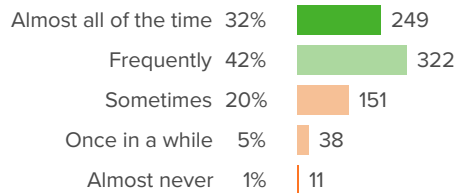
Favorable: **75%**

**Q.7: During the past 30 days...To what extent were you able to disagree with others without starting an argument?**



Favorable: **68%**

**Q.8: During the past 30 days...How often did you compliment others' accomplishments?**



Favorable: **74%**



# Teacher-Student Relationships

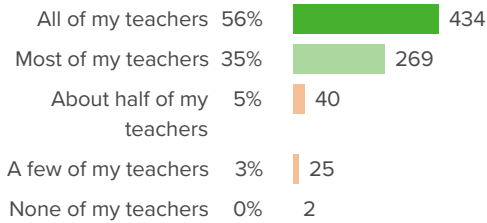
Your average

# 64%

773 responses

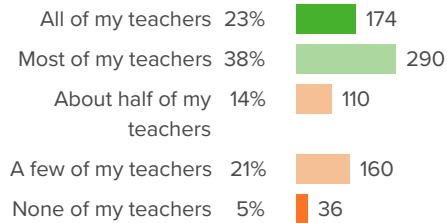
## How did people respond?

### Q.1: How many of your teachers are respectful towards you?



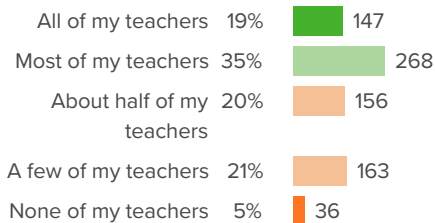
Favorable: **91%**

### Q.2: If you joined class upset, how many of your teachers would be concerned?



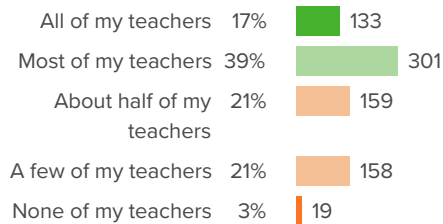
Favorable: **60%**

### Q.3: If you came back to visit class three years from now, how many of your teachers would be excited to see you?



Favorable: **54%**

### Q.4: When your teachers ask how you are doing, how many of them are really interested in your answer?



Favorable: **56%**



**Q.5: How many of your teachers would you be excited to have again in the future?**

