



Los Alamitos High School

2023-2024 Bell Schedules

Regular Schedule		
PERIOD	START	STOP
0	7:29	8:23
1	8:30	9:25
2	9:32	10:27
NUTRITION	10:27	10:33
3	10:40	11:35
4+ Announcements	11:42	12:43
LUNCH	12:43	1:13
5	1:20	2:15
6	2:22	3:17
7	3:24	4:19

Monday (Late Start) Schedule		
PERIOD	START	STOP
0	7:33	8:23
Late-Start Collaboration	8:30	9:00
1	9:07	9:56
2	10:03	10:52
NUTRITION	10:52	10:58
3	11:05	11:54
4+ Announcements	12:01	12:55
LUNCH	12:55	1:25
5	1:32	2:21
6	2:28	3:17
7	3:24	4:13

Assembly Schedule		
PERIOD	START	STOP
0	7:29	8:23
1	8:30	9:14
2	9:21	10:05
NUTRITION	10:05	10:11
3	10:18	12:08
Assembly 1	10:18	11:13
Assembly 2	11:18	12:08
4+ Announcements	12:15	1:05
LUNCH	1:05	1:35
5	1:42	2:26
6	2:33	3:17
7	3:24	4:08

Finals Schedule		
PERIOD	START	STOP
1 or 2	8:30	10:00
Break	10:00	10:06
3 or 4	10:13	11:43
NUTRITION	11:43	11:55
5 or 6	12:02	1:32

Minimum Day Schedule		
PERIOD	START	STOP
0	7:46	8:23
1	8:30	9:07
2	9:14	9:51
3	9:58	10:35
NUTRITION	10:35	10:41
4+ Announcements	10:48	11:31
5	11:38	12:15
6	12:22	1:00
7	1:07	1:44