

4-YEAR HIGH SCHOOL PLAN



Name: Sample Student
Class of: 2026

WHO DO I WANT TO BE? CAREER EXPLORATION

Career Influencers- Who influences your ideas about work? Fill out the graphic organizer below to reflect on the people that have influenced your career interests.

Career Influencers List		
Influencer	What, Who, When, & Why	How have they influenced with you?
1) Annika	Cousin, hard-worker, is passionate and creative, not afraid to challenge herself.	Pursuing and improving my art, getting a job
2) Kirsten Houghton	Boss, super knowledgeable about her craft, knows how to engage others	Improving at work and learning more about small parts of my job
3) Nims Purja	I don't know him personally but he is a ridiculously hard worker and breaks preconceived boundaries	Overcoming life challenges + bias/prejudice
4) Nelofer Pazira	Author, activist, strong woman and refugee	Understanding struggles in other parts of the world and having empathy

Personality Assessment- Log into your [Naviance](#) account and complete the Personality Assessment under the Self-Discovery tab. Record your results and your reflection in the boxes below.

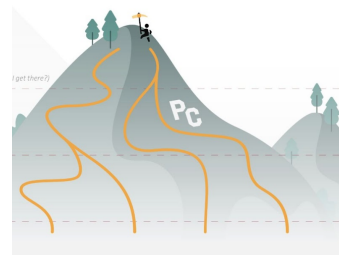
Personality Type Results
1) Introverted
2) More sensing than intuition but a good balance
3) Judging (need structure and plans)
4) I prefer to think and observe before jumping in.

Reflection on your Results
By nature, you tend to be totally focused on the present. Sometimes you don't fully understand a situation because you are too focused on the details. You may not see possibilities that don't already exist or are unproven. Careful, thorough and meticulous, you may feel overwhelmed when learning new skills. Neat and organized, you usually dress aptly for all occasions. You're probably careful with your money and possessions. You like to have things settled and are annoyed when plans change without notice. You don't like to take risks and are happiest with a predictable routine. While you want to please the people close to you, you are rarely willing to compromise on really important issues. You are quiet, serious, hardworking and conscientious. Practical and realistic, you pay careful attention to detail. You are good at accurately remembering facts and details, especially those relating to people and your interactions with them. To do your best work, you need clearly defined directions and expectations. You have good common sense and tend to

Career Interests- Use the [CTE Pathways](#) document and Naviance personality assessment to identify potential interests in future courses. Record your interests in the box below.

Potential CTE Pathways/Career Interests
1) Human Services 2) Culinary 3) Digital Design / Communication Career Exploration Plan: I'm planning to explore these pathway courses in 9th and 10th grade. My goal is to take the PCCAPS and Internship class to have a work experience in high school.

REACHING YOUR SUMMIT



WHAT DO I CARE ABOUT? HOW DO I WANT TO MAKE AN IMPACT?

VALUES EXPLORATION & HIGH SCHOOL PLANNING

Values Sort- sort the values cards to identify your top & bottom values. Record your results in the boxes below.

Top 5 Values & Why
1) Equality
2) Empathy
3) Diversity
4) Hope
5) Intelligence

Bottom 5 Values & Why
1) Power
2) Simplicity
3) Spirituality
4) Humor
5) Honesty

Interests/Resume Building- Search ways to get involved at the links below and list your opportunities that interest you in the categories below.

- [MASA](#) clubs after school
- [PCHS Clubs, Athletics, & Activities](#) options

Sports/Activities	Clubs	Volunteering / Internship	Work / Helping Family
1) Cross Country 2) Track 3) Recreational skiing Band?	1) Earth Club 2) Community Cares 3) Model UN	1) Summit Land Conservancy 2) EATS 3) Recycle Utah, PCSD, Park City Library	1) Paint Fusion 2) Cooking...? (neighbors + fam) 3) FuFILLED, Fairweather, Hive Market

4-YEAR COURSE PLANNING

4-Year High School Planning- Outline your high school coursework to customize your high school experience to fit your interests. Use your resources from the [PCHS](#) and [TMJH](#) course classes.

