



# IF YOU FEEL DIFFERENT YOU DRIVE DIFFERENT

District 125 promotes students' commitment to themselves, others and learning, a sentiment that is extended to the operation of motor vehicles, the safety of our students, and their communities.

To purchase a parking permit, we require parents and students to have a conversation about IMPAIRED DRIVING, which is driving in unsafe circumstances and/or under the influence of substances.

## Teen crashes can result from

- **Night driving:** Schedule extra night-time driving practice with your teen so that they are better prepared for night driving.
- **Not using seatbelts:** Illinois law requires all drivers and passengers, front and back seat, to wear a safety belt.
- **Distracted driving:** Focus on the road ahead and limit distractions including phone use, eating, driving while emotional/distressed, and devoting attention to passengers.
- **Drowsy and reckless driving:** Sleep is often the first thing to go with a teen's busy schedule. Healthy teens need an average 9 hours of sleep a night.
- **Driving under the influence of drugs or alcohol:** Impaired driving isn't just alcohol. Marijuana has been proven to impair vehicle control and focus, and is a powerful hallucinogen that makes drivers less aware of their surroundings. Certain medicines, over-the-counter or otherwise, may contribute to drowsiness or dizziness. All of these impairments increase the risk of getting into or causing a crash.

In order to protect our students and their communities, it is imperative that both students and parents understand the risks of impaired driving in any form and agree to be safe and responsible drivers.

**By signing below, I agree that I will not drive under the influence of substances or while impaired by any other distractions. I understand that non-compliance can result in legal penalties, exclusion from athletics/activities, and/or revocation of my parking pass. We verify that, together, we have discussed the dangers of impaired driving.**

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Student

\_\_\_\_\_  
Date