



# Capital Area Mental Health Program (CAMhP) 2023-2024 Program Profile

## Description

The Capital Area Mental-health Program (CAMhP) provides intensive individual and group counseling opportunities within the context of an emotional support educational placement for students K-12. The primary goal of the CAMhP is to provide significant mental health treatment within an educational setting. The therapeutic services are provided by licensed social workers and psychologists trained in several modalities including but not limited to; trauma therapy, cognitive behavior therapy and mindfulness. The program can be utilized to help students exiting a Residential Treatment Facility for inpatient hospitalization or prior to the student attending one of these facilities. CAMhP will also work with school districts to facilitate referrals to any case management services that a student may be in need of, beyond what is provided in the program. The students served typically have cognitive, emotional, and/or behavioral needs that are chronic and complex in nature, typically involving multiple spheres that include developmental, biological, social and family components that interfere with their ability to function in a more typical regular or special education environment.

A recent ER or RR, including a psychiatric or psychological evaluation is requested for determining the appropriateness of CAMhP; a team review with CAIU and CAMhP administration is also conducted. If a student is being considered for enrollment, a meeting and IEP review will be conducted. Once a student is enrolled in the program, the goal is to meet his or her needs for therapeutic care in addition to providing coursework in the general curriculum and in accordance with the IEP to meet specific academic needs.

The core program team is comprised of a Teacher, Social Worker, Mental Health Worker and School Psychologist. Contracted psychiatrists also serve as part of the core team in a consultative nature to provide supports to the mental health and educational team members. The CAMhP team with parent/guardian and school will meet every thirty days to provide and discuss educational and therapeutic updates.

## Placement Criteria

- Chronic and/or severe mental health issues that impact educational progress or participation
- Student requires intensive mental health treatment concurrent with appropriate education programming
- Evaluation/recommendation required that provides detail about mental health history and intensive needs for mental health supports or services
- Clinical review indicates ability to benefit from program and there are no significant counter-indicated issues of concern
- Student needs educational setting post RTF or inpatient hospitalization
- Student/parent/guardian agreement to participate in the supportive mental health services
- Student eligibility for special education and/or current IEP
- May require extensive case management, including interagency coordination

## Exit Criteria

- IEP team recommendation based on progress toward IEP goals or services or the need for an alternate placement

## Location

Full time classrooms located in school district buildings or Hill Top Academy

## Staffing

- Classroom teacher
- Licensed Social Worker
- School Psychologist
- Psychiatric consultation (school team)
- Health services (as needed)
- Mental Health Worker

### Services included in tuition fee

- Individual and group counseling sessions
- Psychological observations
- Psychiatric consultation
- Monthly district meetings regarding student educational and mental health progress

### IEP Services not included in tuition fee\*

- Personal Care Assistant (PCA)
- Functional Analysis
- Speech & Language intervention
- Occupational Therapy
- Physical Therapy
- Unique, individualized assistive technology needs

- Skills training including social and communication skills, coping skills, anger management
- Weekly team meetings to review goals and specially designed instruction
- Ongoing communication with agencies, RTF and hospital locations as needed to meet students' mental health needs
- Consultation and coordination with community agencies to initiate or continue services/ongoing interagency coordination
- Progress monitoring to assess progress toward IEP goals
- Individualized educational programming
- Functional Behavior Assessment (FBA) and Positive Behavior Support Plans (PBSP) as deemed appropriate by the IEP team
- Administration of state assessments (PSSA, PASA, Keystone Exams)
- Transition planning for students ages 14 – 21
- Access to enrollment in online courses (CAOLA) for course credit or credit recovery as per IEP team decision
- Technology hardware and software with associated technical support.
- Specialized training for all staff
- Nursing support to develop health plans and coordinate with host district, including mandated health screenings
- Psychological services for evaluation/reevaluation
- Speech Therapy and Occupational Therapy for team meetings and training in special initiatives based on the needs of students.
- Health & Physical education
- Interagency coordination consultation
- Transition/Vocational assessment
- Transition/Vocational Support services based students age, level of need and identified post school outcomes
- Autism support
- Blind and Visually Impaired support
- Deaf & Hard of Hearing support
- Extended School Year (ESY) services when appropriate
- Transition/vocational assessment
- Transition/vocational support services based on student's age, level of need, and identified post-school outcomes
- Job coaching

*\*\* May be provided by host district  
\*Additional fee assessed*