Digital Literacy (0.5)	x	x																		
Health (0.5)																				
Financial Literacy (0.5)																				
CTE (1.0)	x	x																		
Fine Arts (1.5)	x	x	x	x																
P.E. (1.5)	x	x																		
Math (3.0)	x	x	x	x																
Science (3.0)	x	x	x	x																
English (4.0)	x	x	x	x																
Social Studies (4.0)	x	x	x	x																
	SJ		DLI																	
Electives (8.5)	x	x	x	x	x	x														
TOTAL (28.0)	x	x	x	x	x	x														

1 box = .25 credit
X = completed credit
E = in progress course

9th Grade	10th Grade	11th Grade	12th Grade
English 9 (1.0)	English 10 (1.0)	English 1010 CE (1.0)	English 2010 CE (1.0)
AP Geography (1.0)	World History (1.0)	US History 2 (1.0)	Government (.5) / Social Studies Elective (.5)
Biology (1.0)	Chemistry (1.0)	AP Chemistry (1.0)	Science 2 (1.0)

Secondary Math 1 Honors (1.0)	Secondary Math 2 Honors (1.0)	Secondary Math 3 Honors (1.0)	AP Calc AB (1.0)
Concert Band (1.0)	Health (.5) / PE Fitness for Life (.5)	Financial Lit. (.5) / Elective (.5)	Elective (1.0)
Art Foundations (.5) / Drawing (.5)	Adv. Drawing & Painting (1.0)	AP Studio Art: 2D (1.0)	Elective (1.0)
Foods (.5) / Social Justice (.5)	Digital Media (.5) / Behavioral Health (.5)	Elective (1.0) ? - Internship	PCCAPS Dig. Design (.5) / Elective (.5)
AP Spanish DLI (1.0)	DLI Spanish Bridge (1.0)	DLI Spanish Bridge (1.0)	DLI Spanish Bridge (1.0)
Online: PE Part. Skills (.5), Explor. CS (.5) Track (.25), Cross Country (.25)	Online: Health (.5) / PE Fitness for Life (.5) Track (.25), Cross Country (.25)	Track (.25), Cross Country (.25)	Track (.25), Cross Country (.25)

GOAL SETTING

HIGH SCHOOL GOAL

PERSONAL GOAL

Wish A meaningful, challenging, feasible wish or goal.	W: Take and pass a concurrent enrollment class.	W: Intern/volunteer with local environmental organizations
Outcome The best result or feeling from accomplishing your goal.	O: Feeling accomplished and understanding new concepts. Also reducing college costs.	O: Feeling like I am making an impact and improving the community.
Obstacle Something inside of you that prevents you from accomplishing your wish.	O: Getting overwhelmed with the workload.	O: Being a young learner among seasoned professionals.
Plan If [obstacle], then I will [effective action steps].	P: If the workload is overwhelming, I will reassess priorities and figure out how to balance my responsibilities (if I need to take a break from another commitment, etc)	P: If I feel out of place, I will remind myself my unique experience and manifest confidence.

POST-SECONDARY PLANNING

Post-Secondary Goal: 4-Year College
Notes: West coast colleges and universities a priority, strong Art program

RESOURCES

Log into your [Naviance](#) account and research post-secondary options in the Colleges tab.

[Keys to Success Utah](#) is a website with college and career planning tools, scholarship opportunities, and prizes.

[Big Future](#) has planning tools and information on all the aspects of college planning.

Learn more about planning for life after high school [here](#).

The [ACT](#) and [SAT](#) websites are a good resource for understanding these college admissions tests.

The state of Utah has paid for each student to have access to free ACT test prep via the [SHMOOP](#). *You'll need the magic word for access, ask your counselor.

Wondering where to get started building your college list? This [article](#) has tips on where to start.

For information on the cost of college and scholarship opportunities, click [here](#).